

**POLSKI ZWIĄZEK KULTURYSTYKI, FITNESS I TRÓJBOJU SIŁOWEGO****IV Debiuty PZKFITS w Trójboju Siłowym i Trójboju Siłowym Klasycznym****Sierpc, 24 października 2025 r.****KLASYFIKACJA INDYWIDUALNA KOBIET**

| Miejsce | Nazwisko i imię | Rocznik | Klub | Waga ciała | Wsp. IPF GL | Nr start. | Przysiad | | | P wynik | Wyciskanie leżąc | | | WL wynik | Martwy ciąg | | | MC wynik | WYNIK | Punkty IPF GL | |
|---------------------------------|-----------------------------|------------------|------|---|-------------|-----------|-----------|---------------|---------------|---------------|------------------|--------------|--------------|--------------|-------------|--------------|---------------|---------------|--------------|---------------|---------------|
| | | | | | | | 1 | 2 | 3 | | 1 | 2 | 3 | | 1 | 2 | 3 | | | | |
| TRÓJBÓJ SIŁOWY KLASYCZNY | | | | | | | | | | | | | | | | | | | | | |
| JUNIORKI DO LAT 18 | | | | | | | | | | | | | | | | | | | | | |
| -- kat. 69 -- J18 [IPF GL] TSK | | | | | | | | | | | | | | | | | | | | | |
| 1 | Żeglińska | Magdalena | 2007 | KS Team Wrocław | 65,58 | 0,21337 | 4 | 150,0 | 160,0 | -165,0 | 160,0 | -65,0 | 70,0 | -72,5 | 70,0 | 135,0 | 142,5 | 147,5 | 147,5 | 377,5 | 80,548 |
| 2 | Grzybowska | Anna | 2011 | KS Team Wrocław | 54,50 | 0,24287 | 12 | 97,5 | 102,5 | 105,0 | 105,0 | 50,0 | -52,5 | 52,5 | 52,5 | 115,0 | 122,5 | 127,5 | 127,5 | 285,0 | 69,217 |
| 3 | Bielecka | Julia | 2007 | Niestowarzyszona | 58,50 | 0,23013 | 9 | 97,5 | 102,5 | 110,0 | 110,0 | 50,0 | 57,5 | -62,5 | 57,5 | 110,0 | 120,0 | 130,0 | 130,0 | 297,5 | 68,463 |
| 4 | Kruczek | Julia | 2007 | Niestowarzyszona | 60,50 | 0,22475 | 1 | 107,5 | 115,0 | -120,0 | 115,0 | 52,5 | 57,5 | 60,0 | 60,0 | 115,0 | 120,0 | -130,0 | 120,0 | 295,0 | 66,301 |
| 5 | Walendzińska | Emilia | 2008 | KS Team Wrocław | 67,50 | 0,20977 | 6 | 110,0 | 117,5 | 125,0 | 125,0 | 45,0 | 47,5 | 50,0 | 50,0 | 125,0 | 132,5 | 140,0 | 140,0 | 315,0 | 66,077 |
| 6 | Rakoczy | Maria | 2009 | Stow. Centrum Formy Dąbrowa Górnica | 59,30 | 0,22791 | 3 | 85,0 | -92,5 | 92,5 | 92,5 | 47,5 | -50,0 | -50,0 | 47,5 | 100,0 | 105,0 | -110,0 | 105,0 | 245,0 | 55,837 |
| 7 | Elias | Nina | 2009 | Stow. Atletyki Ciężkiej Ursus Krotoszyn | 63,78 | 0,21707 | 7 | 65,0 | 72,5 | 80,0 | 80,0 | 35,0 | -37,5 | -37,5 | 35,0 | 77,5 | 87,5 | 100,0 | 100,0 | 215,0 | 46,671 |
| