**POLSKI ZWIĄZEK KULTURYSTYKI, FITNESS I TRÓJBOJU SIŁOWEGO**

# Mistrzostwa Polski w Wyciskaniu Leżąc Klasycznym

## Jasieniec, 22-23 listopada 2025

### KLASYFIKACJA INDYWIDUALNA KOBIET

| Miejsce | Nazwisko i imię | | Rocznik | Klub | Waga ciała | Wsp. IPF GL | Nr start. | Wyciskanie leżąc 1 | 2 | 3 | WYNIK | Punkty IPF GL | Punkty | Uwagi |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **JUNIORKI DO LAT 16** | | | | | | | | | | | | | |
| | -- kat. 47 -- J16 [kg] | | | | | | | RP = 55,5 | | | | | | |
| 1 | **Chodera** | **Martyna** | *2011* | KS Tęcza-Społem Kielce | 44,79 | 1,12274 | 43 | 32,5 | 35,0 | -37,5 | 35,0 | 39,296 | 12 | |
| 2 | **Struck** | **Marietta** | *2011* | MOKSIR Jastarnia | 46,11 | 1,08352 | 23 | 25,0 | 27,5 | -30,0 | 27,5 | 29,797 | 9 | |
| | -- kat. 52 -- J16 [kg] | | | | | | | RP = 63 | | | | | | |
| 1 | **Zyskowska** | **Julia** | *2009* | VIP Team Grajewo | 51,37 | 0,96789 | 31 | 45,0 | 50,0 | 52,5 | 52,5 | 50,814 | 12 | |
| | -- kat. 57 -- J16 [kg] | | | | | | | RP = 70 | | | | | | |
| 1 | **Lisakowska** | **Honorata** | *2011* | MOKSIR Jastarnia | 56,05 | 0,90033 | 42 | 40,0 | 45,0 | 50,0 | 50,0 | 45,017 | 12 | |
| 2 | **Narkowicz** | **Ewa** | *2011* | MOKSIR Jastarnia | 55,87 | 0,90251 | 5 | -37,5 | 37,5 | 42,5 | 42,5 | 38,357 | 9 | |
| 3 | **Jackowska** | **Hanna** | *2010* | GKS Kraska Jasieniec | 55,19 | 0,91099 | 39 | -27,5 | 27,5 | 32,5 | 32,5 | 29,607 | 8 | |
| | -- kat. 63 -- J16 [kg] | | | | | | | RP = 95 | | | | | | |
| 1 | **Wilk** | **Alicja** | *2010* | KS Tęcza-Społem Kielce | 61,48 | 0,84631 | 20 | -50,0 | 50,0 | 52,5 | 52,5 | 44,431 | 12 | |
| 2 | **Rakoczy** | **Maria** | *2009* | Stow. Centrum Formy Dąbrowa Górnicza | 60,05 | 0,85863 | 19 | 47,5 | 50,0 | -52,5 | 50,0 | 42,931 | 9 | |
| 3 | **Nowak** | **Zuzanna** | *2010* | MOKSIR Jastarnia | 61,44 | 0,84664 | 9 | 40,0 | 45,0 | -50,0 | 45,0 | 38,099 | 8 | |
| | -- kat. 69 -- J16 [kg] | | | | | | | RP = 80 | | | | | | |
| 1 | **Monica** | **Marta** | *2009* | KS Team Wrocław | 67,10 | 0,80767 | 35 | 65,0 | 70,0 | -75,0 | 70,0 | 56,537 | 12 | |
| | -- kat. 76 -- J16 [kg] | | | | | | | RP = 73 | | | | | | |
| 1 | **Krzyżanowska** | **Iga** | *2011* | GKS Kraska Jasieniec | 69,70 | 0,79389 | 30 | 73,5 | 80,0 | -85,0 | 80,0 | 63,512 | 12 | |
| 2 | **Chruścicka** | **Agnieszka** | *2011* | KS Kobra Kościan | 70,30 | 0,79101 | 31 | 30,0 | 32,5 | -37,5 | 32,5 | 25,708 | 9 | |
| | -- kat. 84+ -- J16 [kg] | | | | | | | RP = 85 | | | | | | |
| 1 | **Lisakowska** | **Bernadeta** | *2010* | MOKSIR Jastarnia | 89,80 | 0,73507 | 34 | 40,0 | 50,0 | -57,5 | 50,0 | 36,753 | 12 | |
| | **JUNIORKI DO LAT 18** | | | | | | | | | | | | | |
| | -- kat. 52 -- J18 [kg] | | | | | | | RP = 73 | | | | | | |
| 1 | **Znojek** | **Zuzanna** | *2008* | KS Tęcza-Społem Kielce | 51,61 | 0,96378 | 24 | 55,0 | -57,5 | -57,5 | 55,0 | 53,008 | 12 | |
| | -- kat. 57 -- J18 [kg] | | | | | | | RP = 82,5 | | | | | | |
| 1 | **Kosecka** | **Karolina** | *2008* | KS Tęcza-Społem Kielce | 55,77 | 0,90373 | 1 | 40,0 | 45,0 | -50,0 | 45,0 | 40,668 | 12 | |
| | -- kat. 63 -- J18 [kg] | | | | | | | RP = 110,5 | | | | | | |
| 1 | **Tomczyńska** | **Liliana** | *2007* | KS Team Wrocław | 59,60 | 0,86275 | 44 | 67,5 | 72,5 | 77,5 | 77,5 | 66,863 | 12 | |
| 2 | **Dzieżok** | **Sandra** | *2007* | UKS Eugen Knurów | 60,41 | 0,85541 | 12 | 55,0 | 60,0 | X | 60,0 | 51,325 | 9 | |
| 3 | **Górny** | **Oliwia** | *2008* | UKS Pover-Kuźnik Chorzów | 61,84 | 0,84340 | 38 | -47,5 | 50,0 | 52,5 | 52,5 | 44,278 | 8 | |
| | -- kat. 69 -- J18 [kg] | | | | | | | RP = 117,5 | | | | | | |
| 1 | **Kobrzyńska** | **Liwia** | *2008* | KS Spartakus Nasielsk | 67,90 | 0,80320 | 26 | 65,0 | -70,0 | -70,0 | 65,0 | 52,208 | 12 | |
| | -- kat. 76 -- J18 [kg] | | | | | | | RP = 107,5 | | | | | | |
| 1 | **Ardeli** | **Natalia** | *2007* | MGKS Hutnik Pieńsk | 74,30 | 0,77416 | 39 | 60,0 | 65,0 | -67,5 | 65,0 | 50,320 | 12 | |
| | -- kat. 84 -- J18 [kg] | | | | | | | RP = 100 | | | | | | |
| 1 | **Kamińska** | **Weronika** | *2007* | Stow. Centrum Formy Dąbrowa Górnicza | 76,80 | 0,76542 | 10 | 92,5 | -97,5 | -97,5 | 92,5 | 70,802 | 12 | |
| 2 | **Konieczna** | **Antonina** | *2008* | Stow. Centrum Formy Dąbrowa Górnicza | 83,30 | 0,74763 | 38 | 62,5 | 67,5 | -70,0 | 67,5 | 50,465 | 9 | |
| | -- kat. 84+ -- J18 [kg] | | | | | | | RP = 87,5 | | | | | | |
| 1 | **Pijanowska** | **Wiktoria** | *2008* | MGKS Hutnik Pieńsk | 97,10 | 0,72518 | 28 | 55,0 | 60,0 | -65,0 | 60,0 | 43,511 | 12 | |
| | **JUNIORKI DO LAT 20** | | | | | | | | | | | | | |
| | -- kat. 52 -- J20 [kg] | | | | | | | RP = 87,5 | | | | | | |
| 1 | **Kontek** | **Wiktoria** | *2006* | KS Team Wrocław | 49,70 | 0,99891 | 37 | 70,0 | -75,0 | -75,0 | 70,0 | 69,924 | 12 | |
| 2 | **Pietrucha** | **Katarzyna** | *2006* | Stow. Centrum Formy Dąbrowa Górnicza | 51,22 | 0,97050 | 32 | 40,0 | -45,0 | 45,0 | 45,0 | 43,673 | 9 | |
| | -- kat. 57 -- J20 [kg] | | | | | | | RP = 82,5 | | | | | | |
| 1 | **Demiańczuk** | **Nadia** | *2005* | KS Tęcza-Społem Kielce | 56,83 | 0,89124 | 16 | -85,0 | 85,0 | -87,5 | 85,0 | 75,755 | 12 | |
| 2 | **Bandurska** | **Julia** | *2005* | KSSSiKW Wiking Starachowice | 55,80 | 0,90336 | 7 | 75,0 | 80,0 | -82,5 | 80,0 | 72,269 | 9 | |
| 3 | **Janaszek** | **Martyna** | *2005* | Stow. Centrum Formy Dąbrowa Górnicza | 55,63 | 0,90545 | 11 | 67,5 | 75,0 | -77,5 | 75,0 | 67,909 | 8 | |
| PK | **Tatar** | **Maja** | *2006* | KSSSiKW Wiking Starachowice | 58,20 | 0,87645 | 6 | -75,0 | 75,0 | -80,0 | 75,0 | 65,734 | 0 | |
| | -- kat. 69 -- J20 [kg] | | | | | | | RP = 117,5 | | | | | | |
| 1 | **Nowak** | **Natalia** | *2006* | KS Team Wrocław | 68,70 | 0,79894 | 25 | 90,0 | -92,5 | -92,5 | 90,0 | 71,904 | 12 | |
| 2 | **Bubrowska** | **Julia** | *2006* | TKKF Herkules Warszawa | 68,40 | 0,80051 | 23 | 75,0 | -80,0 | X | 75,0 | 60,038 | 9 | |
| 3 | **Nowik** | **Julia** | *2006* | KS Team Wrocław | 65,50 | 0,81731 | 13 | 60,0 | 70,0 | -75,0 | 70,0 | 57,212 | 8 | |
| | -- kat. 76 -- J20 [kg] | | | | | | | RP = 145 | | | | | | |
| 1 | **Szachmytowska** | **Lena** | *2006* | LKS Nadwiślanin Kwidzyn | 69,60 | 0,79438 | 11 | 55,0 | 60,0 | 65,0 | 65,0 | 51,635 | 12 | |
| 2 | **Krawczyk** | **Lilianna** | *2006* | Stow. Sportowe Wariacje Skierniewice | 75,20 | 0,77087 | 17 | 55,0 | 60,0 | -65,0 | 60,0 | 46,252 | 9 | |
| | -- kat. 84 -- J20 [kg] | | | | | | | RP = 147,5 | | | | | | |
| 1 | **Ulewińska** | **Beata** | *2005* | KSSSiKW Wiking Starachowice | 79,40 | 0,75754 | 5 | 57,5 | 60,0 | 62,5 | 62,5 | 47,346 | 12 | |
| 2 | **Celińska** | **Małgorzata** | *2006* | KS Impuls Ostrowiec Świętokrzyski | 81,10 | 0,75297 | 29 | -55,0 | 55,0 | -62,5 | 55,0 | 41,413 | 9 | |
| | -- kat. 84+ -- J20 [kg] | | | | | | | RP = 92,5 | | | | | | |
| 1 | **Pietrykowska** | **Justyna** | *2005* | UKS Eugen Knurów | 93,00 | 0,73028 | 4 | 75,0 | 82,5 | -87,5 | 82,5 | 60,248 | 12 | |
| 2 | **Mejka** | **Julia** | *2006* | LUKS Zamek-Expom Kurzętnik | 106,90 | 0,71650 | 3 | 72,5 | 77,5 | 80,0 | 80,0 | 57,320 | 9 | |
| 3 | **Załuska-Noui** | **Zofia** | *2006* | UKS Eugen Knurów | 101,80 | 0,72049 | 22 | 62,5 | -67,5 | 67,5 | 67,5 | 48,633 | 8 | |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | **JUNIORKI DO LAT 23** | | | | | | | | | | |
| | -- kat. 47 -- J23 [kg] | | | | | | | RP = 77,5 | | | | | | |
| 1 | **Dajka** | **Aleksandra** | *2004* | UKS Pover-Kuźnik Chorzów | 45,76 | 1,09342 | 17 | 37,5 | 42,5 | -45,0 | 42,5 | 46,470 | 12 | |
| | -- kat. 52 -- J23 [kg] | | | | | | | RP = 87,5 | | | | | | |
| 1 | **Wasilewska** | **Natalia** | *2003* | Stow. Centrum Formy Dąbrowa Górnicza | 51,36 | 0,96807 | 26 | 57,5 | -60,0 | 60,0 | 60,0 | 58,084 | 12 | |
| | -- kat. 57 -- J23 [kg] | | | | | | | RP = 102,5 | | | | | | |
| 1 | **Skowrońska** | **Monika** | *2002* | Stow. Centrum Formy Dąbrowa Górnicza | 56,83 | 0,89124 | 34 | 45,0 | 55,0 | 65,0 | 65,0 | 57,930 | 12 | |
| PK | **Białecka** | **Paulina** | *2002* | VIP Team Grajewo | 61,00 | 0,85031 | 33 | 45,0 | 52,5 | 55,0 | 55,0 | 46,767 | 0 | |
| | -- kat. 63 -- J23 [kg] | | | | | | | RP = 110,5 | | | | | | |
| 1 | **Zapotoczna** | **Wiktoria** | *2004* | TKKF Azory Kraków | 60,10 | 0,85817 | 30 | 90,0 | -95,0 | -95,0 | 90,0 | 77,236 | 12 | |
| 2 | **Dankowska** | **Wiktoria** | *2004* | KSSSiKW Wiking Starachowice | 60,60 | 0,85375 | 22 | 67,5 | 72,5 | 75,0 | 75,0 | 64,031 | 9 | |
| | -- kat. 69 -- J23 [kg] | | | | | | | RP = 158 | | | | | | |
| 1 | **Pashko** | **Anastasiia** | *2003* | UKS Eugen Knurów | 68,00 | 0,80266 | 7 | 90,0 | 95,0 | -100,0 | 95,0 | 76,252 | 12 | BA |
| 2 | **Duklas** | **Milena** | *2004* | MKS Wicher Kobyłka | 64,70 | 0,82250 | 33 | 57,5 | 62,5 | 65,0 | 65,0 | 53,462 | 9 | |
| | -- kat. 76 -- J23 [kg] | | | | | | | RP = 155,5 | | | | | | |
| 1 | **Bartl** | **Nina** | *2004* | KS Team Wrocław | 75,90 | 0,76843 | 18 | 105,0 | -112,5 | 112,5 | 112,5 | 86,448 | 12 | |
| 2 | **Kuberska** | **Julia** | *2002* | Stow. Centrum Formy Dąbrowa Górnicza | 74,40 | 0,77378 | 19 | 102,5 | -105,0 | -105,0 | 102,5 | 79,313 | 9 | |
| | -- kat. 84+ -- J23 [kg] | | | | | | | RP = 113 | | | | | | |
| 1 | **Opioła** | **Aleksandra** | *2003* | KS Team Wrocław | 90,60 | 0,73379 | 27 | 107,5 | -112,5 | -112,5 | 107,5 | 78,883 | 12 | BA |
| | | | | **SENIORKI** | | | | | | | | | | |
| | -- kat. 47 -- S [kg] | | | | | | | RP = 100,5 | | | | | | |
| 1 | **Kozdryk** | **Justyna** | *1980* | GKS Kraska Jasieniec | 45,63 | 1,09718 | 29 | 85,0 | 90,0 | 95,0 | 95,0 | 104,232 | 12 | |
| 2 | **Zimmermann** | **Agnieszka** | *1994* | Stow. Atletyki Ciężkiej Ursus Krotoszyn | 46,54 | 1,07182 | 8 | -65,0 | 65,0 | 70,0 | 70,0 | 75,027 | 9 | |
| 3 | **Dajka** | **Aleksandra** | *2004* | UKS Pover-Kuźnik Chorzów | 45,76 | 1,09342 | 17 | 37,5 | 42,5 | -45,0 | 42,5 | 46,470 | 8 | |
| | -- kat. 52 -- S [kg] | | | | | | | RP = 95 | | | | | | |
| 1 | **Wasilewska** | **Natalia** | *2003* | Stow. Centrum Formy Dąbrowa Górnicza | 51,36 | 0,96807 | 26 | 57,5 | -60,0 | 60,0 | 60,0 | 58,084 | 12 | |
| 2 | **Nadolna** | **Wiktoria** | *1999* | KS Team Wrocław | 49,32 | 1,00662 | 25 | 40,0 | 42,5 | 45,0 | 45,0 | 45,298 | 9 | |
| | -- kat. 57 -- S [kg] | | | | | | | RP = 102,5 | | | | | | |
| 1 | **Cichecka** | **Dominika** | *1997* | KS Team Wrocław | 55,60 | 0,90582 | 18 | 80,0 | -85,0 | -85,0 | 80,0 | 72,466 | 12 | |
| 2 | **Radwańska** | **Jadwiga** | *1975* | TKKF Azory Kraków | 55,94 | 0,90166 | 4 | 75,0 | 77,5 | -80,0 | 77,5 | 69,878 | 9 | |
| 3 | **Szostak** | **Aleksandra** | *1981* | UKS Pover-Kuźnik Chorzów | 56,12 | 0,89949 | 45 | 72,5 | 77,5 | -80,0 | 77,5 | 69,711 | 8 | |
| 4 | **Janaszek** | **Martyna** | *2005* | Stow. Centrum Formy Dąbrowa Górnicza | 55,63 | 0,90545 | 11 | 67,5 | 75,0 | -77,5 | 75,0 | 67,909 | 7 | |
| | -- kat. 63 -- S [kg] | | | | | | | RP = 110,5 | | | | | | |
| 1 | **Tomczak** | **Nina** | *2001* | KS Team Wrocław | 61,23 | 0,84838 | 13 | 87,5 | 92,5 | 95,0 | 95,0 | 80,596 | 12 | |
| 2 | **Zapotoczna** | **Wiktoria** | *2004* | TKKF Azory Kraków | 60,10 | 0,85817 | 30 | 90,0 | -95,0 | -95,0 | 90,0 | 77,236 | 9 | |
| 3 | **Majerska** | **Karolina** | *1995* | Stow. Centrum Formy Dąbrowa Górnicza | 61,70 | 0,84452 | 2 | 75,0 | 77,5 | 80,0 | 80,0 | 67,562 | 8 | |
| 4 | **Rzemieniak** | **Katarzyna** | *1999* | GKS Kraska Jasieniec | 58,09 | 0,87759 | 28 | 60,0 | 65,0 | -70,0 | 65,0 | 57,043 | 7 | |
| 5 | **Górny** | **Oliwia** | *2008* | UKS Pover-Kuźnik Chorzów | 61,84 | 0,84340 | 38 | -47,5 | 50,0 | 52,5 | 52,5 | 44,278 | 6 | |
| NB | **Broź** | **Julia** | *1998* | Strong Barbell Kraków | 0,00 | 0,00000 | 21 | 0,0 | 0,0 | 0,0 | 0,0 | 0,000 | 0 | |
| | -- kat. 69 -- S [kg] | | | | | | | RP = 158 | | | | | | |
| 1 | **Pashko** | **Anastasiia** | *2003* | UKS Eugen Knurów | 68,00 | 0,80266 | 7 | 90,0 | 95,0 | -100,0 | 95,0 | 76,252 | 12 | BA |
| 2 | **Świstara** | **Natalia** | *1999* | KS Kobra Kościan | 69,00 | 0,79739 | 20 | 90,0 | -95,0 | -97,5 | 90,0 | 71,765 | 9 | |
| 3 | **Walczykiewicz** | **Daria** | *1982* | Klub Bokserski „Zagłębie Konin" | 68,60 | 0,79946 | 16 | 82,5 | 85,0 | 87,5 | 87,5 | 69,953 | 8 | |
| 4 | **Kacprzyk** | **Julia** | *2001* | GKS Kraska Jasieniec | 63,60 | 0,83008 | 24 | 67,5 | 72,5 | -75,0 | 72,5 | 60,181 | 7 | |
| | -- kat. 76 -- S [kg] | | | | | | | RP = 155,5 | | | | | | |
| 1 | **Szarek** | **Justyna** | *2001* | Stow. Centrum Formy Dąbrowa Górnicza | 75,40 | 0,77016 | 8 | 105,0 | -107,5 | -107,5 | 105,0 | 80,867 | 12 | |
| 2 | **Kuberska** | **Julia** | *2002* | Stow. Centrum Formy Dąbrowa Górnicza | 74,40 | 0,77378 | 19 | 102,5 | -105,0 | -105,0 | 102,5 | 79,313 | 9 | |
| 3 | **Krzyżanowska** | **Iga** | *2011* | GKS Kraska Jasieniec | 69,70 | 0,79389 | 30 | 73,5 | 80,0 | -85,0 | 80,0 | 63,512 | 8 | |
| | -- kat. 84 -- S [kg] | | | | | | | RP = 156 | | | | | | |
| 1 | **Kamińska** | **Weronika** | *2007* | Stow. Centrum Formy Dąbrowa Górnicza | 76,80 | 0,76542 | 10 | 92,5 | -97,5 | -97,5 | 92,5 | 70,802 | 12 | |
| 2 | **Buczek** | **Aleksandra** | *1978* | UKS Pover-Kuźnik Chorzów | 81,20 | 0,75271 | 36 | 75,0 | -77,5 | 77,5 | 77,5 | 58,335 | 9 | |
| 3 | **Karus-Wysocka** | **Katarzyna** | *1985* | TKKF Azory Kraków | 78,70 | 0,75955 | 32 | 65,0 | 67,5 | -70,0 | 67,5 | 51,270 | 8 | |
| | -- kat. 84+ -- S [kg] | | | | | | | RP = 113 | | | | | | |
| 1 | **Opioła** | **Aleksandra** | *2003* | KS Team Wrocław | 90,60 | 0,73379 | 27 | 107,5 | -112,5 | -112,5 | 107,5 | 78,883 | 12 | BA |
| 2 | **Kowalska** | **Agata** | *1993* | UKS Pover-Kuźnik Chorzów | 101,00 | 0,72121 | 6 | 82,5 | 87,5 | -90,0 | 87,5 | 63,106 | 9 | |
| 3 | **Pietrykowska** | **Justyna** | *2005* | UKS Eugen Knurów | 93,00 | 0,73028 | 4 | 80,0 | 82,5 | -87,5 | 82,5 | 60,248 | 8 | |
| 4 | **Mejka** | **Julia** | *2006* | LUKS Zamek-Expom Kurzętnik | 106,90 | 0,71650 | 3 | 72,5 | 77,5 | 80,0 | 80,0 | 57,320 | 7 | |

| Miejsce | Nazwisko i imię | | Rocznik | *Klub* | Waga ciała | Wsp. IPF GL | Nr start. | Wyciskanie leżąc 1 | 2 | 3 | WYNIK | Punkty IPF GL | Punkty | Uwagi |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | | | | | |
| **MASTERS 1** | | | | | | | | | | | | | | |
| -- kat. 47 -- M1 [kg] | | | | | | | | RP = 97,5 | | | | | | |
| 1 | **Kozdryk** | **Justyna** | *1980* | GKS Kraska Jasieniec | 45,63 | 1,09718 | 29 | **85,0** | **90,0** | **95,0** | **95,0** | 104,232 | 12 | |
| 2 | **Kokot-Drzyzga** | **Gabriela** | *1981* | Stow. Centrum Formy Dąbrowa Górnicza | 46,08 | 1,08436 | 41 | **37,5** | **-40,0** | **-40,0** | **37,5** | 40,663 | 9 | |
| -- kat. 52 -- M1 [kg] | | | | | | | | RP = 95 | | | | | | |
| 1 | **Dabrowska-Posała** | **Agnieszka** | *1979* | KS Kobra Kościan | 51,53 | 0,96514 | 35 | **42,5** | **45,0** | **-47,5** | **45,0** | 43,431 | 12 | |
| 2 | **Świerc** | **Aleksandra** | *1985* | Stow. Centrum Formy Dąbrowa Górnicza | 51,39 | 0,96755 | 27 | **40,0** | **42,5** | **-45,0** | **42,5** | 41,121 | 9 | |
| 3 | **Ucińska** | **Anna** | *1980* | SSS Masters Power Warka | 51,65 | 0,96310 | 14 | **37,5** | **40,0** | **-42,5** | **40,0** | 38,524 | 8 | |
| -- kat. 57 -- M1 [kg] | | | | | | | | RP = 92,5 | | | | | | |
| 1 | **Szostak** | **Aleksandra** | *1981* | UKS Pover-Kuźnik Chorzów | 56,12 | 0,89949 | 45 | **72,5** | **77,5** | **-80,0** | **77,5** | 69,711 | 12 | |
| 2 | **Frankiewicz** | **Anna** | *1984* | KS Kobra Kościan | 56,44 | 0,89572 | 3 | **50,0** | **52,5** | **-55,0** | **52,5** | 47,025 | 9 | |
| 3 | **Kołodziejczyk** | **Joanna** | *1980* | Stow. Centrum Formy Dąbrowa Górnicza | 53,39 | 0,93568 | 40 | **40,0** | **45,0** | **-47,5** | **45,0** | 42,105 | 8 | |
| -- kat. 63 -- M1 [kg] | | | | | | | | RP = 91 | | | | | | |
| 1 | **Włodarczyk** | **Anna** | *1983* | Stow. Centrum Formy Dąbrowa Górnicza | 62,46 | 0,83853 | 36 | **37,5** | **40,0** | **-42,5** | **40,0** | 33,541 | 12 | |
| -- kat. 69 -- M1 [kg] | | | | | | | | RP = 87,5 | | | | | | |
| 1 | **Walczykewicz** | **Daria** | *1982* | Klub Bokserski „Zagłębie Konin" | 68,60 | 0,79946 | 16 | **82,5** | **85,0** | **88,0** | **88,0** | 70,352 | 12 | |
| NB | **Nowak** | **Anna** | *1981* | Stow. Centrum Formy Dąbrowa Górnicza | 0,00 | 0,00000 | 12 | 0,0 | 0,0 | 0,0 | **0,0** | 0,000 | 0 | |
| -- kat. 76 -- M1 [kg] | | | | | | | | RP = 110 | | | | | | |
| 1 | **Gładysz** | **Magdalena** | *1981* | Stow. Centrum Formy Dąbrowa Górnicza | 70,80 | 0,78868 | 9 | **62,5** | **67,5** | **70,0** | **70,0** | 55,208 | 12 | |
| 2 | **Majorczyk** | **Hanna** | *1977* | KS Kobra Kościan | 74,90 | 0,77195 | 21 | **45,0** | **50,0** | **52,5** | **52,5** | 40,527 | 9 | |
| -- kat. 84 -- M1 [kg] | | | | | | | | RP = 102,5 | | | | | | |
| 1 | **Buczek** | **Aleksandra** | *1978* | UKS Pover-Kuźnik Chorzów | 81,20 | 0,75271 | 36 | **75,0** | **-77,5** | **77,5** | **77,5** | 58,335 | 12 | |
| 2 | **Karus-Wysocka** | **Katarzyna** | *1985* | TKKF Azory Kraków | 78,70 | 0,75955 | 32 | **65,0** | **67,5** | **-70,0** | **67,5** | 51,270 | 9 | |
| 3 | **Morawiec** | **Anna** | *1982* | Stow. Centrum Formy Dąbrowa Górnicza | 82,80 | 0,74879 | 1 | **47,5** | **50,0** | **52,5** | **52,5** | 39,312 | 8 | |
| -- kat. 84+ -- M1 [kg] | | | | | | | | RP = 112,5 | | | | | | |
| 1 | **Janoszka** | **Patrycja** | *1977* | Stow. Centrum Formy Dąbrowa Górnicza | 117,30 | 0,71089 | 15 | **50,0** | **52,5** | **55,0** | **55,0** | 39,099 | 12 | |
| **MASTERS 2** | | | | | | | | | | | | | | |
| -- kat. 52 -- M2 [kg] | | | | | | | | RP = 35 | | | | | | |
| 1 | **Piktel-Brzeska** | **Magdalena** | *1974* | VIP Team Grajewo | 50,88 | 0,97654 | 15 | **50,0** | **-55,0** | **-55,0** | **50,0** | 48,827 | 12 | |
| -- kat. 57 -- M2 [kg] | | | | | | | | RP = 80 | | | | | | |
| 1 | **Radwańska** | **Jadwiga** | *1975* | TKKF Azory Kraków | 55,94 | 0,90166 | 4 | **75,0** | **77,5** | **-80,0** | **77,5** | 69,878 | 12 | |
| -- kat. 63 -- M2 [kg] | | | | | | | | RP = 66,5 | | | | | | |
| 1 | **Ferdynus** | **Elżbieta** | *1973* | Stow. Centrum Formy Dąbrowa Górnicza | 58,25 | 0,87594 | 10 | **-42,5** | **45,0** | **47,5** | **47,5** | 41,607 | 12 | |
| -- kat. 69 -- M2 [kg] | | | | | | | | RP = 72,5 | | | | | | |
| 1 | **Koszuta** | **Justyna** | *1974* | Stow. Centrum Formy Dąbrowa Górnicza | 67,90 | 0,80320 | 37 | **50,0** | **52,5** | **-55,0** | **52,5** | 42,168 | 12 | |
| 2 | **Kamińska** | **Beata** | *1970* | Stow. Centrum Formy Dąbrowa Górnicza | 67,20 | 0,80710 | 2 | **35,0** | **-37,5** | **-37,5** | **35,0** | 28,249 | 9 | |
| **MASTERS 3** | | | | | | | | | | | | | | |
| -- kat. 76 -- M3 [kg] | | | | | | | | RP = 0 | | | | | | |
| 1 | **Szymkowiak** | **Maria** | *1961* | KS Kobra Kościan | 71,70 | 0,78466 | 14 | **50,0** | **52,5** | **55,0** | **55,0** | 43,156 | 12 | |

PK - poza konkursem
NB - nieobecna
BA - badanie antydopingowe, wynik tymczasowy

Sędzia głowny zawodów: Włodzimierz Laskowski
Sekretarz: Arkadiusz Znojek
Data wykonania: 2025-11-23
Wersja: 1.00

**POLSKI ZWIĄZEK KULTURYSTYKI, FITNESS I TRÓJBOJU SIŁOWEGO**

# Mistrzostwa Polski w Wyciskaniu Leżąc Klasycznym
## Jasieniec, 22-23 listopada 2025

`

### KLASYFIKACJA INDYWIDUALNA MĘŻCZYZN

| Miejsce | Nazwisko i imię | | Rocznik | *Klub* | Waga ciała | Wsp. IPF GL | Nr start. | Wyciskanie leżąc 1 | 2 | 3 | WYNIK | Punkty IPF GL | Punkty | Uwagi |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | **JUNIORZY DO LAT 16** | | | | | | | | | | |
| | -- kat. 53 -- J16 [kg] | | | | | | | RP = 100,5 | | | | | | |
| 1 | **Okoń** | **Wiktor** | *2011* | MOKSIR Jastarnia | 52,50 | 0,64428 | 42 | 37,5 | 45,0 | 50,0 | 50,0 | 32,214 | 12 | |
| 2 | **Struck** | **Mikołaj** | *2011* | MOKSIR Jastarnia | 43,96 | 0,71270 | 15 | 27,5 | 35,0 | -40,0 | 35,0 | 24,945 | 9 | |
| | -- kat. 59 -- J16 [kg] | | | | | | | RP = 120 | | | | | | |
| 1 | **Paszkiel** | **Sebastian** | *2009* | KS Impuls Ostrowiec Świętokrzyski | 56,90 | 0,61575 | 22 | 95,0 | 97,5 | 100,0 | 100,0 | 61,575 | 12 | |
| 2 | **Gajdziński** | **Klaudiusz** | *2010* | Klub Bokserski „Zagłębie Konin" | 58,25 | 0,60773 | 25 | 90,0 | 95,0 | -97,5 | 95,0 | 57,734 | 9 | |
| 3 | **Czarnota** | **Nikoś** | *2009* | TKKF Śródmieście Legnica | 58,80 | 0,60455 | 16 | 82,5 | 87,5 | -90,0 | 87,5 | 52,898 | 8 | |
| 4 | **Król** | **Antoni** | *2010* | UKS Eugen Knurów | 57,32 | 0,61322 | 39 | 65,0 | 70,0 | -75,0 | 70,0 | 42,925 | 7 | |
| | -- kat. 66 -- J16 [kg] | | | | | | | RP = 116,5 | | | | | | |
| 1 | **Tymczyszyn** | **Dawid** | *2009* | KS Team Wrocław | 64,88 | 0,57254 | 36 | 125,0 | -130,0 | -130,0 | 125,0 | 71,567 | 12 | |
| 2 | **Kohnke** | **Franciszek** | *2009* | MOKSIR Jastarnia | 64,85 | 0,57268 | 18 | 80,0 | 85,0 | 90,0 | 90,0 | 51,542 | 9 | |
| 3 | **Bartnik** | **Wiktor** | *2009* | GKS Kraska Jasieniec | 66,00 | 0,56721 | 44 | 85,0 | -90,0 | -92,5 | 85,0 | 48,212 | 8 | |
| 4 | **Winiarski** | **Antoni** | *2010* | MGKS Hutnik Pieńsk | 63,23 | 0,58070 | 26 | 70,0 | 77,5 | -85,0 | 77,5 | 45,004 | 7 | |
| 5 | **Partyka** | **Igor** | *2010* | UKS Pover-Kuźnik Chorzów | 65,11 | 0,57143 | 6 | 65,0 | 70,0 | -75,0 | 70,0 | 40,000 | 6 | |
| | -- kat. 74 -- J16 [kg] | | | | | | | RP = 140 | | | | | | |
| 1 | **Kłos** | **Oliwier** | *2009* | Stow. Sportowe Puławy | 72,10 | 0,54074 | 19 | 110,0 | 117,5 | -122,5 | 117,5 | 63,537 | 12 | |
| 2 | **Kotelnicki** | **Kacper** | *2009* | MGKS Hutnik Pieńsk | 70,89 | 0,54567 | 34 | 95,0 | 102,5 | -107,5 | 102,5 | 55,931 | 9 | |
| 3 | **Olbiński** | **Mikołaj** | *2010* | MGKS Hutnik Pieńsk | 70,82 | 0,54596 | 4 | 87,5 | 92,5 | -97,5 | 92,5 | 50,501 | 8 | |
| 4 | **Hermann** | **Michał** | *2010* | MOKSIR Jastarnia | 71,59 | 0,54280 | 3 | 80,0 | 85,0 | 87,5 | 87,5 | 47,495 | 7 | |
| 5 | **Śmietana** | **Dawid** | *2010* | UKS Pover-Kuźnik Chorzów | 72,85 | 0,53776 | 31 | 80,0 | 85,0 | 87,5 | 87,5 | 47,054 | 6 | |
| 6 | **Lenc** | **Ksawery** | *2009* | MOKSIR Jastarnia | 73,41 | 0,53557 | 30 | 77,5 | 85,0 | -90,0 | 85,0 | 45,524 | 5 | |
| | -- kat. 83 -- J16 [kg] | | | | | | | RP = 155 | | | | | | |
| 1 | **Sokołek** | **Konrad** | *2009* | MGKS Hutnik Pieńsk | 79,65 | 0,51308 | 21 | 120,0 | 127,5 | 132,5 | 132,5 | 67,983 | 12 | |
| 2 | **Baranowski** | **Tobiasz** | *2009* | KS Family Team Wyszków | 77,67 | 0,51986 | 19 | 122,5 | 127,5 | -132,5 | 127,5 | 66,282 | 9 | |
| 3 | **Rasz** | **Jan** | *2009* | KS Mazurski Lift | 80,67 | 0,50971 | 2 | 110,0 | 117,5 | 122,5 | 122,5 | 62,439 | 8 | |
| 4 | **Berger** | **Daniel** | *2009* | Stow. Centrum Formy Dąbrowa Górnicza | 80,25 | 0,51109 | 16 | -110,0 | 112,5 | 117,5 | 117,5 | 60,053 | 7 | |
| 5 | **Botor** | **Łukasz** | *2010* | UKS Eugen Knurów | 78,35 | 0,51750 | 18 | 90,0 | 97,5 | 105,0 | 105,0 | 54,337 | 6 | |
| 6 | **Stradomski** | **Michał** | *2009* | LKS Grom Przasnysz | 82,08 | 0,50517 | 9 | 97,5 | 102,5 | -112,5 | 102,5 | 51,780 | 5 | |
| 7 | **Witczak** | **Krystian** | *2009* | GKS Kraska Jasieniec | 77,47 | 0,52056 | 7 | -95,0 | 95,0 | -105,0 | 95,0 | 49,454 | 4 | |
| 8 | **Noga** | **Jan** | *2009* | GKS Kraska Jasieniec | 79,16 | 0,51473 | 4 | 95,0 | -102,5 | -102,5 | 95,0 | 48,899 | 3 | |
| 9 | **Ekiel** | **Mieszko** | *2009* | GKS Kraska Jasieniec | 80,60 | 0,50994 | 11 | 90,0 | 95,0 | -102,5 | 95,0 | 48,444 | 2 | |
| 10 | **Vadym** | **Mutsyn** | *2009* | Stow. Centrum Formy Dąbrowa Górnicza | 80,76 | 0,50942 | 17 | 85,0 | 95,0 | -102,5 | 95,0 | 48,394 | 1 | |
| 11 | **Juras** | **Franciszek** | *2011* | SSS Masters Power Warka | 74,45 | 0,53159 | 20 | 60,0 | 65,0 | -70,0 | 65,0 | 34,553 | 1 | |
| | -- kat. 93 -- J16 [kg] | | | | | | | RP = 153 | | | | | | |
| 1 | **Kokoszka** | **Wiktor** | *2009* | Stow. Centrum Formy Dąbrowa Górnicza | 89,34 | 0,48395 | 29 | 160,0 | 167,5 | -170,0 | 167,5 | 81,061 | 12 | |
| 2 | **Basaj** | **Mateusz** | *2009* | Stow. Sportowe Avangarda Puławy | 89,05 | 0,48473 | 23 | 120,0 | 125,0 | -130,0 | 125,0 | 60,592 | 9 | |
| 3 | **Topór-Huciański** | **Stanisław** | *2010* | KSSSiKW Wiking Starachowice | 89,52 | 0,48346 | 13 | 125,0 | -130,0 | -130,0 | 125,0 | 60,433 | 8 | |
| 4 | **Orłów** | **Dawid** | *2010* | UKS Pover-Kuźnik Chorzów | 88,00 | 0,48762 | 39 | -65,0 | 70,0 | 72,5 | 72,5 | 35,352 | 7 | |
| NB | **Składoń** | **Adam** | *2009* | Stow. Centrum Formy Dąbrowa Górnicza | 0,00 | 0,00000 | 32 | 0,0 | 0,0 | 0,0 | 0,0 | 0,000 | 0 | |
| | -- kat. 105 -- J16 [kg] | | | | | | | RP = 153 | | | | | | |
| 1 | **Michon** | **Matthew** | *2009* | AZS Wojskowa Akademia Techniczna Warszawa | 100,45 | 0,45715 | 12 | 132,5 | 140,0 | -145,0 | 140,0 | 64,001 | 12 | |
| 2 | **Mierzejewski** | **Marek** | *2009* | UKS Pover-Kuźnik Chorzów | 93,20 | 0,47394 | 25 | 115,0 | 125,0 | -127,5 | 125,0 | 59,243 | 9 | |
| 3 | **Maćkowski** | **Igor** | *2011* | UKS Eugen Knurów | 101,27 | 0,45540 | 15 | 100,0 | 107,5 | -112,5 | 107,5 | 48,955 | 8 | |
| 4 | **Piwoński** | **Paweł** | *2009* | TKKF Herkules Warszawa | 103,43 | 0,45091 | 4 | 80,0 | 87,5 | 90,0 | 90,0 | 40,582 | 7 | |
| | -- kat. 120 -- J16 [kg] | | | | | | | RP = 157,5 | | | | | | |
| 1 | **Omasta** | **Krzysztof** | *2010* | KS Tęcza-Społem Kielce | 105,79 | 0,44622 | 3 | 130,0 | 132,5 | 135,0 | 135,0 | 60,240 | 12 | |
| 2 | **Bem** | **Dawid** | *2010* | UKS Pover-Kuźnik Chorzów | 115,61 | 0,42875 | 14 | 127,5 | -130,0 | -130,0 | 127,5 | 54,666 | 9 | |
| 3 | **Kubica** | **Marcel** | *2010* | UKS Eugen Knurów | 105,10 | 0,44757 | 28 | 112,5 | 117,5 | 122,5 | 122,5 | 54,827 | 8 | |
| 4 | **Zinek** | **Wojciech** | *2009* | MGKS Hutnik Pieńsk | 119,26 | 0,42300 | 9 | 115,0 | 120,0 | -122,5 | 120,0 | 50,760 | 7 | |
| 5 | **Kołnacki** | **Mateusz** | *2010* | MOKSIR Jastarnia | 113,93 | 0,43152 | 5 | 90,0 | 100,0 | 105,0 | 105,0 | 45,310 | 6 | |
| | -- kat. 120+ -- J16 [kg] | | | | | | | RP = 150 | | | | | | |
| 1 | **Nakwacki** | **Władysław** | *2009* | UKS Pover-Kuźnik Chorzów | 131,83 | 0,40573 | 29 | 135,0 | 140,0 | -145,0 | 140,0 | 56,802 | 12 | |
| 2 | **Konkel** | **Franciszek** | *2009* | MOKSIR Jastarnia | 122,40 | 0,41834 | 19 | 72,5 | 80,0 | 82,5 | 82,5 | 34,513 | 9 | |
| 3 | **Kohnke** | **Adam** | *2011* | MOKSIR Jastarnia | 127,46 | 0,41133 | 27 | 60,0 | 70,0 | 75,0 | 75,0 | 30,850 | 8 | |

| Miejsce | Nazwisko i imię | | Rocznik | Klub | Waga ciała | Wsp. IPF GL | Nr start. | Wyciskanie leżąc 1 | 2 | 3 | WYNIK | Punkty IPF GL | Punkty | Uwagi |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|

## JUNIORZY DO LAT 18

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | -- kat. 59 -- J18 [kg] | | | | | | | RP = 127,5 | | | | | | |
| 1 | Pietrzyk | Mateusz | 2007 | Stow. Centrum Formy Dąbrowa Górnicza | 56,63 | 0,61739 | 14 | 100,0 | 107,5 | 112,5 | 112,5 | 69,456 | 12 | |
| 2 | Skrzypczak | Dominik | 2008 | SSS Masters Power Warka | 56,08 | 0,62078 | 28 | 85,0 | 90,0 | -92,5 | 90,0 | 55,870 | 9 | |
| | -- kat. 66 -- J18 [kg] | | | | | | | RP = 132,5 | | | | | | |
| 1 | Wilewski | Filip | 2008 | GKS Kraska Jasieniec | 65,29 | 0,57057 | 27 | 110,0 | 115,0 | 117,5 | 117,5 | 67,042 | 12 | |
| 2 | Skowroński | Kacper | 2007 | UKS Pover-Kuźnik Chorzów | 65,23 | 0,57086 | 35 | 112,5 | -115,0 | -115,0 | 112,5 | 64,221 | 9 | |
| 3 | Ślęk | Michał | 2008 | LUKS Zieloni Łańcut | 64,37 | 0,57502 | 12 | 105,0 | -110,0 | -112,5 | 105,0 | 60,377 | 8 | |
| 4 | Kozłowski | Szymon | 2008 | KS Team Wrocław | 60,86 | 0,59309 | 5 | 80,0 | 85,0 | 90,0 | 90,0 | 53,378 | 7 | |
| | -- kat. 74 -- J18 [kg] | | | | | | | RP = 157,5 | | | | | | |
| 1 | Dubiński | Kamil | 2007 | SSS Masters Power Warka | 73,56 | 0,53499 | 11 | 130,0 | 135,0 | -140,0 | 135,0 | 72,224 | 12 | |
| 2 | Budziszewski | Stanisław | 2008 | TKKF Herkules Warszawa | 66,06 | 0,56692 | 8 | 100,0 | 105,0 | 107,5 | 107,5 | 60,944 | 9 | |
| 3 | Leśnowolski | Piotr | 2008 | SSS Masters Power Warka | 73,03 | 0,53706 | 38 | -105,0 | 107,5 | -110,0 | 107,5 | 57,733 | 8 | |
| 4 | Sokołowski | Bartosz | 2008 | Stow. Centrum Formy Dąbrowa Górnicza | 73,54 | 0,53507 | 43 | 100,0 | 105,0 | -110,0 | 105,0 | 56,182 | 7 | |
| 5 | Gajewski | Grzegorz | 2008 | GKS Kraska Jasieniec | 68,51 | 0,55581 | 37 | 95,0 | 102,5 | -110,0 | 102,5 | 56,971 | 6 | |
| 6 | Drążkiewicz | Bartłomiej | 2008 | GKS Kraska Jasieniec | 71,34 | 0,54382 | 1 | -87,5 | 87,5 | 92,5 | 92,5 | 50,303 | 5 | |
| | -- kat. 83 -- J18 [kg] | | | | | | | RP = 168,5 | | | | | | |
| 1 | Gawlak-Socka | Jan | 2008 | KSSSiKW Wiking Starachowice | 82,79 | 0,50295 | 3 | 155,0 | -160,0 | 160,0 | 160,0 | 80,471 | 12 | |
| 2 | Michałowicz | Iwo | 2007 | KS Mazurski Lift | 80,69 | 0,50964 | 13 | 157,5 | -165,0 | -165,0 | 157,5 | 80,269 | 9 | |
| 3 | Trzciałkowski | Jakub | 2008 | KS Team Wrocław | 82,11 | 0,50508 | 12 | 150,0 | -157,5 | 157,5 | 157,5 | 79,550 | 8 | |
| 4 | Habros | Jakub | 2007 | MKS Tur Ryki | 82,16 | 0,50492 | 14 | 132,5 | 137,5 | 142,5 | 142,5 | 71,951 | 7 | |
| 5 | Jankowski | Jan | 2007 | MKS Tur Ryki | 79,96 | 0,51205 | 8 | 125,0 | 130,0 | 135,0 | 135,0 | 69,127 | 6 | |
| 6 | Wąsacz | Igor | 2007 | LUKS Zieloni Łańcut | 82,19 | 0,50483 | 10 | 120,0 | 130,0 | -132,5 | 130,0 | 65,627 | 5 | |
| 7 | Białach | Natan | 2007 | MKS Tur Ryki | 80,71 | 0,50958 | 15 | 110,0 | 120,0 | -130,0 | 120,0 | 61,149 | 4 | |
| DB | Szczęśniak | Michał | 2007 | Stow. Centrum Formy Dąbrowa Górnicza | 78,61 | 0,51660 | 5 | -115,0 | 120,0 | -125,0 | 120,0 | 0,000 | 0 | |
| DB | Rataj | Jakub | 2007 | KS Team Wrocław | 81,05 | 0,50847 | 1 | 105,0 | 110,0 | -112,5 | 110,0 | 0,000 | 0 | |
| DB | Gołyś | Mateusz | 2007 | MGKS Hutnik Pieńsk | 80,61 | 0,50991 | 6 | -100,0 | 100,0 | 105,0 | 105,0 | 0,000 | 0 | |
| | -- kat. 93 -- J18 [kg] | | | | | | | RP = 191 | | | | | | |
| 1 | Iwaniuk | Adrian | 2007 | KS Team Wrocław | 90,67 | 0,48041 | 10 | 162,5 | 170,0 | -175,0 | 170,0 | 81,670 | 12 | |
| 2 | Komisarski | Kacper | 2008 | KSSSiKW Wiking Starachowice | 89,57 | 0,48333 | 21 | 152,5 | 160,0 | -165,0 | 160,0 | 77,333 | 9 | |
| 3 | Kania | Piotr | 2007 | KS Tęcza-Społem Kielce | 90,00 | 0,48218 | 30 | 140,0 | 142,5 | -147,5 | 142,5 | 68,711 | 8 | |
| 4 | Cenkiel | Piotr | 2008 | Stow. Sportowe Avangarda Puławy | 91,49 | 0,47828 | 12 | 142,5 | -147,5 | -147,5 | 142,5 | 68,154 | 7 | |
| 5 | Smoliński | Mateusz | 2008 | KS Team Wrocław | 88,32 | 0,48673 | 5 | 127,5 | -135,0 | 135,0 | 135,0 | 65,709 | 6 | |
| 6 | Siemieniewski | Oliwier | 2007 | KS Family Team Wyszków | 86,44 | 0,49203 | 15 | 127,5 | -132,5 | -135,0 | 127,5 | 62,733 | 5 | |
| 7 | Mularczyk | Piotr | 2008 | KS Team Wrocław | 89,56 | 0,48336 | 8 | 120,0 | 125,0 | -130,0 | 125,0 | 60,420 | 4 | |
| 8 | Majchrzyk | Kacper | 2007 | KS Tęcza-Społem Kielce | 90,26 | 0,48149 | 4 | 117,5 | -125,0 | 125,0 | 125,0 | 60,186 | 3 | |
| 9 | Kalbarczyk | Kuba | 2007 | MKS Tur Ryki | 84,83 | 0,49673 | 16 | -120,0 | 120,0 | 122,5 | 122,5 | 60,850 | 2 | |
| 10 | Grabowski | Sebastian | 2008 | MGKS Hutnik Pieńsk | 90,24 | 0,48154 | 26 | 115,0 | -122,5 | -122,5 | 115,0 | 55,377 | 1 | |
| DB | Dadas | Grzegorz | 2008 | MKS Tur Ryki | 90,04 | 0,48207 | 6 | 110,0 | 115,0 | -120,0 | 115,0 | 0,000 | 0 | |
| NB | Kluczewski | Jakub | 2007 | Stow. Centrum Formy Dąbrowa Górnicza | 0,00 | 0,00000 | 14 | 0,0 | 0,0 | 0,0 | 0,0 | 0,000 | 0 | |
| | -- kat. 105 -- J18 [kg] | | | | | | | RP = 222,5 | | | | | | |
| 1 | Staniszewski | Piotr | 2008 | KS Team Wrocław | 100,31 | 0,45745 | 20 | 155,0 | 165,0 | -172,5 | 165,0 | 75,479 | 12 | |
| 2 | Płatek | Wiktor | 2007 | KS Impuls Ostrowiec Świętokrzyski | 96,60 | 0,46576 | 1 | 127,5 | 135,0 | -140,0 | 135,0 | 62,878 | 9 | |
| 3 | Beśka | Stanisław | 2007 | KS Team Wrocław | 93,68 | 0,47275 | 26 | 110,0 | 115,0 | -120,0 | 115,0 | 54,366 | 8 | |
| 4 | Kępka | Kacper | 2007 | MKS Tur Ryki | 93,40 | 0,47344 | 23 | 105,0 | 107,5 | -110,0 | 107,5 | 50,895 | 7 | |
| | -- kat. 120 -- J18 [kg] | | | | | | | RP = 183 | | | | | | |
| 1 | Kawecki | Mikołaj | 2008 | LKS Grom Przasnysz | 116,22 | 0,42777 | 17 | -175,0 | 180,0 | 183,5 | 183,5 | 78,495 | 12 | |
| 2 | Olszewski | Jakub | 2007 | Stow. Centrum Formy Dąbrowa Górnicza | 118,15 | 0,42471 | 31 | 155,0 | 162,5 | 167,5 | 167,5 | 71,139 | 9 | |
| 3 | Małek | Piotr | 2007 | KS Team Wrocław | 110,37 | 0,43768 | 11 | 145,0 | 152,5 | -155,0 | 152,5 | 66,747 | 8 | |
| 4 | Balicki | Karol | 2007 | MOKSIR Jastarnia | 106,26 | 0,44531 | 16 | 110,0 | 120,0 | -127,5 | 120,0 | 53,437 | 7 | |

| Miejsce | Nazwisko i imię | | Rocznik | *Klub* | Waga ciała | Wsp. IPF GL | Nr start. | Wyciskanie leżąc | | | WYNIK | Punkty IPF GL | Punkty | Uwagi |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | 1 | 2 | 3 | | | | |

## JUNIORZY DO LAT 20

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | -- kat. 59 -- J20 [kg] | | | | | | | RP = 127,5 | | | | | | |
| 1 | **Kuśka** | **Patryk** | *2005* | Stow. Centrum Formy Dąbrowa Górnicza | 58,25 | 0,60773 | 7 | **110,0** | **-115,0** | **115,0** | **115,0** | 69,889 | 12 | |
| | -- kat. 66 -- J20 [kg] | | | | | | | RP = 147,5 | | | | | | |
| 1 | **Bałchanowski** | **Stanisław** | *2005* | KS Tęcza-Społem Kielce | 65,78 | 0,56824 | 10 | **-122,5** | **122,5** | **132,5** | **132,5** | 75,292 | 12 | |
| 2 | **Met** | **Konrad** | *2006* | KS Tęcza-Społem Kielce | 65,43 | 0,56990 | 40 | **120,0** | **125,0** | **130,0** | **130,0** | 74,087 | 9 | |
| 3 | **Mermer** | **Jakub** | *2006* | KS Team Wrocław | 63,54 | 0,57914 | 41 | **-117,5** | **117,5** | **-125,0** | **117,5** | 68,049 | 8 | |
| | -- kat. 74 -- J20 [kg] | | | | | | | RP = 170 | | | | | | |
| 1 | **Gargas** | **Eryk** | *2006* | KS Tęcza-Społem Kielce | 73,29 | 0,53604 | 20 | **120,0** | **125,0** | **127,5** | **127,5** | 68,345 | 12 | |
| 2 | **Zawadzki** | **Bartosz** | *2006* | KS Tęcza-Społem Kielce | 71,01 | 0,54517 | 32 | **112,5** | **117,5** | **125,0** | **125,0** | 68,147 | 9 | |
| | -- kat. 83 -- J20 [kg] | | | | | | | RP = 185 | | | | | | |
| 1 | **Mateusiak** | **Hubert** | *2006* | KS Team Wrocław | 79,60 | 0,51325 | 19 | **165,0** | **170,0** | **-172,5** | **170,0** | 87,252 | 12 | |
| 2 | **Włoch** | **Paweł** | *2006* | TKKF Azory Kraków | 82,10 | 0,50511 | 22 | **140,0** | **150,0** | **152,5** | **152,5** | 77,029 | 9 | |
| 3 | **Lewandowski** | **Szymon** | *2005* | GKS Kraska Jasieniec | 79,90 | 0,51225 | 16 | **137,5** | **145,0** | **150,0** | **150,0** | 76,837 | 8 | |
| NB | **Trzos** | **Karol** | *2006* | Strong Barbell Kraków | 0,00 | 0,00000 | 25 | 0,0 | 0,0 | 0,0 | **0,0** | 0,000 | 0 | |
| | -- kat. 93 -- J20 [kg] | | | | | | | RP = 191 | | | | | | |
| 1 | **Serba** | **Michał** | *2006* | KS Kobra Kościan | 91,64 | 0,47789 | 2 | **160,0** | **167,5** | **-175,0** | **167,5** | 80,046 | 12 | BA |
| 2 | **Spyra** | **Przemysław** | *2006* | Stow. Centrum Formy Dąbrowa Górnicza | 88,14 | 0,48723 | 9 | **150,0** | **160,0** | **-170,0** | **160,0** | 77,957 | 9 | |
| 3 | **Kasprzak** | **Michał** | *2006* | KS Team Wrocław | 91,55 | 0,47812 | 34 | **147,5** | **155,0** | **-160,0** | **155,0** | 74,109 | 8 | |
| 4 | **Łydek** | **Wiktor** | *2006* | Stow. Centrum Formy Dąbrowa Górnicza | 89,96 | 0,48229 | 7 | **145,0** | **152,5** | **-155,0** | **152,5** | 73,549 | 7 | |
| 5 | **Szlaga** | **Adam** | *2005* | Powerlifting Grodzisk Mazowiecki | 89,59 | 0,48328 | 24 | **-140,0** | **-140,0** | **140,0** | **140,0** | 67,659 | 6 | |
| 6 | **Zomer** | **Patryk** | *2006* | KS Team Wrocław | 88,06 | 0,48745 | 19 | **125,0** | **-132,5** | **-132,5** | **125,0** | 60,932 | 5 | |
| 7 | **Mroczkowski** | **Arkadiusz** | *2005* | KS Impuls Ostrowiec Świętokrzyski | 85,79 | 0,49391 | 37 | **110,0** | **115,0** | **-120,0** | **115,0** | 56,799 | 4 | |
| NK | **Kryśkiewicz** | **Konrad** | *2005* | KS Spartakus Nasielsk | 87,83 | 0,48809 | 1 | **-150,0** | **-150,0** | **-150,0** | **0,0** | 0,000 | 0 | |
| | -- kat. 105 -- J20 [kg] | | | | | | | RP = 222,5 | | | | | | |
| 1 | **Zając** | **Mikołaj** | *2005* | KS Team Wrocław | 103,25 | 0,45128 | 17 | **172,5** | **180,0** | **-182,5** | **180,0** | 81,230 | 12 | BA |
| 2 | **Łach** | **Maciej** | *2005* | MKS Wicher Kobyłka | 104,95 | 0,44787 | 16 | **155,0** | **-162,5** | **-162,5** | **155,0** | 69,419 | 9 | |
| 3 | **Matusiak** | **Sebastian** | *2005* | KS Team Wrocław | 99,25 | 0,45976 | 25 | **117,5** | **125,0** | **130,0** | **130,0** | 59,769 | 8 | |
| 4 | **Matusiewicz** | **Adam** | *2006* | GKS Kraska Jasieniec | 99,06 | 0,46018 | 23 | **115,0** | **122,5** | **-130,0** | **122,5** | 56,372 | 7 | |
| 5 | **Białek** | **Bartek** | *2005* | Stow. Sportowe Wariacje Skierniewice | 103,67 | 0,45042 | 32 | **105,0** | **-107,5** | **-107,5** | **105,0** | 47,295 | 6 | |
| NK | **Rosiński** | **Konrad** | *2006* | Stow. Sportowe Wariacje Skierniewice | 103,53 | 0,45071 | 30 | **-160,0** | **-160,0** | **-160,0** | **0,0** | 0,000 | 0 | |
| | -- kat. 120 -- J20 [kg] | | | | | | | RP = 196 | | | | | | |
| 1 | **Malanowicz** | **Kamil** | *2005* | KS Tęcza-Społem Kielce | 117,52 | 0,42570 | 22 | **200,0** | **207,5** | **-215,0** | **207,5** | 88,332 | 12 | |
| 2 | **Zybura** | **Dawid** | *2005* | KS Impuls Ostrowiec Świętokrzyski | 113,87 | 0,43162 | 21 | **155,0** | **160,0** | **165,0** | **165,0** | 71,218 | 9 | |

| Miejsce | Nazwisko i imię | | Rocznik | *Klub* | Waga ciała | Wsp. IPF GL | Nr start. | Wyciskanie leżąc | | | WYNIK | Punkty IPF GL | Punkty | Uwagi |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | 1 | 2 | 3 | | | | |

## JUNIORZY DO LAT 23

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | -- kat. 59 -- J23 [kg] | | | | | | | RP = 127,5 | | | | | | |
| 1 | **Białas** | **Kacper** | *2003* | Stow. Centrum Formy Dąbrowa Górnicza | 57,99 | 0,60925 | 17 | **100,0** | **105,0** | **X** | **105,0** | 63,971 | 12 | |
| | -- kat. 66 -- J23 [kg] | | | | | | | RP = 160 | | | | | | |
| 1 | **Stepien** | **Oskar** | *2002* | Pomorskie Stow. Trenerów Osobistych Gdynia | 65,51 | 0,56952 | 9 | **125,0** | **132,5** | **-135,0** | **132,5** | 75,461 | 12 | |
| | -- kat. 74 -- J23 [kg] | | | | | | | RP = 177,5 | | | | | | |
| 1 | **Kołodziejczyk** | **Michał** | *2004* | TKKF Azory Kraków | 73,70 | 0,53445 | 17 | **162,5** | **170,0** | **-175,0** | **170,0** | 90,857 | 12 | |
| 2 | **Bierowiec** | **Szymon** | *2002* | KS Team Wrocław | 74,00 | 0,53330 | 3 | **137,5** | **142,5** | **-147,5** | **142,5** | 75,995 | 9 | |
| 3 | **Burghardt** | **Maciej** | *2003* | Stow. Centrum Formy Dąbrowa Górnicza | 72,10 | 0,54074 | 13 | **140,0** | **-145,0** | **X** | **140,0** | 75,704 | 8 | |
| 4 | **Lemieszek** | **Mikołaj** | *2003* | Stow. Centrum Formy Dąbrowa Górnicza | 72,90 | 0,53757 | 5 | **105,0** | **110,0** | **-115,0** | **110,0** | 59,132 | 7 | |
| 5 | **Setniewski** | **Dawid** | *2002* | GKS Kraska Jasieniec | 73,90 | 0,53368 | 18 | **95,0** | **102,5** | **-107,5** | **102,5** | 54,702 | 6 | |
| | -- kat. 83 -- J23 [kg] | | | | | | | RP = 185 | | | | | | |
| 1 | **Wasilewski** | **Daniel** | *2002* | KS Team Wrocław | 82,90 | 0,50260 | 24 | **165,0** | **172,5** | **-182,5** | **172,5** | 86,699 | 12 | BA |
| 2 | **Perlik** | **Krzysztof** | *2004* | Stow. Centrum Formy Dąbrowa Górnicza | 82,20 | 0,50480 | 7 | **145,0** | **-150,0** | **-150,0** | **145,0** | 73,195 | 9 | |
| | -- kat. 93 -- J23 [kg] | | | | | | | RP = 205,5 | | | | | | |
| 1 | **Różański** | **Damian** | *2003* | TKKF Azory Kraków | 90,58 | 0,48065 | 31 | **170,0** | **177,5** | **-180,0** | **177,5** | 85,315 | 12 | |
| 2 | **Mońka** | **Jakub** | *2002* | KS Team Wrocław | 87,72 | 0,48840 | 27 | **155,0** | **162,5** | **-170,0** | **162,5** | 79,365 | 9 | |
| 3 | **Zbroszczyk** | **Paweł** | *2004* | KS Tęcza-Społem Kielce | 89,62 | 0,48320 | 3 | **155,0** | **162,5** | **-165,0** | **162,5** | 78,519 | 8 | |
| 4 | **Badoń** | **Jakub** | *2004* | KS Tęcza-Społem Kielce | 89,96 | 0,48229 | 41 | **142,5** | **147,5** | **-150,0** | **147,5** | 71,137 | 7 | |
| 5 | **Kuśmierski** | **Sergiusz** | *2002* | GKS Kraska Jasieniec | 92,41 | 0,47592 | 35 | **130,0** | **-142,5** | **-142,5** | **130,0** | 61,870 | 6 | |
| | -- kat. 105 -- J23 [kg] | | | | | | | RP = 222,5 | | | | | | |
| 1 | **Kuc** | **Michał** | *2002* | KS Team Wrocław | 103,76 | 0,45024 | 19 | **187,5** | **195,0** | **-202,5** | **195,0** | 87,797 | 12 | |
| 2 | **Koszewski** | **Aleksander** | *2002* | Stow. Sportowe Wariacje Skierniewice | 104,09 | 0,44958 | 3 | **180,0** | **190,0** | **-197,5** | **190,0** | 85,420 | 9 | |
| 3 | **Różycki** | **Maciej** | *2004* | KS Team Wrocław | 98,69 | 0,46100 | 40 | **135,0** | **142,5** | **147,5** | **147,5** | 67,998 | 8 | |
| 4 | **Kulpanowski** | **Bartosz** | *2004* | MKS Wicher Kobyłka | 99,19 | 0,45989 | 22 | **135,0** | **140,0** | **-145,0** | **140,0** | 64,385 | 7 | |
| 5 | **Rosiński** | **Krystian** | *2003* | Stow. Sportowe Wariacje Skierniewice | 103,91 | 0,44994 | 33 | **127,5** | **135,0** | **-140,0** | **135,0** | 60,742 | 6 | |
| NK | **Sitek** | **Nikodem** | *2004* | Stow. Centrum Formy Dąbrowa Górnicza | 94,67 | 0,47033 | 4 | **-175,0** | **-185,0** | **-185,0** | **0,0** | 0,000 | 0 | |
| | -- kat. 120 -- J23 [kg] | | | | | | | RP = 220 | | | | | | |
| 1 | **Chowaniak** | **Aleksander** | *2003* | TKKF Azory Kraków | 113,53 | 0,43220 | 15 | **200,0** | **210,0** | **-220,5** | **210,0** | 90,761 | 12 | |
| 2 | **Drewniak** | **Leon** | *2003* | KS Team Wrocław | 109,36 | 0,43950 | 31 | **170,0** | **180,0** | **-190,0** | **180,0** | 79,111 | 9 | |
| 3 | **Klarowski** | **Krystian** | *2004* | LKS Grom Przasnysz | 107,46 | 0,44302 | 10 | **155,0** | **162,5** | **-167,5** | **162,5** | 71,991 | 8 | |
| 4 | **Racewicz** | **Jakub** | *2002* | GKS Kraska Jasieniec | 105,16 | 0,44745 | 21 | **140,0** | **150,0** | **-162,5** | **150,0** | 67,118 | 7 | |
| 5 | **Borowski** | **Eryk** | *2003* | MKS Wicher Kobyłka | 112,88 | 0,43330 | 7 | **135,0** | **142,5** | **-150,0** | **142,5** | 61,745 | 6 | |
| | -- kat. 120+ -- J23 [kg] | | | | | | | RP = 215 | | | | | | |
| 1 | **Mazurek** | **Jakub** | *2002* | KS Team Wrocław | 120,35 | 0,42136 | 24 | **200,0** | **215,5** | **X** | **215,5** | 90,802 | 12 | |
| 2 | **Pietrykowski** | **Dawid** | *2004* | UKS Eugen Knurów | 130,07 | 0,40794 | 30 | **155,0** | **162,5** | **167,5** | **167,5** | 68,329 | 9 | |

| Miejsce | Nazwisko i imię | | Rocznik | Klub | Waga ciała | Wsp. IPF GL | Nr start | Wyciskanie leżąc 1 | 2 | 3 | WYNIK | Punkty IPF GL | Punkty | Uwagi |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|

## SENIORZY

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | -- kat. 59 -- S [kg] | | | | | | | RP = 162,5 | | | | | | |
| 1 | **Szymański** | **Sławomir** | *1985* | GKS Kraska Jasieniec | 56,09 | 0,62072 | 24 | **130,0** | **137,5** | **-145,0** | **137,5** | 85,348 | 12 | |
| 2 | **Wszoła** | **Dariusz** | *1978* | TKKF Śródmieście Legnica | 58,83 | 0,60438 | 2 | **130,0** | **137,5** | **-145,0** | **137,5** | 83,102 | 9 | |
| 3 | **Gajdziński** | **Klaudiusz** | *2010* | Klub Bokserski „Zagłębie Konin" | 58,25 | 0,60773 | 25 | **90,0** | **95,0** | **-97,5** | **95,0** | 57,734 | 8 | |
| 4 | **Plesiewicz** | **Piotr** | *1977* | GKS Kraska Jasieniec | 49,90 | 0,66308 | 33 | **70,0** | **80,0** | **92,5** | **92,5** | 61,335 | 7 | |
| | -- kat. 66 -- S [kg] | | | | | | | RP = 178,5 | | | | | | |
| 1 | **Grotkowski** | **Mariusz** | *1989* | KSSSiKW Wiking Starachowice | 65,52 | 0,56947 | 21 | **135,0** | **140,0** | **-142,5** | **140,0** | 79,726 | 12 | BA |
| 2 | **Łysoń** | **Michał** | *1991* | KS Team Wrocław | 65,89 | 0,56772 | 13 | **127,5** | **132,5** | **-142,5** | **132,5** | 75,223 | 9 | |
| 3 | **Szymura** | **Sławomir** | *1998* | KS Tęcza-Społem Kielce | 65,75 | 0,56838 | 23 | **115,0** | **122,5** | **127,5** | **127,5** | 72,469 | 8 | |
| 4 | **Wilewski** | **Filip** | *2008* | GKS Kraska Jasieniec | 65,29 | 0,57057 | 27 | **110,0** | **115,0** | **117,5** | **117,5** | 67,042 | 7 | |
| 5 | **Włodarczyk** | **Igor** | *2000* | KS Team Wrocław | 65,21 | 0,57095 | 29 | **110,0** | **115,0** | **-120,0** | **115,0** | 65,659 | 6 | |
| | -- kat. 74 -- S [kg] | | | | | | | RP = 195 | | | | | | |
| 1 | **Balawejder** | **Adam** | *1981* | TKKF Azory Kraków | 73,50 | 0,53522 | 12 | **170,0** | **-175,0** | **177,5** | **177,5** | 95,002 | 12 | |
| 2 | **Wirek** | **Bartłomiej** | *1983* | Stow. Centrum Formy Dąbrowa Górnicza | 72,50 | 0,53915 | 1 | **172,5** | **175,0** | **-178,5** | **175,0** | 94,351 | 9 | |
| 3 | **Kołodziejczyk** | **Michał** | *2004* | TKKF Azory Kraków | 73,70 | 0,53445 | 17 | **162,5** | **170,0** | **-175,0** | **170,0** | 90,857 | 8 | |
| 4 | **Koloch** | **Maciej** | *1999* | Stow. Centrum Formy Dąbrowa Górnicza | 73,50 | 0,53522 | 26 | **140,0** | **147,5** | **150,0** | **150,0** | 80,284 | 7 | |
| 5 | **Bierowiec** | **Szymon** | *2002* | KS Team Wrocław | 74,00 | 0,53330 | 3 | **137,5** | **142,5** | **-147,5** | **142,5** | 75,995 | 6 | |
| 6 | **Cieslik** | **Marcin** | *1979* | Klub Bokserski „Zagłębie Konin" | 73,00 | 0,53717 | 6 | **120,0** | **125,0** | **-127,5** | **125,0** | 67,147 | 5 | |
| NB | **Michałowski** | **Łukasz** | *1991* | Klub Bokserski „Zagłębie Konin" | 0,00 | 0,00000 | 9 | 0,0 | 0,0 | 0,0 | **0,0** | 0,000 | 0 | |
| | -- kat. 83 -- S [kg] | | | | | | | RP = 200 | | | | | | |
| 1 | **Gawron** | **Tomasz** | *1979* | Stow. Centrum Formy Dąbrowa Górnicza | 82,20 | 0,50480 | 10 | **177,5** | **185,0** | **-190,5** | **185,0** | 93,387 | 12 | |
| 2 | **Wasilewski** | **Daniel** | *2002* | KS Team Wrocław | 82,90 | 0,50260 | 24 | **165,0** | **172,5** | **-182,5** | **172,5** | 86,699 | 9 | BA |
| 3 | **Błotko** | **Kacper** | *1999* | Strong Barbell Kraków | 81,57 | 0,50680 | 20 | **160,0** | **-165,0** | **-165,0** | **160,0** | 81,088 | 8 | |
| 4 | **Włoch** | **Paweł** | *2006* | TKKF Azory Kraków | 82,10 | 0,50511 | 22 | **140,0** | **150,0** | **152,5** | **152,5** | 77,029 | 7 | |
| 5 | **Lewandowski** | **Szymon** | *2005* | GKS Kraska Jasieniec | 79,90 | 0,51225 | 16 | **137,5** | **145,0** | **150,0** | **150,0** | 76,837 | 6 | |
| BL | **Grzelak** | **Daniel** | *1989* | SSS Masters Power Warka | 82,50 | 0,50385 | 27 | **105,0** | **110,0** | **-112,5** | **110,0** | 55,424 | 0 | |
| | -- kat. 93 -- S [kg] | | | | | | | RP = 235 | | | | | | |
| 1 | **Wegiera** | **Jan** | *1965* | KSSSiKW Wiking Starachowice | 91,86 | 0,47732 | 42 | **185,0** | **192,5** | **-197,5** | **192,5** | 91,885 | 12 | |
| 2 | **Bociański** | **Jakub** | *1991* | Stow. Sportowe Puławy | 91,12 | 0,47923 | 20 | **185,0** | **-187,5** | **-187,5** | **185,0** | 88,658 | 9 | |
| 3 | **Jasica** | **Sławomir** | *1977* | TKKF Azory Kraków | 92,90 | 0,47469 | 18 | **177,5** | **180,0** | **185,0** | **185,0** | 87,818 | 8 | |
| 4 | **Ząbek** | **Mateusz** | *1995* | KS Tęcza-Społem Kielce | 92,30 | 0,47620 | 33 | **170,0** | **180,0** | **182,5** | **182,5** | 86,907 | 7 | |
| 5 | **Różański** | **Damian** | *2003* | TKKF Azory Kraków | 90,58 | 0,48065 | 31 | **170,0** | **177,5** | **-180,0** | **177,5** | 85,315 | 6 | |
| 6 | **Wawrzyniec** | **Latus** | *1981* | Stow. Centrum Formy Dąbrowa Górnicza | 86,59 | 0,49160 | 36 | **-170,0** | **170,0** | **-180,0** | **170,0** | 83,571 | 5 | |
| 7 | **Kokoszka** | **Wiktor** | *2009* | Stow. Centrum Formy Dąbrowa Górnicza | 89,34 | 0,48395 | 29 | **160,0** | **167,5** | **-170,0** | **167,5** | 81,061 | 4 | |
| 8 | **Szewczyk** | **Piotr** | *2001* | KSSSiKW Wiking Starachowice | 92,43 | 0,47587 | 43 | **160,0** | **-165,0** | **165,0** | **165,0** | 78,519 | 3 | |
| 9 | **Mońka** | **Jakub** | *2002* | KS Team Wrocław | 87,72 | 0,48840 | 27 | **155,0** | **162,5** | **-170,0** | **162,5** | 79,365 | 2 | |
| 10 | **Urban** | **Maciej** | *2000* | KS Impuls Ostrowiec Świętokrzyski | 89,15 | 0,48446 | 11 | **-130,0** | **130,0** | **-132,5** | **130,0** | 62,980 | 1 | |
| NK | **Grzelak** | **Jakub** | *2001* | GKS Kraska Jasieniec | 90,77 | 0,48015 | 28 | **-150,0** | **-150,0** | **-150,0** | **0,0** | 0,000 | 0 | |
| NB | **Kwietniewski** | **Konrad** | *1991* | TKKF Herkules Warszawa | 0,00 | 0,00000 | 40 | 0,0 | 0,0 | 0,0 | **0,0** | 0,000 | 0 | |
| | -- kat. 105 -- S [kg] | | | | | | | RP = 230 | | | | | | |
| 1 | **Kunka** | **Mariusz** | *1989* | UKS Pover-Kuźnik Chorzów | 103,45 | 0,45087 | 14 | **202,5** | **210,0** | **212,5** | **212,5** | 95,810 | 12 | |
| 2 | **Dobras** | **Tomasz** | *1999* | KS Team Wrocław | 99,24 | 0,45978 | 13 | **192,5** | **200,0** | **202,5** | **202,5** | 93,106 | 9 | |
| 3 | **Marciniak** | **Mariusz** | *1980* | KS Team Wrocław | 103,78 | 0,45020 | 37 | **190,0** | **197,5** | **202,5** | **202,5** | 91,166 | 8 | |
| 4 | **Kuc** | **Michał** | *2002* | KS Team Wrocław | 103,76 | 0,45024 | 19 | **187,5** | **195,0** | **-202,5** | **195,0** | 87,797 | 7 | |
| 5 | **Mentel** | **Stanisław** | *1954* | Stow. Centrum Formy Dąbrowa Górnicza | 100,66 | 0,45670 | 5 | **175,0** | **-192,5** | **192,5** | **192,5** | 87,914 | 6 | |
| 6 | **Kuć** | **Robert** | *1974* | Stow. Centrum Formy Dąbrowa Górnicza | 101,19 | 0,45557 | 28 | **130,0** | **142,5** | **150,0** | **150,0** | 68,335 | 5 | |
| 7 | **Kocot** | **Damian** | *1985* | Stow. Centrum Formy Dąbrowa Górnicza | 94,07 | 0,47179 | 39 | **130,0** | **140,0** | **-150,0** | **140,0** | 66,051 | 4 | |
| 8 | **Makowski** | **Jarosław** | *1975* | Stow. Centrum Formy Dąbrowa Górnicza | 103,68 | 0,45040 | 20 | **130,0** | **140,0** | **-150,0** | **140,0** | 63,057 | 3 | |
| NK | **Sitek** | **Nikodem** | *2004* | Stow. Centrum Formy Dąbrowa Górnicza | 94,67 | 0,47033 | 4 | **-175,0** | **-185,0** | **-185,0** | **0,0** | 0,000 | 0 | |
| NK | **Rosiński** | **Konrad** | *2006* | Stow. Sportowe Wariacje Skierniewice | 103,53 | 0,45071 | 30 | **-160,0** | **-160,0** | **-160,0** | **0,0** | 0,000 | 0 | |
| | -- kat. 120 -- S [kg] | | | | | | | RP = 245 | | | | | | |
| 1 | **Grzesik** | **Mateusz** | *1989* | TKKF Śródmieście Legnica | 119,66 | 0,42240 | 9 | **205,0** | **212,5** | **-217,5** | **212,5** | 89,759 | 12 | BA |
| 2 | **Chowaniak** | **Aleksander** | *2003* | TKKF Azory Kraków | 113,53 | 0,43220 | 15 | **200,0** | **210,0** | **-220,0** | **210,0** | 90,761 | 9 | |
| 3 | **Domański** | **Arkadiusz** | *1982* | SSS Masters Power Warka | 111,75 | 0,43525 | 36 | **-185,0** | **-185,0** | **185,0** | **185,0** | 80,521 | 8 | |
| 4 | **Kot** | **Sebastian** | *1985* | Stow. Centrum Formy Dąbrowa Górnicza | 106,88 | 0,44412 | 24 | **175,0** | **-182,5** | **-185,0** | **175,0** | 77,721 | 7 | |
| 5 | **Stangret** | **Krzysztof** | *1998* | GKS Kraska Jasieniec | 112,18 | 0,43450 | 27 | **155,0** | **162,5** | **-167,5** | **162,5** | 70,607 | 6 | |
| 6 | **Mroczek** | **Bartosz** | *1979* | KS Kobra Kościan | 109,40 | 0,43943 | 34 | **160,0** | **-167,5** | **-167,5** | **160,0** | 70,309 | 5 | |
| 7 | **Śmiłek** | **Przemysław** | *1996* | Stow. Centrum Formy Dąbrowa Górnicza | 112,75 | 0,43352 | 2 | **150,0** | **157,5** | **-165,0** | **157,5** | 68,280 | 4 | |
| NK | **Powichrowski** | **Marcin** | *1996* | TKKF Herkules Warszawa | 117,91 | 0,42509 | 11 | **-180,0** | **-180,0** | **-180,0** | **0,0** | 0,000 | 0 | |
| | -- kat. 120+ -- S [kg] | | | | | | | RP = 252,5 | | | | | | |
| 1 | **Sadowski** | **Piotr** | *1993* | GKS Kraska Jasieniec | 137,35 | 0,39920 | 6 | **225,0** | **242,5** | **-253,0** | **242,5** | 96,805 | 12 | |
| 2 | **Stawiarski** | **Szymon** | *1998* | UKS Eugen Knurów | 123,34 | 0,41699 | 7 | **205,0** | **212,5** | **-215,0** | **212,5** | 88,611 | 9 | |

| Miejsce | Nazwisko i imię | | Rocznik | Klub | Waga ciała | Wsp. IPF GL | Nr start. | Wyciskanie leżąc 1 | 2 | 3 | WYNIK | Punkty IPF GL | Punkty | Uwagi |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | **MASTERS 1** | | | | | | | | | | |
| | -- kat. 59 -- M1 [kg] | | | | | | | RP = 162,5 | | | | | | |
| 1 | **Szymański** | **Sławomir** | *1985* | GKS Kraska Jasieniec | 56,09 | 0,62072 | 24 | **130,0** | **137,5** | **-145,0** | **137,5** | 85,348 | 12 | |
| 2 | **Plesiewicz** | **Piotr** | *1977* | GKS Kraska Jasieniec | 49,90 | 0,66308 | 33 | **70,0** | **80,0** | **92,5** | **92,5** | 61,335 | 9 | |
| | -- kat. 74 -- M1 [kg] | | | | | | | RP = 178 | | | | | | |
| 1 | **Balawejder** | **Adam** | *1981* | TKKF Azory Kraków | 73,50 | 0,53522 | 12 | **170,0** | **-175,0** | **177,5** | **177,5** | 95,002 | 12 | |
| 2 | **Wirek** | **Bartłomiej** | *1983* | Stow. Centrum Formy Dąbrowa Górnicza | 72,50 | 0,53915 | 1 | **172,5** | **175,0** | **-178,5** | **175,0** | 94,351 | 9 | |
| 3 | **Cieslik** | **Marcin** | *1979* | Klub Bokserski „Zagłębie Konin" | 73,00 | 0,53717 | 6 | **120,0** | **125,0** | **-127,5** | **125,0** | 67,147 | 8 | |
| | -- kat. 83 -- M1 [kg] | | | | | | | RP = 190 | | | | | | |
| 1 | **Gawron** | **Tomasz** | *1979* | Stow. Centrum Formy Dąbrowa Górnicza | 82,20 | 0,50480 | 10 | **177,5** | **185,0** | **-190,5** | **185,0** | 93,387 | 12 | |
| 2 | **Wierzchowski** | **Gabriel** | *1981* | SSS Masters Power Warka | 82,00 | 0,50543 | 14 | **135,0** | **140,0** | **145,0** | **145,0** | 73,287 | 9 | |
| 3 | **Łukasik** | **Paweł** | *1982* | KS Team Wrocław | 79,10 | 0,51493 | 21 | **135,0** | **-140,0** | **-140,0** | **135,0** | 69,516 | 8 | |
| | -- kat. 93 -- M1 [kg] | | | | | | | RP = 220 | | | | | | |
| 1 | **Jasica** | **Sławomir** | *1977* | TKKF Azory Kraków | 92,90 | 0,47469 | 18 | **177,5** | **180,0** | **185,0** | **185,0** | 87,818 | 12 | |
| 2 | **Wawrzyniec** | **Latus** | *1981* | Stow. Centrum Formy Dąbrowa Górnicza | 86,59 | 0,49160 | 36 | **-170,0** | **170,0** | **-180,0** | **170,0** | 83,571 | 9 | |
| NK | **Winiarski** | **Adam** | *1976* | MGKS Hutnik Pieńsk | 91,48 | 0,47830 | 22 | **-160,0** | **-160,0** | **-160,0** | **0,0** | 0,000 | 0 | |
| | -- kat. 105 -- M1 [kg] | | | | | | | RP = 228 | | | | | | |
| 1 | **Marciniak** | **Mariusz** | *1980* | KS Team Wrocław | 103,78 | 0,45020 | 37 | **190,0** | **197,5** | **202,5** | **202,5** | 91,166 | 12 | |
| 2 | **Kocot** | **Damian** | *1985* | Stow. Centrum Formy Dąbrowa Górnicza | 94,07 | 0,47179 | 39 | **130,0** | **140,0** | **-150,0** | **140,0** | 66,051 | 9 | |
| 3 | **Przybyłek** | **Łukasz** | *1985* | Stow. Centrum Formy Dąbrowa Górnicza | 95,36 | 0,46868 | 18 | **130,0** | **135,0** | **140,0** | **140,0** | 65,615 | 8 | |
| | -- kat. 120 -- M1 [kg] | | | | | | | RP = 242,5 | | | | | | |
| 1 | **Domański** | **Arkadiusz** | *1982* | SSS Masters Power Warka | 111,75 | 0,43525 | 36 | **-185,0** | **-185,0** | **185,0** | **185,0** | 80,521 | 12 | |
| 2 | **Kot** | **Sebastian** | *1985* | Stow. Centrum Formy Dąbrowa Górnicza | 106,88 | 0,44412 | 24 | **175,0** | **-182,5** | **-185,0** | **175,0** | 77,721 | 9 | |
| 3 | **Mroczek** | **Bartosz** | *1979* | KS Kobra Kościan | 109,40 | 0,43943 | 34 | **160,0** | **-167,5** | **-167,5** | **160,0** | 70,309 | 8 | |
| 4 | **Jeliński** | **Marcin** | *1976* | Stow. Centrum Formy Dąbrowa Górnicza | 112,84 | 0,43337 | 12 | **150,0** | **-157,5** | **-157,5** | **150,0** | 65,005 | 7 | |
| | -- kat. 120+ -- M1 [kg] | | | | | | | RP = 232,5 | | | | | | |
| 1 | **Wiejas** | **Robert** | *1977* | KS Tęcza-Społem Kielce | 147,96 | 0,38812 | 18 | **175,0** | **182,5** | **187,5** | **187,5** | 72,773 | 12 | |
| 2 | **Zbrowski** | **Paweł** | *1983* | PMKS Rybak Władysławowo | 125,01 | 0,41465 | 10 | **172,5** | **180,0** | **-182,5** | **180,0** | 74,637 | 9 | |
| 3 | **Bocionek** | **Tomasz** | *1976* | Stow. Centrum Formy Dąbrowa Górnicza | 127,43 | 0,41137 | 8 | **170,0** | **180,0** | **-185,0** | **180,0** | 74,046 | 8 | |
| 4 | **Stefańczyk** | **Rafał** | *1979* | SSS Masters Power Warka | 128,74 | 0,40965 | 13 | **145,0** | **-147,5** | **147,5** | **147,5** | 60,423 | 7 | |
| | | | | **MASTERS 2** | | | | | | | | | | |
| | -- kat. 74 -- M2 [kg] | | | | | | | RP = 147,5 | | | | | | |
| 1 | **Żelazko** | **Bartosz** | *1973* | TKKF Śródmieście Legnica | 73,80 | 0,53407 | 8 | **140,0** | **X** | **X** | **140,0** | 74,769 | 12 | |
| | -- kat. 83 -- M2 [kg] | | | | | | | RP = 160 | | | | | | |
| 1 | **Janus** | **Dariusz** | *1972* | KS Team Wrocław | 81,90 | 0,50575 | 23 | **140,0** | **145,0** | **150,0** | **150,0** | 75,862 | 12 | |
| 2 | **Dębicki** | **Tomasz** | *1974* | Stow. Centrum Formy Dąbrowa Górnicza | 82,00 | 0,50543 | 2 | **140,0** | **145,0** | **-147,5** | **145,0** | 73,287 | 9 | |
| | -- kat. 93 -- M2 [kg] | | | | | | | RP = 220 | | | | | | |
| 1 | **Kobus** | **Janusz** | *1970* | Klub Bokserski „Zagłębie Konin" | 89,92 | 0,48239 | 17 | **155,0** | **160,0** | **162,5** | **162,5** | 78,389 | 12 | |
| 2 | **Lis** | **Krzysztof** | *1974* | Stow. Centrum Formy Dąbrowa Górnicza | 92,34 | 0,47610 | 38 | **152,5** | **160,0** | **-162,5** | **160,0** | 76,176 | 9 | |
| 3 | **Berta** | **Dariusz** | *1975* | MKS Wicher Kobyłka | 91,31 | 0,47874 | 25 | **-135,0** | **135,0** | **145,0** | **145,0** | 69,417 | 8 | |
| | -- kat. 105 -- M2 [kg] | | | | | | | RP = 225 | | | | | | |
| 1 | **Kuć** | **Robert** | *1974* | Stow. Centrum Formy Dąbrowa Górnicza | 101,19 | 0,45557 | 28 | **130,0** | **142,5** | **150,0** | **150,0** | 68,335 | 12 | |
| 2 | **Makowski** | **Jarosław** | *1975* | Stow. Centrum Formy Dąbrowa Górnicza | 103,68 | 0,45040 | 20 | **130,0** | **140,0** | **-150,0** | **140,0** | 63,057 | 9 | |
| 3 | **Woliński** | **Tomasz** | *1970* | MKS Tur Ryki | 102,61 | 0,45259 | 8 | **110,0** | **115,0** | **-120,0** | **115,0** | 52,048 | 8 | |
| | -- kat. 120 -- M2 [kg] | | | | | | | RP = 193,5 | | | | | | |
| 1 | **Kowalik** | **Mikołaj** | *1971* | Stow. Centrum Formy Dąbrowa Górnicza | 113,55 | 0,43216 | 38 | **170,0** | **175,0** | **180,0** | **180,0** | 77,789 | 12 | |
| 2 | **Bembenek** | **Arkadiusz** | *1972* | KS Team Wrocław | 118,86 | 0,42362 | 26 | **165,0** | **172,5** | **175,0** | **175,0** | 74,133 | 9 | |
| 3 | **Steiner** | **Jacek** | *1971* | UKS Pover-Kuźnik Chorzów | 107,07 | 0,44376 | 29 | **-167,5** | **167,5** | **-172,5** | **167,5** | 74,330 | 8 | |
| 4 | **Malec** | **Mirosław** | *1967* | SSS Masters Power Warka | 117,32 | 0,42601 | 6 | **140,0** | **152,5** | **-170,0** | **152,5** | 64,967 | 7 | |

| Miejsce | Nazwisko i imię | | Rocznik | *Klub* | Waga ciała | Wsp. IPF GL | Nr start. | Wyciskanie leżąc | | | WYNIK | Punkty IPF GL | Punkty | Uwagi |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | 1 | 2 | 3 | | | | |
| **MASTERS 3** | | | | | | | | | | | | | | |
| -- kat. 74 -- M3 [kg] | | | | | | | | RP = 125 | | | | | | |
| 1 | **Soliwodzki** | **Włodzimierz** | *1956* | LKS Grom Przasnysz | 72,20 | 0,54034 | 11 | **107,5** | **-112,5** | **115,0** | **115,0** | 62,139 | 12 | |
| -- kat. 83 -- M3 [kg] | | | | | | | | RP = 157,5 | | | | | | |
| 1 | **Rajtar** | **Adam** | *1963* | TKKF Azory Kraków | 81,10 | 0,50831 | 15 | **-110,0** | **110,0** | **-115,0** | **110,0** | 55,914 | 12 | |
| 2 | **Kokociński** | **Włodzimierz** | *1962* | Klub Bokserski „Zagłębie Konin" | 81,60 | 0,50670 | 4 | **75,0** | **80,0** | **85,0** | **85,0** | 43,070 | 9 | |
| -- kat. 93 -- M3 [kg] | | | | | | | | RP = 190,5 | | | | | | |
| 1 | **Wegiera** | **Jan** | *1965* | KSSSiKW Wiking Starachowice | 91,86 | 0,47732 | 42 | **185,0** | **192,5** | **-197,5** | **192,5** | 91,885 | 12 | |
| -- kat. 105 -- M3 [kg] | | | | | | | | RP = 202,5 | | | | | | |
| 1 | **Woźniak** | **Waldemar** | *1961* | AZS Politechnika Warszawska Warszawa | 98,14 | 0,46224 | 2 | **170,0** | **175,0** | **X** | **175,0** | 80,891 | 12 | |
| -- kat. 120 -- M3 [kg] | | | | | | | | RP = 200 | | | | | | |
| 1 | **Wieczorek** | **Krzysztof** | *1960* | SSS Masters Power Warka | 105,97 | 0,44587 | 1 | **135,0** | **140,0** | **147,5** | **147,5** | 65,766 | 12 | |
| 2 | **Szymański** | **Mariusz** | *1962* | TKKF Herkules Warszawa | 111,93 | 0,43494 | 35 | **120,0** | **X** | **X** | **120,0** | 52,192 | 9 | |
| **MASTERS 4** | | | | | | | | | | | | | | |
| -- kat. 74 -- M4 [kg] | | | | | | | | RP = 120 | | | | | | |
| 1 | **Bieńczyk** | **Ryszard** | *1953* | MKS Tur Ryki | 71,60 | 0,54276 | 28 | **90,0** | **95,0** | **100,0** | **100,0** | 54,276 | 12 | |
| -- kat. 93 -- M4 [kg] | | | | | | | | RP = 182,5 | | | | | | |
| 1 | **Gottfired** | **Marian** | *1947* | UKS Pover-Kuźnik Chorzów | 87,34 | 0,48947 | 44 | **70,0** | **80,0** | **82,5** | **82,5** | 40,381 | 12 | |
| -- kat. 105 -- M4 [kg] | | | | | | | | RP = 192 | | | | | | |
| 1 | **Mentel** | **Stanisław** | *1954* | Stow. Centrum Formy Dąbrowa Górnicza | 100,66 | 0,45670 | 5 | **175,0** | **-192,5** | **192,5** | **192,5** | 87,914 | 12 | |

BL - brak limitu
NK - niesklasyfikowany
NB - nieobecny
BA - badanie antydopingowe, wynik tymczasowy
DB - dyskwalifikacja za nieobecność podczas ceremonii wręczania medali

Sędzia głowny zawodów: Włodzimierz Laskowski
Sekretarz: Arkadiusz Znojek
Data wykonania: 2025-11-23
Wersja: 1.01

**POLSKI ZWIĄZEK KULTURYSTYKI, FITNESS I TRÓJBOJU SIŁOWEGO**

# Mistrzostwa Polski w Wyciskaniu Leżąc Klasycznym
# Jasieniec, 22-23 listopada 2025

## KLASYFIKACJA NAJLEPSZEJ ZAWODNICZKI

### Młodziczki

| Miejsce | Nazwisko i imię | | Rocznik | *Klub* | Punkty IPF GL | Waga ciała | Współ. IPF GL | Wynik | Uwagi |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Krzyżanowska | Iga | 2011 | *GKS Kraska Jasieniec* | **63,511508** | 69,70 | 0,79389 | 80,0 | |
| 2 | Monica | Marta | 2009 | *KS Team Wrocław* | **56,537047** | 67,10 | 0,80767 | 70,0 | |
| 3 | Zyskowska | Julia | 2009 | *VIP Team Grajewo* | **50,814341** | 51,37 | 0,96789 | 52,5 | |
| 4 | Lisakowska | Honorata | 2011 | *MOKSIR Jastarnia* | **45,016601** | 56,05 | 0,90033 | 50,0 | |
| 5 | Wilk | Alicja | 2010 | *KS Tęcza-Społem Kielce* | **44,431437** | 61,48 | 0,84631 | 52,5 | |
| 6 | Rakoczy | Maria | 2009 | *Stow. Centrum Formy Dąbrowa Górnicza* | **42,931276** | 60,05 | 0,85863 | 50,0 | |
| 7 | Chodera | Martyna | 2011 | *KS Tęcza-Społem Kielce* | **39,296056** | 44,79 | 1,12274 | 35,0 | |
| 8 | Narkowicz | Ewa | 2011 | *MOKSIR Jastarnia* | **38,356514** | 55,87 | 0,90251 | 42,5 | |
| 9 | Nowak | Zuzanna | 2010 | *MOKSIR Jastarnia* | **38,098874** | 61,44 | 0,84664 | 45,0 | |
| 10 | Lisakowska | Bernadeta | 2010 | *MOKSIR Jastarnia* | **36,753371** | 89,80 | 0,73507 | 50,0 | |
| 11 | Struck | Marietta | 2011 | *MOKSIR Jastarnia* | **29,796802** | 46,11 | 1,08352 | 27,5 | |
| 12 | Jackowska | Hanna | 2010 | *GKS Kraska Jasieniec* | **29,607107** | 55,19 | 0,91099 | 32,5 | |
| 13 | Chruścicka | Agnieszka | 2011 | *KS Kobra Kościan* | **25,707769** | 70,30 | 0,79101 | 32,5 | |

### Juniorki młodsze

| Miejsce | Nazwisko i imię | | Rocznik | *Klub* | Punkty IPF | Waga ciała | Współ. IPF | Wynik | Uwagi |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Kamińska | Weronika | 2007 | *Stow. Centrum Formy Dąbrowa Górnicza* | **70,801611** | 76,80 | 0,76542 | 92,5 | |
| 2 | Tomczyńska | Liliana | 2007 | *KS Team Wrocław* | **66,863432** | 59,60 | 0,86275 | 77,5 | |
| 3 | Znojek | Zuzanna | 2008 | *KS Tęcza-Społem Kielce* | **53,007994** | 51,61 | 0,96378 | 55,0 | |
| 4 | Kobrzyńska | Liwia | 2008 | *KS Spartakus Nasielsk* | **52,207948** | 67,90 | 0,80320 | 65,0 | |
| 5 | Dzieżok | Sandra | 2007 | *UKS Eugen Knurów* | **51,324776** | 60,41 | 0,85541 | 60,0 | |
| 6 | Konieczna | Antonina | 2008 | *Stow. Centrum Formy Dąbrowa Górnicza* | **50,465297** | 83,30 | 0,74763 | 67,5 | |
| 7 | Ardeli | Natalia | 2007 | *MGKS Hutnik Pieńsk* | **50,320153** | 74,30 | 0,77416 | 65,0 | |
| 8 | Górny | Oliwia | 2008 | *UKS Pover-Kuźnik Chorzów* | **44,278238** | 61,84 | 0,84340 | 52,5 | |
| 9 | Pijanowska | Wiktoria | 2008 | *MGKS Hutnik Pieńsk* | **43,510551** | 97,10 | 0,72518 | 60,0 | |
| 10 | Kosecka | Karolina | 2008 | *KS Tęcza-Społem Kielce* | **40,667701** | 55,77 | 0,90373 | 45,0 | |

## Juniorki

| Miejsce | Nazwisko i imię | | Rocznik | *Klub* | Punkty IPF | Waga ciała | Współ. IPF | Wynik | Uwagi |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Demiańczuk | Nadia | 2005 | *KS Tęcza-Społem Kielce* | **75,755086** | 56,83 | 0,89124 | 85,0 | |
| 2 | Bandurska | Julia | 2005 | *KSSSiKW Wiking Starachowice* | **72,268768** | 55,80 | 0,90336 | 80,0 | |
| 3 | Nowak | Natalia | 2006 | *KS Team Wrocław* | **71,904488** | 68,70 | 0,79894 | 90,0 | |
| 4 | Kontek | Wiktoria | 2006 | *KS Team Wrocław* | **69,923914** | 49,70 | 0,99891 | 70,0 | |
| 5 | Janaszek | Martyna | 2005 | *Stow. Centrum Formy Dąbrowa Górnicza* | **67,908801** | 55,63 | 0,90545 | 75,0 | |
| 6 | Pietrykowska | Justyna | 2005 | *UKS Eugen Knurów* | **60,247776** | 93,00 | 0,73028 | 82,5 | |
| 7 | Bubrowska | Julia | 2006 | *TKKF Herkules Warszawa* | **60,038423** | 68,40 | 0,80051 | 75,0 | |
| 8 | Mejka | Julia | 2006 | *LUKS Zamek-Expom Kurzętnik* | **57,319913** | 106,90 | 0,71650 | 80,0 | |
| 9 | Nowik | Julia | 2006 | *KS Team Wrocław* | **57,211537** | 65,50 | 0,81731 | 70,0 | |
| 10 | Szachmytowska | Lena | 2006 | *LKS Nadwiślanin Kwidzyn* | **51,635016** | 69,60 | 0,79438 | 65,0 | |
| 11 | Załuska-Noui | Zofia | 2006 | *UKS Eugen Knurów* | **48,632931** | 101,80 | 0,72049 | 67,5 | |
| 12 | Ulewińska | Beata | 2005 | *KSSSiKW Wiking Starachowice* | **47,346457** | 79,40 | 0,75754 | 62,5 | |
| 13 | Krawczyk | Lilianna | 2006 | *Stow. Sportowe Wariacje Skierniewice* | **46,252171** | 75,20 | 0,77087 | 60,0 | |
| 14 | Pietrucha | Katarzyna | 2006 | *Stow. Centrum Formy Dąbrowa Górnicza* | **43,672641** | 51,22 | 0,97050 | 45,0 | |
| 15 | Celińska | Małgorzata | 2006 | *KS Impuls Ostrowiec Świętokrzyski* | **41,413146** | 81,10 | 0,75297 | 55,0 | |

## Młodzieżowcy

| Miejsce | Nazwisko i imię | | Rocznik | *Klub* | Punkty IPF | Waga ciała | Współ. IPF | Wynik | Uwagi |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Bartl | Nina | 2004 | *KS Team Wrocław* | **86,447960** | 75,90 | 0,76843 | 112,5 | |
| 2 | Kuberska | Julia | 2002 | *Stow. Centrum Formy Dąbrowa Górnicza* | **79,312724** | 74,40 | 0,77378 | 102,5 | |
| 3 | Opioła | Aleksandra | 2003 | *KS Team Wrocław* | **78,882936** | 90,60 | 0,73379 | 107,5 | BA |
| 4 | Zapotoczna | Wiktoria | 2004 | *TKKF Azory Kraków* | **77,235714** | 60,10 | 0,85817 | 90,0 | |
| 5 | Pashko | Anastasiia | 2003 | *UKS Eugen Knurów* | **76,252251** | 68,00 | 0,80266 | 95,0 | BA |
| 6 | Dankowska | Wiktoria | 2004 | *KSSSiKW Wiking Starachowice* | **64,031161** | 60,60 | 0,85375 | 75,0 | |
| 7 | Wasilewska | Natalia | 2003 | *Stow. Centrum Formy Dąbrowa Górnicza* | **58,083916** | 51,36 | 0,96807 | 60,0 | |
| 8 | Skowrońska | Monika | 2002 | *Stow. Centrum Formy Dąbrowa Górnicza* | **57,930360** | 56,83 | 0,89124 | 65,0 | |
| 9 | Duklas | Milena | 2004 | *MKS Wicher Kobyłka* | **53,462444** | 64,70 | 0,82250 | 65,0 | |
| 10 | Dajka | Aleksandra | 2004 | *UKS Pover-Kuźnik Chorzów* | **46,470261** | 45,76 | 1,09342 | 42,5 | |

## Seniorki

| Miejsce | Nazwisko i imię | | Rocznik | *Klub* | Punkty IPF | Waga ciała | Współ. IPF | Wynik | Uwagi |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Kozdryk | Justyna | 1980 | *GKS Kraska Jasieniec* | **104,232385** | 45,63 | 1,09718 | 95,0 | |
| 2 | Szarek | Justyna | 2001 | *Stow. Centrum Formy Dąbrowa Górnicza* | **80,866969** | 75,40 | 0,77016 | 105,0 | |
| 3 | Tomczak | Nina | 2001 | *KS Team Wrocław* | **80,596203** | 61,23 | 0,84838 | 95,0 | |
| 4 | Kuberska | Julia | 2002 | *Stow. Centrum Formy Dąbrowa Górnicza* | **79,312724** | 74,40 | 0,77378 | 102,5 | |
| 5 | Opioła | Aleksandra | 2003 | *KS Team Wrocław* | **78,882936** | 90,60 | 0,73379 | 107,5 | BA |
| 6 | Zapotoczna | Wiktoria | 2004 | *TKKF Azory Kraków* | **77,235714** | 60,10 | 0,85817 | 90,0 | |
| 7 | Pashko | Anastasiia | 2003 | *UKS Eugen Knurów* | **76,252251** | 68,00 | 0,80266 | 95,0 | BA |
| 8 | Zimmermann | Agnieszka | 1994 | *Stow. Atletyki Ciężkiej Ursus Krotoszyn* | **75,027235** | 46,54 | 1,07182 | 70,0 | |
| 9 | Cichecka | Dominika | 1997 | *KS Team Wrocław* | **72,465797** | 55,60 | 0,90582 | 80,0 | |
| 10 | Świstara | Natalia | 1999 | *KS Kobra Kościan* | **71,765406** | 69,00 | 0,79739 | 90,0 | |
| 11 | Kamińska | Weronika | 2007 | *Stow. Centrum Formy Dąbrowa Górnicza* | **70,801611** | 76,80 | 0,76542 | 92,5 | |
| 12 | Walczykiewicz | Daria | 1982 | *Klub Bokserski „Zagłębie Konin”* | **69,952760** | 68,60 | 0,79946 | 87,5 | |
| 13 | Radwańska | Jadwiga | 1975 | *TKKF Azory Kraków* | **69,878437** | 55,94 | 0,90166 | 77,5 | |
| 14 | Szostak | Aleksandra | 1981 | *UKS Pover-Kuźnik Chorzów* | **69,710808** | 56,12 | 0,89949 | 77,5 | |
| 15 | Janaszek | Martyna | 2005 | *Stow. Centrum Formy Dąbrowa Górnicza* | **67,908801** | 55,63 | 0,90545 | 75,0 | |
| 16 | Majerska | Karolina | 1995 | *Stow. Centrum Formy Dąbrowa Górnicza* | **67,561722** | 61,70 | 0,84452 | 80,0 | |
| 17 | Krzyżanowska | Iga | 2011 | *GKS Kraska Jasieniec* | **63,511508** | 69,70 | 0,79389 | 80,0 | |
| 18 | Kowalska | Agata | 1993 | *UKS Pover-Kuźnik Chorzów* | **63,105891** | 101,00 | 0,72121 | 87,5 | |
| 19 | Pietrykowska | Justyna | 2005 | *UKS Eugen Knurów* | **60,247776** | 93,00 | 0,73028 | 82,5 | |
| 20 | Kacprzyk | Julia | 2001 | *GKS Kraska Jasieniec* | **60,180956** | 63,60 | 0,83008 | 72,5 | |
| 21 | Buczek | Aleksandra | 1978 | *UKS Pover-Kuźnik Chorzów* | **58,335023** | 81,20 | 0,75271 | 77,5 | |
| 22 | Wasilewska | Natalia | 2003 | *Stow. Centrum Formy Dąbrowa Górnicza* | **58,083916** | 51,36 | 0,96807 | 60,0 | |
| 23 | Mejka | Julia | 2006 | *LUKS Zamek-Expom Kurzętnik* | **57,319913** | 106,90 | 0,71650 | 80,0 | |
| 24 | Rzemieniak | Katarzyna | 1999 | *GKS Kraska Jasieniec* | **57,043149** | 58,09 | 0,87759 | 65,0 | |
| 25 | Karus-Wysocka | Katarzyna | 1985 | *TKKF Azory Kraków* | **51,269955** | 78,70 | 0,75955 | 67,5 | |
| 26 | Dajka | Aleksandra | 2004 | *UKS Pover-Kuźnik Chorzów* | **46,470261** | 45,76 | 1,09342 | 42,5 | |
| 27 | Nadolna | Wiktoria | 1999 | *KS Team Wrocław* | **45,297738** | 49,32 | 1,00662 | 45,0 | |
| 28 | Górny | Oliwia | 2008 | *UKS Pover-Kuźnik Chorzów* | **44,278238** | 61,84 | 0,84340 | 52,5 | |

## Wszystkie weteranki

| Miejsce | Nazwisko i imię | | Rocznik | *Klub* | Punkty IPF | Waga ciała | Współ. IPF | Wynik | Uwagi |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Kozdryk | Justyna | 1980 | *GKS Kraska Jasieniec* | **104,232385** | 45,63 | 1,09718 | 95,0 | |
| 2 | Walczykewicz | Daria | 1982 | *Klub Bokserski „Zagłębie Konin”* | **70,352490** | 68,60 | 0,79946 | 88,0 | |
| 3 | Radwańska | Jadwiga | 1975 | *TKKF Azory Kraków* | **69,878437** | 55,94 | 0,90166 | 77,5 | |
| 4 | Szostak | Aleksandra | 1981 | *UKS Pover-Kuźnik Chorzów* | **69,710808** | 56,12 | 0,89949 | 77,5 | |
| 5 | Buczek | Aleksandra | 1978 | *UKS Pover-Kuźnik Chorzów* | **58,335023** | 81,20 | 0,75271 | 77,5 | |
| 6 | Gładysz | Magdalena | 1981 | *Stow. Centrum Formy Dąbrowa Górnicza* | **55,207649** | 70,80 | 0,78868 | 70,0 | |
| 7 | Karus-Wysocka | Katarzyna | 1985 | *TKKF Azory Kraków* | **51,269955** | 78,70 | 0,75955 | 67,5 | |
| 8 | Piktel-Brzeska | Magdalena | 1974 | *VIP Team Grajewo* | **48,827184** | 50,88 | 0,97654 | 50,0 | |
| 9 | Frankiewicz | Anna | 1984 | *KS Kobra Kościan* | **47,025257** | 56,44 | 0,89572 | 52,5 | |
| 10 | Dabrowska-Posała | Agnieszka | 1979 | *KS Kobra Kościan* | **43,431427** | 51,53 | 0,96514 | 45,0 | |
| 11 | Szymkowiak | Maria | 1961 | *KS Kobra Kościan* | **43,156282** | 71,70 | 0,78466 | 55,0 | |
| 12 | Koszuta | Justyna | 1974 | *Stow. Centrum Formy Dąbrowa Górnicza* | **42,167958** | 67,90 | 0,80320 | 52,5 | |
| 13 | Kołodziejczyk | Joanna | 1980 | *Stow. Centrum Formy Dąbrowa Górnicza* | **42,105382** | 53,39 | 0,93568 | 45,0 | |
| 14 | Ferdynus | Elżbieta | 1973 | *Stow. Centrum Formy Dąbrowa Górnicza* | **41,607142** | 58,25 | 0,87594 | 47,5 | |
| 15 | Świerc | Aleksandra | 1985 | *Stow. Centrum Formy Dąbrowa Górnicza* | **41,120728** | 51,39 | 0,96755 | 42,5 | |
| 16 | Kokot-Drzyzga | Gabriela | 1981 | *Stow. Centrum Formy Dąbrowa Górnicza* | **40,663316** | 46,08 | 1,08436 | 37,5 | |
| 17 | Majorczyk | Hanna | 1977 | *KS Kobra Kościan* | **40,527192** | 74,90 | 0,77195 | 52,5 | |
| 18 | Morawiec | Anna | 1982 | *Stow. Centrum Formy Dąbrowa Górnicza* | **39,311541** | 82,80 | 0,74879 | 52,5 | |
| 19 | Janoszka | Patrycja | 1977 | *Stow. Centrum Formy Dąbrowa Górnicza* | **39,098999** | 117,30 | 0,71089 | 55,0 | |
| 20 | Ucińska | Anna | 1980 | *SSS Masters Power Warka* | **38,524180** | 51,65 | 0,96310 | 40,0 | |
| 21 | Włodarczyk | Anna | 1983 | *Stow. Centrum Formy Dąbrowa Górnicza* | **33,541178** | 62,46 | 0,83853 | 40,0 | |
| 22 | Kamińska | Beata | 1970 | *Stow. Centrum Formy Dąbrowa Górnicza* | **28,248533** | 67,20 | 0,80710 | 35,0 | |

**POLSKI ZWIĄZEK KULTURYSTYKI, FITNESS I TRÓJBOJU SIŁOWEGO**

# Mistrzostwa Polski w Wyciskaniu Leżąc Klasycznym
# Jasieniec, 22-23 listopada 2025

## KLASYFIKACJA NAJLEPSZEGO ZAWODNIKA

### Młodzicy

| Miejsce | Nazwisko i imię | | Rocznik | *Klub* | Punkty IPF GL | Waga ciała | Współ. IPF GL | Wynik | Uwagi |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Kokoszka | Wiktor | 2009 | *Stow. Centrum Formy Dąbrowa Górnicza* | **81,061496** | 89,34 | 0,48395 | 167,5 | |
| 2 | Tymczyszyn | Dawid | 2009 | *KS Team Wrocław* | **71,567444** | 64,88 | 0,57254 | 125,0 | |
| 3 | Sokołek | Konrad | 2009 | *MGKS Hutnik Pieńsk* | **67,983337** | 79,65 | 0,51308 | 132,5 | |
| 4 | Baranowski | Tobiasz | 2009 | *KS Family Team Wyszków* | **66,282291** | 77,67 | 0,51986 | 127,5 | |
| 5 | Michon | Matthew | 2009 | *AZS Wojskowa Akademia Techniczna Warszawa* | **64,000632** | 100,45 | 0,45715 | 140,0 | |
| 6 | Kłos | Oliwier | 2009 | *Stow. Sportowe Puławy* | **63,537220** | 72,10 | 0,54074 | 117,5 | |
| 7 | Rasz | Jan | 2009 | *KS Mazurski Lift* | **62,439357** | 80,67 | 0,50971 | 122,5 | |
| 8 | Paszkiel | Sebastian | 2009 | *KS Impuls Ostrowiec Świętokrzyski* | **61,574703** | 56,90 | 0,61575 | 100,0 | |
| 9 | Basaj | Mateusz | 2009 | *Stow. Sportowe Avangarda Puławy* | **60,591813** | 89,05 | 0,48473 | 125,0 | |
| 10 | Topór-Huciański | Stanisław | 2010 | *KSSSiKW Wiking Starachowice* | **60,433030** | 89,52 | 0,48346 | 125,0 | |
| 11 | Omasta | Krzysztof | 2010 | *KS Tęcza-Społem Kielce* | **60,239552** | 105,79 | 0,44622 | 135,0 | |
| 12 | Berger | Daniel | 2009 | *Stow. Centrum Formy Dąbrowa Górnicza* | **60,052868** | 80,25 | 0,51109 | 117,5 | |
| 13 | Mierzejewski | Marek | 2009 | *UKS Pover-Kuźnik Chorzów* | **59,242572** | 93,20 | 0,47394 | 125,0 | |
| 14 | Gajdziński | Klaudiusz | 2010 | *Klub Bokserski „Zagłębie Konin”* | **57,734039** | 58,25 | 0,60773 | 95,0 | |
| 15 | Nakwacki | Władysław | 2009 | *UKS Pover-Kuźnik Chorzów* | **56,802063** | 131,83 | 0,40573 | 140,0 | |
| 16 | Kotelnicki | Kacper | 2009 | *MGKS Hutnik Pieńsk* | **55,931022** | 70,89 | 0,54567 | 102,5 | |
| 17 | Kubica | Marcel | 2010 | *UKS Eugen Knurów* | **54,827232** | 105,10 | 0,44757 | 122,5 | |
| 18 | Bem | Dawid | 2010 | *UKS Pover-Kuźnik Chorzów* | **54,665853** | 115,61 | 0,42875 | 127,5 | |
| 19 | Botor | Łukasz | 2010 | *UKS Eugen Knurów* | **54,337228** | 78,35 | 0,51750 | 105,0 | |
| 20 | Czarnota | Nikoś | 2009 | *TKKF Śródmieście Legnica* | **52,898056** | 58,80 | 0,60455 | 87,5 | |
| 21 | Stradomski | Michał | 2009 | *LKS Grom Przasnysz* | **51,780378** | 82,08 | 0,50517 | 102,5 | |
| 22 | Kohnke | Franciszek | 2009 | *MOKSIR Jastarnia* | **51,541619** | 64,85 | 0,57268 | 90,0 | |
| 23 | Zinek | Wojciech | 2009 | *MGKS Hutnik Pieńsk* | **50,760383** | 119,26 | 0,42300 | 120,0 | |
| 24 | Olbiński | Mikołaj | 2010 | *MGKS Hutnik Pieńsk* | **50,501125** | 70,82 | 0,54596 | 92,5 | |
| 25 | Witczak | Krystian | 2009 | *GKS Kraska Jasieniec* | **49,453536** | 77,47 | 0,52056 | 95,0 | |
| 26 | Maćkowski | Igor | 2011 | *UKS Eugen Knurów* | **48,955011** | 101,27 | 0,45540 | 107,5 | |
| 27 | Noga | Jan | 2009 | *GKS Kraska Jasieniec* | **48,899396** | 79,16 | 0,51473 | 95,0 | |
| 28 | Ekiel | Mieszko | 2009 | *GKS Kraska Jasieniec* | **48,444108** | 80,60 | 0,50994 | 95,0 | |
| 29 | Vadym | Mutsyn | 2009 | *Stow. Centrum Formy Dąbrowa Górnicza* | **48,394446** | 80,76 | 0,50942 | 95,0 | |
| 30 | Bartnik | Wiktor | 2009 | *GKS Kraska Jasieniec* | **48,212445** | 66,00 | 0,56721 | 85,0 | |
| 31 | Hermann | Michał | 2010 | *MOKSIR Jastarnia* | **47,495038** | 71,59 | 0,54280 | 87,5 | |
| 32 | Śmietana | Dawid | 2010 | *UKS Pover-Kuźnik Chorzów* | **47,054235** | 72,85 | 0,53776 | 87,5 | |
| 33 | Lenc | Ksawery | 2009 | *MOKSIR Jastarnia* | **45,523763** | 73,41 | 0,53557 | 85,0 | |
| 34 | Kołnacki | Mateusz | 2010 | *MOKSIR Jastarnia* | **45,310061** | 113,93 | 0,43152 | 105,0 | |
| 35 | Winiarski | Antoni | 2010 | *MGKS Hutnik Pieńsk* | **45,004114** | 63,23 | 0,58070 | 77,5 | |
| 36 | Król | Antoni | 2010 | *UKS Eugen Knurów* | **42,925223** | 57,32 | 0,61322 | 70,0 | |
| 37 | Piwoński | Paweł | 2009 | *TKKF Herkules Warszawa* | **40,582022** | 103,43 | 0,45091 | 90,0 | |
| 38 | Partyka | Igor | 2010 | *UKS Pover-Kuźnik Chorzów* | **40,000169** | 65,11 | 0,57143 | 70,0 | |
| 39 | Orłów | Dawid | 2010 | *UKS Pover-Kuźnik Chorzów* | **35,352358** | 88,00 | 0,48762 | 72,5 | |
| 40 | Juras | Franciszek | 2011 | *SSS Masters Power Warka* | **34,553177** | 74,45 | 0,53159 | 65,0 | |
| 41 | Konkel | Franciszek | 2009 | *MOKSIR Jastarnia* | **34,513076** | 122,40 | 0,41834 | 82,5 | |
| 42 | Okoń | Wiktor | 2011 | *MOKSIR Jastarnia* | **32,213819** | 52,50 | 0,64428 | 50,0 | |
| 43 | Kohnke | Adam | 2011 | *MOKSIR Jastarnia* | **30,849674** | 127,46 | 0,41133 | 75,0 | |
| 44 | Struck | Mikołaj | 2011 | *MOKSIR Jastarnia* | **24,944607** | 43,96 | 0,71270 | 35,0 | |

## Juniorzy młodsi

| Miejsce | Nazwisko i imię | | Rocznik | *Klub* | Punkty IPF | Waga ciała | Współ. IPF | Wynik | Uwagi |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Iwaniuk | Adrian | 2007 | *KS Team Wrocław* | **81,669517** | 90,67 | 0,48041 | 170,0 | |
| 2 | Gawlak-Socka | Jan | 2008 | *KSSSiKW Wiking Starachowice* | **80,471246** | 82,79 | 0,50295 | 160,0 | |
| 3 | Michałowicz | Iwo | 2007 | *KS Mazurski Lift* | **80,268881** | 80,69 | 0,50964 | 157,5 | |
| 4 | Trzciałkowski | Jakub | 2008 | *KS Team Wrocław* | **79,550022** | 82,11 | 0,50508 | 157,5 | |
| 5 | Kawecki | Mikołaj | 2008 | *LKS Grom Przasnysz* | **78,494933** | 116,22 | 0,42777 | 183,5 | |
| 6 | Komisarski | Kacper | 2008 | *KSSSiKW Wiking Starachowice* | **77,332776** | 89,57 | 0,48333 | 160,0 | |
| 7 | Staniszewski | Piotr | 2008 | *KS Team Wrocław* | **75,479132** | 100,31 | 0,45745 | 165,0 | |
| 8 | Dubiński | Kamil | 2007 | *SSS Masters Power Warka* | **72,223981** | 73,56 | 0,53499 | 135,0 | |
| 9 | Habros | Jakub | 2007 | *MKS Tur Ryki* | **71,951308** | 82,16 | 0,50492 | 142,5 | |
| 10 | Olszewski | Jakub | 2007 | *Stow. Centrum Formy Dąbrowa Górnicza* | **71,139396** | 118,15 | 0,42471 | 167,5 | |
| 11 | Pietrzyk | Mateusz | 2007 | *Stow. Centrum Formy Dąbrowa Górnicza* | **69,456369** | 56,63 | 0,61739 | 112,5 | |
| 12 | Jankowski | Jan | 2007 | *MKS Tur Ryki* | **69,126526** | 79,96 | 0,51205 | 135,0 | |
| 13 | Kania | Piotr | 2007 | *KS Tęcza-Społem Kielce* | **68,710643** | 90,00 | 0,48218 | 142,5 | |
| 14 | Cenkiel | Piotr | 2008 | *Stow. Sportowe Avangarda Puławy* | **68,154192** | 91,49 | 0,47828 | 142,5 | |
| 15 | Wilewski | Filip | 2008 | *GKS Kraska Jasieniec* | **67,041763** | 65,29 | 0,57057 | 117,5 | |
| 16 | Małek | Piotr | 2007 | *KS Team Wrocław* | **66,746627** | 110,37 | 0,43768 | 152,5 | |
| 17 | Smoliński | Mateusz | 2008 | *KS Team Wrocław* | **65,708935** | 88,32 | 0,48673 | 135,0 | |
| 18 | Wąsacz | Igor | 2007 | *LUKS Zieloni Łańcut* | **65,627473** | 82,19 | 0,50483 | 130,0 | |
| 19 | Skowroński | Kacper | 2007 | *UKS Pover-Kuźnik Chorzów* | **64,221225** | 65,23 | 0,57086 | 112,5 | |
| 20 | Płatek | Wiktor | 2007 | *KS Impuls Ostrowiec Świętokrzyski* | **62,877730** | 96,60 | 0,46576 | 135,0 | |
| 21 | Siemieniewski | Oliwier | 2007 | *KS Family Team Wyszków* | **62,733308** | 86,44 | 0,49203 | 127,5 | |
| 22 | Białach | Natan | 2007 | *MKS Tur Ryki* | **61,149405** | 80,71 | 0,50958 | 120,0 | |
| 23 | Budziszewski | Stanisław | 2008 | *TKKF Herkules Warszawa* | **60,944324** | 66,06 | 0,56692 | 107,5 | |
| 24 | Kalbarczyk | Kuba | 2007 | *MKS Tur Ryki* | **60,849923** | 84,83 | 0,49673 | 122,5 | |
| 25 | Mularczyk | Piotr | 2008 | *KS Team Wrocław* | **60,419590** | 89,56 | 0,48336 | 125,0 | |
| 26 | Ślęk | Michał | 2008 | *LUKS Zieloni Łańcut* | **60,377346** | 64,37 | 0,57502 | 105,0 | |
| 27 | Majchrzyk | Kacper | 2007 | *KS Tęcza-Społem Kielce* | **60,186215** | 90,26 | 0,48149 | 125,0 | |
| 28 | Leśnowolski | Piotr | 2008 | *SSS Masters Power Warka* | **57,733497** | 73,03 | 0,53706 | 107,5 | |
| 29 | Gajewski | Grzegorz | 2008 | *GKS Kraska Jasieniec* | **56,970536** | 68,51 | 0,55581 | 102,5 | |
| 30 | Sokołowski | Bartosz | 2008 | *Stow. Centrum Formy Dąbrowa Górnicza* | **56,182331** | 73,54 | 0,53507 | 105,0 | |
| 31 | Skrzypczak | Dominik | 2008 | *SSS Masters Power Warka* | **55,870015** | 56,08 | 0,62078 | 90,0 | |
| 32 | Grabowski | Sebastian | 2008 | *MGKS Hutnik Pieńsk* | **55,377408** | 90,24 | 0,48154 | 115,0 | |
| 33 | Beśka | Stanisław | 2007 | *KS Team Wrocław* | **54,366383** | 93,68 | 0,47275 | 115,0 | |
| 34 | Balicki | Karol | 2007 | *MOKSIR Jastarnia* | **53,437091** | 106,26 | 0,44531 | 120,0 | |
| 35 | Kozłowski | Szymon | 2008 | *KS Team Wrocław* | **53,377764** | 60,86 | 0,59309 | 90,0 | |
| 36 | Kępka | Kacper | 2007 | *MKS Tur Ryki* | **50,895183** | 93,40 | 0,47344 | 107,5 | |
| 37 | Drążkiewicz | Bartłomiej | 2008 | *GKS Kraska Jasieniec* | **50,303254** | 71,34 | 0,54382 | 92,5 | |

## Juniorzy

| Miejsce | Nazwisko i imię | | Rocznik | *Klub* | Punkty IPF | Waga ciała | Współ. IPF | Wynik | Uwagi |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Malanowicz | Kamil | 2005 | *KS Tęcza-Społem Kielce* | **88,332317** | 117,52 | 0,42570 | 207,5 | |
| 2 | Mateusiak | Hubert | 2006 | *KS Team Wrocław* | **87,252358** | 79,60 | 0,51325 | 170,0 | |
| 3 | Zając | Mikołaj | 2005 | *KS Team Wrocław* | **81,230034** | 103,25 | 0,45128 | 180,0 | BA |
| 4 | Serba | Michał | 2006 | *KS Kobra Kościan* | **80,046345** | 91,64 | 0,47789 | 167,5 | BA |
| 5 | Spyra | Przemysław | 2006 | *Stow. Centrum Formy Dąbrowa Górnicza* | **77,956866** | 88,14 | 0,48723 | 160,0 | |
| 6 | Włoch | Paweł | 2006 | *TKKF Azory Kraków* | **77,029448** | 82,10 | 0,50511 | 152,5 | |
| 7 | Lewandowski | Szymon | 2005 | *GKS Kraska Jasieniec* | **76,837168** | 79,90 | 0,51225 | 150,0 | |
| 8 | Bałchanowski | Stanisław | 2005 | *KS Tęcza-Społem Kielce* | **75,291862** | 65,78 | 0,56824 | 132,5 | |
| 9 | Kasprzak | Michał | 2006 | *KS Team Wrocław* | **74,108650** | 91,55 | 0,47812 | 155,0 | |
| 10 | Met | Konrad | 2006 | *KS Tęcza-Społem Kielce* | **74,087002** | 65,43 | 0,56990 | 130,0 | |
| 11 | Łydek | Wiktor | 2006 | *Stow. Centrum Formy Dąbrowa Górnicza* | **73,548688** | 89,96 | 0,48229 | 152,5 | |
| 12 | Zybura | Dawid | 2005 | *KS Impuls Ostrowiec Świętokrzyski* | **71,218117** | 113,87 | 0,43162 | 165,0 | |
| 13 | Kuśka | Patryk | 2005 | *Stow. Centrum Formy Dąbrowa Górnicza* | **69,888573** | 58,25 | 0,60773 | 115,0 | |
| 14 | Łach | Maciej | 2005 | *MKS Wicher Kobyłka* | **69,419094** | 104,95 | 0,44787 | 155,0 | |
| 15 | Gargas | Eryk | 2006 | *KS Tęcza-Społem Kielce* | **68,345128** | 73,29 | 0,53604 | 127,5 | |
| 16 | Zawadzki | Bartosz | 2006 | *KS Tęcza-Społem Kielce* | **68,146656** | 71,01 | 0,54517 | 125,0 | |
| 17 | Mermer | Jakub | 2006 | *KS Team Wrocław* | **68,048626** | 63,54 | 0,57914 | 117,5 | |
| 18 | Szlaga | Adam | 2005 | *Powerlifting Grodzisk Mazowiecki* | **67,658659** | 89,59 | 0,48328 | 140,0 | |
| 19 | Zomer | Patryk | 2006 | *KS Team Wrocław* | **60,931521** | 88,06 | 0,48745 | 125,0 | |
| 20 | Matusiak | Sebastian | 2005 | *KS Team Wrocław* | **59,769091** | 99,25 | 0,45976 | 130,0 | |
| 21 | Mroczkowski | Arkadiusz | 2005 | *KS Impuls Ostrowiec Świętokrzyski* | **56,799280** | 85,79 | 0,49391 | 115,0 | |
| 22 | Matusiewicz | Adam | 2006 | *GKS Kraska Jasieniec* | **56,372287** | 99,06 | 0,46018 | 122,5 | |
| 23 | Białek | Bartek | 2005 | *Stow. Sportowe Wariacje Skierniewice* | **47,294572** | 103,67 | 0,45042 | 105,0 | |

## Młodzieżowcy

| Miejsce | Nazwisko i imię | | Rocznik | *Klub* | Punkty IPF | Waga ciała | Współ. IPF | Wynik | Uwagi |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Kołodziejczyk | Michał | 2004 | *TKKF Azory Kraków* | **90,856821** | 73,70 | 0,53445 | 170,0 | |
| 2 | Mazurek | Jakub | 2002 | *KS Team Wrocław* | **90,802221** | 120,35 | 0,42136 | 215,5 | |
| 3 | Chowaniak | Aleksander | 2003 | *TKKF Azory Kraków* | **90,761336** | 113,53 | 0,43220 | 210,0 | |
| 4 | Kuc | Michał | 2002 | *KS Team Wrocław* | **87,797287** | 103,76 | 0,45024 | 195,0 | |
| 5 | Wasilewski | Daniel | 2002 | *KS Team Wrocław* | **86,699036** | 82,90 | 0,50260 | 172,5 | BA |
| 6 | Koszewski | Aleksander | 2002 | *Stow. Sportowe Wariacje Skierniewice* | **85,419789** | 104,09 | 0,44958 | 190,0 | |
| 7 | Różański | Damian | 2003 | *TKKF Azory Kraków* | **85,314554** | 90,58 | 0,48065 | 177,5 | |
| 8 | Mońka | Jakub | 2002 | *KS Team Wrocław* | **79,364818** | 87,72 | 0,48840 | 162,5 | |
| 9 | Drewniak | Leon | 2003 | *KS Team Wrocław* | **79,110661** | 109,36 | 0,43950 | 180,0 | |
| 10 | Zbroszczyk | Paweł | 2004 | *KS Tęcza-Społem Kielce* | **78,519286** | 89,62 | 0,48320 | 162,5 | |
| 11 | Bierowiec | Szymon | 2002 | *KS Team Wrocław* | **75,995217** | 74,00 | 0,53330 | 142,5 | |
| 12 | Burghardt | Maciej | 2003 | *Stow. Centrum Formy Dąbrowa Górnicza* | **75,703921** | 72,10 | 0,54074 | 140,0 | |
| 13 | Stepien | Oskar | 2002 | *Pomorskie Stow. Trenerów Osobistych Gdynia* | **75,461309** | 65,51 | 0,56952 | 132,5 | |
| 14 | Perlik | Krzysztof | 2004 | *Stow. Centrum Formy Dąbrowa Górnicza* | **73,195297** | 82,20 | 0,50480 | 145,0 | |
| 15 | Klarowski | Krystian | 2004 | *LKS Grom Przasnysz* | **71,991095** | 107,46 | 0,44302 | 162,5 | |
| 16 | Badoń | Jakub | 2004 | *KS Tęcza-Społem Kielce* | **71,137256** | 89,96 | 0,48229 | 147,5 | |
| 17 | Pietrykowski | Dawid | 2004 | *UKS Eugen Knurów* | **68,329348** | 130,07 | 0,40794 | 167,5 | |
| 18 | Różycki | Maciej | 2004 | *KS Team Wrocław* | **67,998055** | 98,69 | 0,46100 | 147,5 | |
| 19 | Racewicz | Jakub | 2002 | *GKS Kraska Jasieniec* | **67,117668** | 105,16 | 0,44745 | 150,0 | |
| 20 | Kulpanowski | Bartosz | 2004 | *MKS Wicher Kobyłka* | **64,385245** | 99,19 | 0,45989 | 140,0 | |
| 21 | Białas | Kacper | 2003 | *Stow. Centrum Formy Dąbrowa Górnicza* | **63,970902** | 57,99 | 0,60925 | 105,0 | |
| 22 | Kuśmierski | Sergiusz | 2002 | *GKS Kraska Jasieniec* | **61,870115** | 92,41 | 0,47592 | 130,0 | |
| 23 | Borowski | Eryk | 2003 | *MKS Wicher Kobyłka* | **61,745235** | 112,88 | 0,43330 | 142,5 | |
| 24 | Rosiński | Krystian | 2003 | *Stow. Sportowe Wariacje Skierniewice* | **60,741881** | 103,91 | 0,44994 | 135,0 | |
| 25 | Lemieszek | Mikołaj | 2003 | *Stow. Centrum Formy Dąbrowa Górnicza* | **59,132261** | 72,90 | 0,53757 | 110,0 | |
| 26 | Setniewski | Dawid | 2002 | *GKS Kraska Jasieniec* | **54,702494** | 73,90 | 0,53368 | 102,5 | |

## Seniorzy

| Miejsce | Nazwisko i imię | | Rocznik | *Klub* | Punkty IPF | Waga ciała | Współ. IPF | Wynik | Uwagi |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Sadowski | Piotr | 1993 | *GKS Kraska Jasieniec* | **96,805393** | 137,35 | 0,39920 | 242,5 | |
| 2 | Kunka | Mariusz | 1989 | *UKS Pover-Kuźnik Chorzów* | **95,810024** | 103,45 | 0,45087 | 212,5 | |
| 3 | Balawejder | Adam | 1981 | *TKKF Azory Kraków* | **95,002382** | 73,50 | 0,53522 | 177,5 | |
| 4 | Wirek | Bartłomiej | 1983 | *Stow. Centrum Formy Dąbrowa Górnicza* | **94,350598** | 72,50 | 0,53915 | 175,0 | |
| 5 | Gawron | Tomasz | 1979 | *Stow. Centrum Formy Dąbrowa Górnicza* | **93,387103** | 82,20 | 0,50480 | 185,0 | |
| 6 | Dobras | Tomasz | 1999 | *KS Team Wrocław* | **93,106319** | 99,24 | 0,45978 | 202,5 | |
| 7 | Wegiera | Jan | 1965 | *KSSSiKW Wiking Starachowice* | **91,884886** | 91,86 | 0,47732 | 192,5 | |
| 8 | Marciniak | Mariusz | 1980 | *KS Team Wrocław* | **91,165925** | 103,78 | 0,45020 | 202,5 | |
| 9 | Kołodziejczyk | Michał | 2004 | *TKKF Azory Kraków* | **90,856821** | 73,70 | 0,53445 | 170,0 | |
| 10 | Chowaniak | Aleksander | 2003 | *TKKF Azory Kraków* | **90,761336** | 113,53 | 0,43220 | 210,0 | |
| 11 | Grzesik | Mateusz | 1989 | *TKKF Śródmieście Legnica* | **89,758964** | 119,66 | 0,42240 | 212,5 | BA |
| 12 | Bociański | Jakub | 1991 | *Stow. Sportowe Puławy* | **88,658170** | 91,12 | 0,47923 | 185,0 | |
| 13 | Stawiarski | Szymon | 1998 | *UKS Eugen Knurów* | **88,610868** | 123,34 | 0,41699 | 212,5 | |
| 14 | Mentel | Stanisław | 1954 | *Stow. Centrum Formy Dąbrowa Górnicza* | **87,913988** | 100,66 | 0,45670 | 192,5 | |
| 15 | Jasica | Sławomir | 1977 | *TKKF Azory Kraków* | **87,817642** | 92,90 | 0,47469 | 185,0 | |
| 16 | Kuc | Michał | 2002 | *KS Team Wrocław* | **87,797287** | 103,76 | 0,45024 | 195,0 | |
| 17 | Ząbek | Mateusz | 1995 | *KS Tęcza-Społem Kielce* | **86,906995** | 92,30 | 0,47620 | 182,5 | |
| 18 | Wasilewski | Daniel | 2002 | *KS Team Wrocław* | **86,699036** | 82,90 | 0,50260 | 172,5 | BA |
| 19 | Szymański | Sławomir | 1985 | *GKS Kraska Jasieniec* | **85,348428** | 56,09 | 0,62072 | 137,5 | |
| 20 | Różański | Damian | 2003 | *TKKF Azory Kraków* | **85,314554** | 90,58 | 0,48065 | 177,5 | |
| 21 | Wawrzyniec | Latus | 1981 | *Stow. Centrum Formy Dąbrowa Górnicza* | **83,571265** | 86,59 | 0,49160 | 170,0 | |
| 22 | Wszoła | Dariusz | 1978 | *TKKF Śródmieście Legnica* | **83,101885** | 58,83 | 0,60438 | 137,5 | |
| 23 | Błotko | Kacper | 1999 | *Strong Barbell Kraków* | **81,087654** | 81,57 | 0,50680 | 160,0 | |
| 24 | Kokoszka | Wiktor | 2009 | *Stow. Centrum Formy Dąbrowa Górnicza* | **81,061496** | 89,34 | 0,48395 | 167,5 | |
| 25 | Domański | Arkadiusz | 1982 | *SSS Masters Power Warka* | **80,520965** | 111,75 | 0,43525 | 185,0 | |
| 26 | Koloch | Maciej | 1999 | *Stow. Centrum Formy Dąbrowa Górnicza* | **80,283703** | 73,50 | 0,53522 | 150,0 | |
| 27 | Grotkowski | Mariusz | 1989 | *KSSSiKW Wiking Starachowice* | **79,726050** | 65,52 | 0,56947 | 140,0 | BA |
| 28 | Mońka | Jakub | 2002 | *KS Team Wrocław* | **79,364818** | 87,72 | 0,48840 | 162,5 | |
| 29 | Szewczyk | Piotr | 2001 | *KSSSiKW Wiking Starachowice* | **78,519103** | 92,43 | 0,47587 | 165,0 | |
| 30 | Kot | Sebastian | 1985 | *Stow. Centrum Formy Dąbrowa Górnicza* | **77,721192** | 106,88 | 0,44412 | 175,0 | |
| 31 | Włoch | Paweł | 2006 | *TKKF Azory Kraków* | **77,029448** | 82,10 | 0,50511 | 152,5 | |
| 32 | Lewandowski | Szymon | 2005 | *GKS Kraska Jasieniec* | **76,837168** | 79,90 | 0,51225 | 150,0 | |
| 33 | Bierowiec | Szymon | 2002 | *KS Team Wrocław* | **75,995217** | 74,00 | 0,53330 | 142,5 | |
| 34 | Łysoń | Michał | 1991 | *KS Team Wrocław* | **75,223177** | 65,89 | 0,56772 | 132,5 | |
| 35 | Szymura | Sławomir | 1998 | *KS Tęcza-Społem Kielce* | **72,468718** | 65,75 | 0,56838 | 127,5 | |
| 36 | Stangret | Krzysztof | 1998 | *GKS Kraska Jasieniec* | **70,606622** | 112,18 | 0,43450 | 162,5 | |
| 37 | Mroczek | Bartosz | 1979 | *KS Kobra Kościan* | **70,308947** | 109,40 | 0,43943 | 160,0 | |
| 38 | Kuć | Robert | 1974 | *Stow. Centrum Formy Dąbrowa Górnicza* | **68,334771** | 101,19 | 0,45557 | 150,0 | |
| 39 | Śmiłek | Przemysław | 1996 | *Stow. Centrum Formy Dąbrowa Górnicza* | **68,279723** | 112,75 | 0,43352 | 157,5 | |
| 40 | Cieslik | Marcin | 1979 | *Klub Bokserski „Zagłębie Konin”* | **67,146673** | 73,00 | 0,53717 | 125,0 | |
| 41 | Wilewski | Filip | 2008 | *GKS Kraska Jasieniec* | **67,041763** | 65,29 | 0,57057 | 117,5 | |
| 42 | Kocot | Damian | 1985 | *Stow. Centrum Formy Dąbrowa Górnicza* | **66,051068** | 94,07 | 0,47179 | 140,0 | |
| 43 | Włodarczyk | Igor | 2000 | *KS Team Wrocław* | **65,659382** | 65,21 | 0,57095 | 115,0 | |
| 44 | Makowski | Jarosław | 1975 | *Stow. Centrum Formy Dąbrowa Górnicza* | **63,056596** | 103,68 | 0,45040 | 140,0 | |
| 45 | Urban | Maciej | 2000 | *KS Impuls Ostrowiec Świętokrzyski* | **62,980212** | 89,15 | 0,48446 | 130,0 | |
| 46 | Plesiewicz | Piotr | 1977 | *GKS Kraska Jasieniec* | **61,335038** | 49,90 | 0,66308 | 92,5 | |
| 47 | Gajdziński | Klaudiusz | 2010 | *Klub Bokserski „Zagłębie Konin”* | **57,734039** | 58,25 | 0,60773 | 95,0 | |

## Wszyscy weterani

| Miejsce | Nazwisko i imię | | Rocznik | *Klub* | Punkty IPF | Waga ciała | Współ. IPF | Wynik | Uwagi |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Balawejder | Adam | 1981 | *TKKF Azory Kraków* | **95,002382** | 73,50 | 0,53522 | 177,5 | |
| 2 | Wirek | Bartłomiej | 1983 | *Stow. Centrum Formy Dąbrowa Górnicza* | **94,350598** | 72,50 | 0,53915 | 175,0 | |
| 3 | Gawron | Tomasz | 1979 | *Stow. Centrum Formy Dąbrowa Górnicza* | **93,387103** | 82,20 | 0,50480 | 185,0 | |
| 4 | Wegiera | Jan | 1965 | *KSSSiKW Wiking Starachowice* | **91,884886** | 91,86 | 0,47732 | 192,5 | |
| 5 | Marciniak | Mariusz | 1980 | *KS Team Wrocław* | **91,165925** | 103,78 | 0,45020 | 202,5 | |
| 6 | Mentel | Stanisław | 1954 | *Stow. Centrum Formy Dąbrowa Górnicza* | **87,913988** | 100,66 | 0,45670 | 192,5 | |
| 7 | Jasica | Sławomir | 1977 | *TKKF Azory Kraków* | **87,817642** | 92,90 | 0,47469 | 185,0 | |
| 8 | Szymański | Sławomir | 1985 | *GKS Kraska Jasieniec* | **85,348428** | 56,09 | 0,62072 | 137,5 | |
| 9 | Wawrzyniec | Latus | 1981 | *Stow. Centrum Formy Dąbrowa Górnicza* | **83,571265** | 86,59 | 0,49160 | 170,0 | |
| 10 | Woźniak | Waldemar | 1961 | *AZS Politechnika Warszawska Warszawa* | **80,891397** | 98,14 | 0,46224 | 175,0 | |
| 11 | Domański | Arkadiusz | 1982 | *SSS Masters Power Warka* | **80,520965** | 111,75 | 0,43525 | 185,0 | |
| 12 | Kobus | Janusz | 1970 | *Klub Bokserski „Zagłębie Konin”* | **78,388878** | 89,92 | 0,48239 | 162,5 | |
| 13 | Kowalik | Mikołaj | 1971 | *Stow. Centrum Formy Dąbrowa Górnicza* | **77,789358** | 113,55 | 0,43216 | 180,0 | |
| 14 | Kot | Sebastian | 1985 | *Stow. Centrum Formy Dąbrowa Górnicza* | **77,721192** | 106,88 | 0,44412 | 175,0 | |
| 15 | Lis | Krzysztof | 1974 | *Stow. Centrum Formy Dąbrowa Górnicza* | **76,176204** | 92,34 | 0,47610 | 160,0 | |
| 16 | Janus | Dariusz | 1972 | *KS Team Wrocław* | **75,861787** | 81,90 | 0,50575 | 150,0 | |
| 17 | Želazko | Bartosz | 1973 | *TKKF Śródmieście Legnica* | **74,769367** | 73,80 | 0,53407 | 140,0 | |
| 18 | Zbrowski | Paweł | 1983 | *PMKS Rybak Władysławowo* | **74,636928** | 125,01 | 0,41465 | 180,0 | |
| 19 | Steiner | Jacek | 1971 | *UKS Pover-Kuźnik Chorzów* | **74,329763** | 107,07 | 0,44376 | 167,5 | |
| 20 | Bembenek | Arkadiusz | 1972 | *KS Team Wrocław* | **74,132709** | 118,86 | 0,42362 | 175,0 | |
| 21 | Bocionek | Tomasz | 1976 | *Stow. Centrum Formy Dąbrowa Górnicza* | **74,046390** | 127,43 | 0,41137 | 180,0 | |
| 22 | Dębicki | Tomasz | 1974 | *Stow. Centrum Formy Dąbrowa Górnicza* | **73,287036** | 82,00 | 0,50543 | 145,0 | |
| 23 | Wierzchowski | Gabriel | 1981 | *SSS Masters Power Warka* | **73,287036** | 82,00 | 0,50543 | 145,0 | |
| 24 | Wiejas | Robert | 1977 | *KS Tęcza-Społem Kielce* | **72,772854** | 147,96 | 0,38812 | 187,5 | |
| 25 | Mroczek | Bartosz | 1979 | *KS Kobra Kościan* | **70,308947** | 109,40 | 0,43943 | 160,0 | |
| 26 | Łukasik | Paweł | 1982 | *KS Team Wrocław* | **69,516044** | 79,10 | 0,51493 | 135,0 | |
| 27 | Kuć | Robert | 1974 | *Stow. Centrum Formy Dąbrowa Górnicza* | **68,334771** | 101,19 | 0,45557 | 150,0 | |
| 28 | Cieslik | Marcin | 1979 | *Klub Bokserski „Zagłębie Konin”* | **67,146673** | 73,00 | 0,53717 | 125,0 | |
| 29 | Kocot | Damian | 1985 | *Stow. Centrum Formy Dąbrowa Górnicza* | **66,051068** | 94,07 | 0,47179 | 140,0 | |
| 30 | Wieczorek | Krzysztof | 1960 | *SSS Masters Power Warka* | **65,765754** | 105,97 | 0,44587 | 147,5 | |
| 31 | Przybyłek | Łukasz | 1985 | *Stow. Centrum Formy Dąbrowa Górnicza* | **65,615050** | 95,36 | 0,46868 | 140,0 | |
| 32 | Jeliński | Marcin | 1976 | *Stow. Centrum Formy Dąbrowa Górnicza* | **65,005229** | 112,84 | 0,43337 | 150,0 | |
| 33 | Malec | Mirosław | 1967 | *SSS Masters Power Warka* | **64,966970** | 117,32 | 0,42601 | 152,5 | |
| 34 | Makowski | Jarosław | 1975 | *Stow. Centrum Formy Dąbrowa Górnicza* | **63,056596** | 103,68 | 0,45040 | 140,0 | |
| 35 | Soliwodzki | Włodzimierz | 1956 | *LKS Grom Przasnysz* | **62,139307** | 72,20 | 0,54034 | 115,0 | |
| 36 | Plesiewicz | Piotr | 1977 | *GKS Kraska Jasieniec* | **61,335038** | 49,90 | 0,66308 | 92,5 | |
| 37 | Stefańczyk | Rafał | 1979 | *SSS Masters Power Warka* | **60,422934** | 128,74 | 0,40965 | 147,5 | |
| 38 | Rajtar | Adam | 1963 | *TKKF Azory Kraków* | **55,914174** | 81,10 | 0,50831 | 110,0 | |
| 39 | Bieńczyk | Ryszard | 1953 | *MKS Tur Ryki* | **54,275983** | 71,60 | 0,54276 | 100,0 | |
| 40 | Szymański | Mariusz | 1962 | *TKKF Herkules Warszawa* | **52,192248** | 111,93 | 0,43494 | 120,0 | |
| 41 | Woliński | Tomasz | 1970 | *MKS Tur Ryki* | **52,048052** | 102,61 | 0,45259 | 115,0 | |
| 42 | Kokociński | Włodzimierz | 1962 | *Klub Bokserski „Zagłębie Konin”* | **43,069655** | 81,60 | 0,50670 | 85,0 | |
| 43 | Gottfired | Marian | 1947 | *UKS Pover-Kuźnik Chorzów* | **40,380879** | 87,34 | 0,48947 | 82,5 | |
| 44 | Berta | Dariusz | 1975 | *MKS Wicher Kobyłka* | **3,000000** | 91,31 | 0,47874 | 145,0 | |

Sędzia głowny zawodów: Włodzimierz Laskowski
Sekretarz: Arkadiusz Znojek
Data wykonania: 2025-11-23
Wersja: 1.01

**POLSKI ZWIĄZEK KULTURYSTYKI, FITNESS I TRÓJBOJU SIŁOWEGO**

# Mistrzostwa Polski w Wyciskaniu Leżąc Klasycznym

## Jasieniec, 22-23 listopada 2025

### KLASYFIKACJA DRUŻYNOWA KOBIET

**Młodziczki**

| Miejsce | Klub | Punkty | Punkty IPF GL | Uwagi |
|---|---|---|---|---|
| 1 | *MOKSIR Jastarnia* | *50* =12-12-9-9-8- | 188,02216 =45,016 - 36,753 - 38,356 - 29,796 - 38,098 - | |
| 2 | *KS Tęcza-Społem Kielce* | *24* =12-12- | 83,72749 =44,431 - 39,296 - | |
| 3 | *GKS Kraska Jasieniec* | *20* =12-8- | 93,11861 =63,511 - 29,607 - | |
| NK | *KS Team Wrocław* | *12* =12- | 56,53704 =56,537 - | |
| NK | *VIP Team Grajewo* | *12* =12- | 50,81434 =50,814 - | |
| NK | *Stow. Centrum Formy Dąbrowa Górnicza* | *9* =9- | 42,93127 =42,931 - | |
| NK | *KS Kobra Kościan* | *9* =9- | 25,70776 =25,707 - | |

**Juniorki młodsze**

| Miejsce | Klub | Punkty | Punkty IPF GL | Uwagi |
|---|---|---|---|---|
| 1 | *MGKS Hutnik Pieńsk* | *24* =12-12- | 93,83070 =50,32 - 43,51 - | |
| 2 | *KS Tęcza-Społem Kielce* | *24* =12-12- | 93,67569 =53,007 - 40,667 - | |
| 3 | *Stow. Centrum Formy Dąbrowa Górnicza* | *21* =12-9- | 121,26690 =70,801 - 50,465 - | |
| NK | *KS Team Wrocław* | *12* =12- | 66,86343 =66,863 - | |
| NK | *KS Spartakus Nasielsk* | *12* =12- | 52,20794 =52,207 - | |
| NK | *UKS Eugen Knurów* | *9* =9- | 51,32477 =51,324 - | |
| NK | *UKS Pover-Kuźnik Chorzów* | *8* =8- | 44,27823 =44,278 - | |

**Juniorki**

| Miejsce | Klub | Punkty | Punkty IPF GL | Uwagi |
|---|---|---|---|---|
| 1 | *KS Team Wrocław* | *32* =12-12-8- | 199,03993 =71,904 - 69,923 - 57,211 - | |
| 2 | *KSSSiKW Wiking Starachowice* | *21* =12-9- | 185,34916 =47,346 - 72,268 - 65,733 - | |
| 3 | *UKS Eugen Knurów* | *20* =12-8- | 108,88070 =60,247 - 48,632 - | |
| 4 | *Stow. Centrum Formy Dąbrowa Górnicza* | *17* =9-8- | 111,58144 =43,672 - 67,908 - | |
| NK | *KS Tęcza-Społem Kielce* | *12* =12- | 75,75508 =75,755 - | |
| NK | *LKS Nadwiślanin Kwidzyn* | *12* =12- | 51,63501 =51,635 - | |
| NK | *TKKF Herkules Warszawa* | *9* =9- | 60,03842 =60,038 - | |
| NK | *LUKS Zamek-Expom Kurzętnik* | *9* =9- | 57,31991 =57,319 - | |
| NK | *Stow. Sportowe Wariacje Skierniewice* | *9* =9- | 46,25217 =46,252 - | |
| NK | *KS Impuls Ostrowiec Świętokrzyski* | *9* =9- | 41,41314 =41,413 - | |

## Młodzieżowcy

| Miejsce | Klub | Punkty | Punkty IPF GL | Uwagi |
|---|---|---|---|---|
| 1 | *Stow. Centrum Formy Dąbrowa Górnicza* | *33* =12-12-9- | 195,32700 =58,083 - 57,93 - 79,312 - | |
| 2 | *KS Team Wrocław* | *24* =12-12- | 165,33089 =86,447 - 78,882 - | BA |
| NK | *TKKF Azory Kraków* | *12* =12- | 77,23571 =77,235 - | |
| NK | *UKS Eugen Knurów* | *12* =12- | 76,25225 =76,252 - | BA |
| NK | *UKS Pover-Kuźnik Chorzów* | *12* =12- | 46,47026 =46,47 - | |
| NK | *KSSSiKW Wiking Starachowice* | *9* =9- | 64,03116 =64,031 - | |
| NK | *MKS Wicher Kobyłka* | *9* =9- | 53,46244 =53,462 - | |
| NK | *VIP Team Grajewo* | *0* = | 46,76729 =46,767 - | |

## Seniorki

| Miejsce | Klub | Punkty | Punkty IPF GL | Uwagi |
|---|---|---|---|---|
| 1 | *Stow. Centrum Formy Dąbrowa Górnicza* | *53* =12-12-12-9-8- | 356,62694 =80,866 - 70,801 - 58,083 - 79,312 - 67,561 - | |
| 2 | *KS Team Wrocław* | *45* =12-12-12-9- | 277,24267 =80,596 - 78,882 - 72,465 - 45,297 - | BA |
| 3 | *UKS Pover-Kuźnik Chorzów* | *40* =9-9-8-8-6- | 281,90021 =63,105 - 58,335 - 69,71 - 46,47 - 44,278 - | |
| 4 | *GKS Kraska Jasieniec* | *34* =12-8-7-7- | 284,96799 =104,232 - 63,511 - 60,18 - 57,043 - | |
| 5 | *TKKF Azory Kraków* | *26* =9-9-8- | 198,38410 =77,235 - 69,878 - 51,269 - | |
| 6 | *UKS Eugen Knurów* | *20* =12-8- | 136,50002 =76,252 - 60,247 - | BA |
| NK | *Stow. Atletyki Ciężkiej Ursus Krotoszyn* | *9* =9- | 75,02723 =75,027 - | |
| NK | *KS Kobra Kościan* | *9* =9- | 71,76540 =71,765 - | |
| NK | *Klub Bokserski „Zagłębie Konin”* | *8* =8- | 69,95275 =69,952 - | |
| NK | *LUKS Zamek-Expom Kurzętnik* | *7* =7- | 57,31991 =57,319 - | |

## Weteranki razem

| Miejsce | Klub | Punkty | Punkty IPF GL | Uwagi |
|---|---|---|---|---|
| 1 | *Stow. Centrum Formy Dąbrowa Górnicza* | *60* = 12-12-12-12-12- | 211,62200 = 55,207 - 42,167 - 41,607 - 39,098 - 33,541 - | |
| 2 | *KS Kobra Kościan* | *42* = 12-12-9-9- | 174,14000 = 43,431 - 43,156 - 47,025 - 40,527 - | |
| 3 | *UKS Pover-Kuźnik Chorzów* | *24* = 12-12- | 128,04500 = 69,71 - 58,335 - | |
| 4 | *TKKF Azory Kraków* | *21* = 12-9- | 121,14800 = 69,878 - 51,269 - | |
| NK | *GKS Kraska Jasieniec* | *12* = 12- | 104,23200 = 104,232 - | |
| NK | *Klub Bokserski „Zagłębie Konin”* | *12* = 12- | 70,35200 = 70,352 - | |
| NK | *VIP Team Grajewo* | *12* = 12- | 48,82700 = 48,827 - | |
| NK | *SSS Masters Power Warka* | *8* = 8- | 38,52400 = 38,524 - | |

NK - niesklasyfikowany
BA - badania antydopingowe, wynik tymczasowy

Sędzia głowny zawodów: Włodzimierz Laskowski
Sekretarz: Arkadiusz Znojek
Data wykonania: 2025-11-23
Wersja: 1.00

**Puchar Polski w Trójboju Siłowym Klasycznym**

# Mistrzostwa Polski w Wyciskaniu Leżąc Klasycznym

## Jasieniec, 22-23 listopada 2025

### KLASYFIKACJA DRUŻYNOWA MĘŻCZYZN

**Młodzicy**

| Miejsce | Klub | Punkty | Punkty IPF GL | Uwagi |
|---|---|---|---|---|
| 1 | *MOKSIR Jastarnia* | *47* =12-9-9-9-8- | 174,06279 =32,213 - 51,541 - 34,513 - 24,944 - 30,849 - | |
| 2 | *UKS Pover-Kuźnik Chorzów* | *43* =12-9-9-7-6- | 253,11708 =56,802 - 59,242 - 54,665 - 35,352 - 47,054 - | |
| 3 | *MGKS Hutnik Pieńsk* | *43* =12-9-8-7-7- | 270,17998 =67,983 - 55,931 - 50,501 - 50,76 - 45,004 - | |
| 4 | *UKS Eugen Knurów* | *29* =8-8-7-6- | 201,04469 =54,827 - 48,955 - 42,925 - 54,337 - | |
| 5 | *Stow. Centrum Formy Dąbrowa Górnicza* | *20* =12-7-1- | 189,50880 =81,061 - 60,052 - 48,394 - | |
| 6 | *GKS Kraska Jasieniec* | *17* =8-4-3-2- | 195,00948 =48,212 - 49,453 - 48,899 - 48,444 - | |
| NK | *KS Team Wrocław* | *12* =12- | 71,56744 =71,567 - | |
| NK | *AZS Wojskowa Akademia Techniczna Warszawa* | *12* =12- | 64,00063 =64 - | |
| NK | *Stow. Sportowe Puławy* | *12* =12- | 63,53721 =63,537 - | |
| NK | *KS Impuls Ostrowiec Świętokrzyski* | *12* =12- | 61,57470 =61,574 - | |
| NK | *KS Tęcza-Społem Kielce* | *12* =12- | 60,23955 =60,239 - | |
| NK | *KS Family Team Wyszków* | *9* =9- | 66,28229 =66,282 - | |
| NK | *Stow. Sportowe Avangarda Puławy* | *9* =9- | 60,59181 =60,591 - | |
| NK | *Klub Bokserski „Zagłębie Konin”* | *9* =9- | 57,73403 =57,734 - | |
| NK | *KS Mazurski Lift* | *8* =8- | 62,43935 =62,439 - | |
| NK | *KSSSiKW Wiking Starachowice* | *8* =8- | 60,43303 =60,433 - | |
| NK | *TKKF Śródmieście Legnica* | *8* =8- | 52,89805 =52,898 - | |
| NK | *TKKF Herkules Warszawa* | *7* =7- | 40,58202 =40,582 - | |
| NK | *LKS Grom Przasnysz* | *5* =5- | 51,78037 =51,78 - | |
| NK | *SSS Masters Power Warka* | *1* =1- | 34,55317 =34,553 - | |

## Juniorzy młodsi

| Miejsce | Klub | Punkty | Punkty IPF GL | Uwagi |
|---|---|---|---|---|
| 1 | *KS Team Wrocław* | *48* =12-12-8-8-8- | 357,81168 =81,669 - 75,479 - 79,55 - 66,746 - 54,366 - | |
| 2 | *SSS Masters Power Warka* | *29* =12-9-8- | 185,82749 =72,223 - 55,87 - 57,733 - | |
| 3 | *Stow. Centrum Formy Dąbrowa Górnicza* | *28* =12-9-7- | 196,77809 =69,456 - 71,139 - 56,182 - | |
| 4 | *MKS Tur Ryki* | *26* =7-7-6-4-2- | 313,97234 =71,951 - 50,895 - 69,126 - 61,149 - 60,849 - | |
| 5 | *GKS Kraska Jasieniec* | *23* =12-6-5- | 174,31555 =67,041 - 56,97 - 50,303 - | |
| 6 | *KSSSiKW Wiking Starachowice* | *21* =12-9- | 157,80402 =80,471 - 77,332 - | |
| 7 | *LUKS Zieloni Łańcut* | *13* =8-5- | 126,00481 =60,377 - 65,627 - | |
| 8 | *KS Tęcza-Społem Kielce* | *11* =8-3- | 128,89685 =68,71 - 60,186 - | |
| NK | *MGKS Hutnik Pieńsk* | *1* =1- | 55,37740 =55,377 - | |
| NK | *LKS Grom Przasnysz* | *12* =12- | 78,49493 =78,494 - | |
| NK | *KS Mazurski Lift* | *9* =9- | 80,26888 =80,268 - | |
| NK | *UKS Pover-Kuźnik Chorzów* | *9* =9- | 64,22122 =64,221 - | |
| NK | *KS Impuls Ostrowiec Świętokrzyski* | *9* =9- | 62,87772 =62,877 - | |
| NK | *TKKF Herkules Warszawa* | *9* =9- | 60,94432 =60,944 - | |
| NK | *Stow. Sportowe Avangarda Puławy* | *7* =7- | 68,15419 =68,154 - | |
| NK | *MOKSIR Jastarnia* | *7* =7- | 53,43709 =53,437 - | |
| NK | *KS Family Team Wyszków* | *5* =5- | 62,73330 =62,733 - | |

## Juniorzy

| Miejsce | Klub | Punkty | Punkty IPF GL | Uwagi |
|---|---|---|---|---|
| 1 | *KS Tęcza-Społem Kielce* | *54* =12-12-12-9-9- | 374,20296 =88,332 - 75,291 - 68,345 - 74,087 - 68,146 - | |
| 2 | *KS Team Wrocław* | *48* =12-12-8-8-8- | 370,40875 =87,252 - 81,23 - 74,108 - 68,048 - 59,769 - | BA |
| 3 | *Stow. Centrum Formy Dąbrowa Górnicza* | *28* =12-9-7- | 221,39412 =69,888 - 77,956 - 73,548 - | |
| 4 | *GKS Kraska Jasieniec* | *15* =8-7- | 133,20945 =76,837 - 56,372 - | |
| 5 | *KS Impuls Ostrowiec Świętokrzyski* | *13* =9-4- | 128,01739 =71,218 - 56,799 - | |
| NK | *KS Kobra Kościan* | *12* =12- | 80,04634 =80,046 - | BA |
| NK | *TKKF Azory Kraków* | *9* =9- | 77,02944 =77,029 - | |
| NK | *MKS Wicher Kobyłka* | *9* =9- | 69,41909 =69,419 - | |
| NK | *Powerlifting Grodzisk Mazowiecki* | *6* =6- | 67,65865 =67,658 - | |
| NK | *Stow. Sportowe Wariacje Skierniewice* | *6* =6- | 47,29457 =47,294 - | |

## Młodzieżowcy

| Miejsce | Klub | Punkty | Punkty IPF GL | Uwagi |
|---|---|---|---|---|
| 1 | *KS Team Wrocław* | *54* =12-12-12-9-9- | 423,77402 =90,802 - 87,797 - 86,699 - 79,364 - 79,11 - | BA |
| 2 | *TKKF Azory Kraków* | *36* =12-12-12- | 266,93271 =90,856 - 90,761 - 85,314 - | |
| 3 | *Stow. Centrum Formy Dąbrowa Górnicza* | *36* =12-9-8-7- | 272,00238 =63,97 - 73,195 - 75,703 - 59,132 - | |
| 4 | *GKS Kraska Jasieniec* | *19* =7-6-6- | 183,69027 =67,117 - 61,87 - 54,702 - | |
| 5 | *Stow. Sportowe Wariacje Skierniewice* | *15* =9-6- | 146,16166 =85,419 - 60,741 - | |
| 6 | *KS Tęcza-Społem Kielce* | *15* =8-7- | 149,65654 =78,519 - 71,137 - | |
| 7 | *MKS Wicher Kobyłka* | *13* =7-6- | 126,13047 =64,385 - 61,745 - | |
| NK | *Pomorskie Stow. Trenerów Osobistych Gdynia* | *12* =12- | 75,46130 =75,461 - | |
| NK | *UKS Eugen Knurów* | *9* =9- | 68,32934 =68,329 - | |
| NK | *LKS Grom Przasnysz* | *8* =8- | 71,99109 =71,991 - | |

## Seniorzy

| Miejsce | Klub | Punkty | Punkty IPF GL | Uwagi |
|---|---|---|---|---|
| 1 | *GKS Kraska Jasieniec* | *44* =12-12-7-7-6- | 387,36779 =96,805 - 85,348 - 67,041 - 61,335 - 76,837 - | |
| 2 | *TKKF Azory Kraków* | *44* =12-9-8-8-7- | 441,46762 =95,002 - 90,761 - 90,856 - 87,817 - 77,029 - | |
| 3 | *KS Team Wrocław* | *42* =9-9-9-8-7- | 433,99174 =93,106 - 86,699 - 75,223 - 91,165 - 87,797 - | BA |
| 4 | *Stow. Centrum Formy Dąbrowa Górnicza* | *41* =12-9-7-7-6- | 433,65658 =93,387-94,35-80,283-77,721-87,913- | |
| 5 | *KSSSiKW Wiking Starachowice* | *27* =12-12-3- | 250,13003 =91,884 - 79,726 - 78,519 - | BA |
| 6 | *TKKF Śródmieście Legnica* | *21* =12-9- | 172,86084 =89,758 - 83,101 - | BA |
| 7 | *KS Tęcza-Społem Kielce* | *15* =8-7- | 159,37571 =72,468 - 86,906 - | |
| 8 | *Klub Bokserski „Zagłębie Konin”* | *13* =8-5- | 124,88071 =57,734 - 67,146 - | |
| 9 | *SSS Masters Power Warka* | *9* =8-1- | 135,94462 =80,52 - 55,423 - | |
| NK | *UKS Pover-Kuźnik Chorzów* | *12* =12- | 95,81002 =95,81 - | |
| NK | *Stow. Sportowe Puławy* | *9* =9- | 88,65816 =88,658 - | |
| NK | *UKS Eugen Knurów* | *9* =9- | 88,61086 =88,61 - | |
| NK | *Strong Barbell Kraków* | *8* =8- | 81,08765 =81,087 - | |
| NK | *KS Kobra Kościan* | *5* =5- | 70,30894 =70,308 - | |
| NK | *KS Impuls Ostrowiec Świętokrzyski* | *1* =1- | 62,98021 =62,98 - | |

**Weterani razem**

| Miejsce | Klub | Punkty | Punkty IPF GL | Uwagi |
|---|---|---|---|---|
| 1 | *Stow. Centrum Formy Dąbrowa Górnicza* | *57* = 12-12-12-12-9- | 421,77500 = 93,387 - 87,913 - 77,789 - 68,334 - 94,35 - | |
| 2 | *SSS Masters Power Warka* | *47* = 12-12-9-7-7- | 344,96300 = 80,52 - 65,765 - 73,287 - 64,966 - 60,422 - | |
| 3 | *KS Team Wrocław* | *41* = 12-12-9-8- | 310,67600 = 91,165 - 75,861 - 74,132 - 69,516 - | |
| 4 | *TKKF Azory Kraków* | *36* = 12-12-12- | 238,73400 = 95,002 - 87,817 - 55,914 - | |
| 5 | *Klub Bokserski „Zagłębie Konin”* | *29* = 12-9-8- | 188,60500 = 78,388 - 43,069 - 67,146 - | |
| 6 | *GKS Kraska Jasieniec* | *21* = 12-9- | 146,68300 = 85,348 - 61,335 - | |
| 7 | *UKS Pover-Kuźnik Chorzów* | *20* = 12-8- | 114,71000 = 40,38 - 74,329 - | |
| 8 | *MKS Tur Ryki* | *20* = 12-8- | 106,32400 = 54,275 - 52,048 - | |
| NK | *KSSSiKW Wiking Starachowice* | *12* = 12- | 91,88400 = 91,884 - | |
| NK | *AZS Politechnika Warszawska Warszawa* | *12* = 12- | 80,89100 = 80,891 - | |
| NK | *TKKF Śródmieście Legnica* | *12* = 12- | 74,76900 = 74,769 - | |
| NK | *KS Tęcza-Społem Kielce* | *12* = 12- | 72,77200 = 72,772 - | |
| NK | *LKS Grom Przasnysz* | *12* = 12- | 62,13900 = 62,139 - | |
| NK | *PMKS Rybak Władysławowo* | *9* = 9- | 74,63600 = 74,636 - | |
| NK | *TKKF Herkules Warszawa* | *9* = 9- | 52,19200 = 52,192 - | |
| NK | *KS Kobra Kościan* | *8* = 8- | 70,30800 = 70,308 - | |
| NK | *MKS Wicher Kobyłka* | *8* = 8- | 69,41700 = 69,417 - | |
| NK | *MGKS Hutnik Pieńsk* | *0* = 0- | 0,00000 = 0 - | |

NK - niesklasyfikowany
BA - badania antydopingowe, wynik tymczasowy

Sędzia głowny zawodów: Włodzimierz Laskowski
Sekretarz: Arkadiusz Znojek
Data wykonania: 2025-11-23
Wersja: 1.01

**POLSKI ZWIĄZEK KULTURYSTYKI, FITNESS I TRÓJBOJU SIŁOWEGO**

# Mistrzostwa Polski w Wyciskaniu Leżąc Klasycznym

## Jasieniec, 22-23 listopada 2025

### KLASYFIKACJA KLUBOWA KOBIET

| Miejsce | *Klub* | Punkty IPF GL | Uwagi |
|---|---|---|---|
| | **Juniorki razem** | | |
| 1 | *KS Team Wrocław* | 431,234 | BA |
| 2 | *Stow. Centrum Formy Dąbrowa Górnicza* | 384,503 | |
| 3 | *KS Tęcza-Społem Kielce* | 253,158 | |
| 4 | *UKS Eugen Knurów* | 236,458 | BA |
| 5 | *MOKSIR Jastarnia* | 188,022 | |
| 6 | *KSSSiKW Wiking Starachowice* | 183,646 | |
| 7 | *MGKS Hutnik Pieńsk* | 93,831 | |
| 8 | *GKS Kraska Jasieniec* | 93,119 | |
| 9 | *UKS Pover-Kuźnik Chorzów* | 90,748 | |
| 10 | *TKKF Azory Kraków* | 77,236 | |
| 11 | *TKKF Herkules Warszawa* | 60,038 | |
| 12 | *LUKS Zamek-Expom Kurzętnik* | 57,320 | |
| 13 | *MKS Wicher Kobyłka* | 53,462 | |
| 14 | *KS Spartakus Nasielsk* | 52,208 | |
| 15 | *LKS Nadwiślanin Kwidzyn* | 51,635 | |
| 16 | *VIP Team Grajewo* | 50,814 | |
| 17 | *Stow. Sportowe Wariacje Skierniewice* | 46,252 | |
| 18 | *KS Impuls Ostrowiec Świętokrzyski* | 41,413 | |
| 19 | *KS Kobra Kościan* | 25,708 | |

## Seniorki

| Miejsce | *Klub* | Punkty IPF GL | Uwagi |
|---|---|---|---|
| 1 | *Stow. Centrum Formy Dąbrowa Górnicza* | 424,536 | |
| 2 | *GKS Kraska Jasieniec* | 284,968 | |
| 3 | *UKS Pover-Kuźnik Chorzów* | 281,900 | |
| 4 | *KS Team Wrocław* | 277,243 | BA |
| 5 | *TKKF Azory Kraków* | 198,384 | |
| 6 | *UKS Eugen Knurów* | 136,500 | BA |
| 7 | *Stow. Atletyki Ciężkiej Ursus Krotoszyn* | 75,027 | |
| 8 | *KS Kobra Kościan* | 71,765 | |
| 9 | *Klub Bokserski „Zagłębie Konin”* | 69,953 | |
| 10 | *LUKS Zamek-Expom Kurzętnik* | 57,320 | |

BA - badania antydopingowe, wynik tymczasowy

Sędzia głowny zawodów: Włodzimierz Laskowski
Sekretarz: Arkadiusz Znojek
Data wykonania: 2025-11-23
Wersja: 1.00

**POLSKI ZWIĄZEK KULTURYSTYKI, FITNESS I TRÓJBOJU SIŁOWEGO**

# Mistrzostwa Polski w Wyciskaniu Leżąc Klasycznym

## Jasieniec, 22-23 listopada 2025

### KLASYFIKACJA KLUBOWA MĘŻCZYZN

| Miejsce | *Klub* | Punkty IPF GL | Uwagi |
|---|---|---|---|
| | **Juniorzy razem** | | |
| 1 | *KS Team Wrocław* | 515,450 | BA |
| 2 | *KS Tęcza-Społem Kielce* | 456,078 | |
| 3 | *Stow. Centrum Formy Dąbrowa Górnicza* | 452,606 | |
| 4 | *GKS Kraska Jasieniec* | 386,210 | |
| 5 | *TKKF Azory Kraków* | 343,962 | |
| 6 | *MGKS Hutnik Pieńsk* | 325,557 | |
| 7 | *UKS Pover-Kuźnik Chorzów* | 321,986 | |
| 8 | *MKS Tur Ryki* | 313,972 | |
| 9 | *MOKSIR Jastarnia* | 277,821 | |
| 10 | *UKS Eugen Knurów* | 269,374 | |
| 11 | *KS Impuls Ostrowiec Świętokrzyski* | 252,470 | |
| 12 | *SSS Masters Power Warka* | 220,381 | |
| 13 | *KSSSiKW Wiking Starachowice* | 218,237 | |
| 14 | *LKS Grom Przasnysz* | 202,266 | |
| 15 | *MKS Wicher Kobyłka* | 195,550 | |
| 16 | *Stow. Sportowe Wariacje Skierniewice* | 193,456 | |
| 17 | *KS Mazurski Lift* | 142,708 | |
| 18 | *KS Family Team Wyszków* | 129,016 | |
| 19 | *Stow. Sportowe Avangarda Puławy* | 128,746 | |
| 20 | *LUKS Zieloni Łańcut* | 126,005 | |
| 21 | *TKKF Herkules Warszawa* | 101,526 | |
| 22 | *KS Kobra Kościan* | 80,046 | BA |
| 23 | *Pomorskie Stow. Trenerów Osobistych Gdynia* | 75,461 | |

| Miejsce | Klub | Punkty IPF GL | Uwagi |
|---|---|---|---|
| 24 | *Powerlifting Grodzisk Mazowiecki* | 67,659 | |
| 25 | *AZS Wojskowa Akademia Techniczna Warszawa* | 64,001 | |
| 26 | *Stow. Sportowe Puławy* | 63,537 | |
| 27 | *Klub Bokserski „Zagłębie Konin”* | 57,734 | |
| 28 | *TKKF Śródmieście Legnica* | 52,898 | |

## Seniorzy

| Miejsce | Klub | Punkty IPF GL | Uwagi |
|---|---|---|---|
| 1 | *TKKF Azory Kraków* | 526,782 | |
| 2 | *Stow. Centrum Formy Dąbrowa Górnicza* | 520,568 | |
| 3 | *KS Team Wrocław* | 514,129 | BA |
| 4 | *GKS Kraska Jasieniec* | 457,974 | |
| 5 | *KSSSiKW Wiking Starachowice* | 250,130 | BA |
| 6 | *TKKF Śródmieście Legnica* | 172,861 | BA |
| 7 | *KS Tęcza-Społem Kielce* | 159,376 | |
| 8 | *Klub Bokserski „Zagłębie Konin”* | 124,881 | |
| 9 | *UKS Pover-Kuźnik Chorzów* | 95,810 | |
| 10 | *Stow. Sportowe Puławy* | 88,658 | |
| 11 | *UKS Eugen Knurów* | 88,611 | |
| 12 | *Strong Barbell Kraków* | 81,088 | |
| 13 | *SSS Masters Power Warka* | 80,521 | |
| 14 | *KS Kobra Kościan* | 70,309 | |
| 15 | *KS Impuls Ostrowiec Świętokrzyski* | 62,980 | |

BA - badania antydopingowe, wynik tymczasowy

Sędzia głowny zawodów: Włodzimierz Laskowski
Sekretarz: Arkadiusz Znojek
Data wykonania: 2025-11-23
Wersja: 1.01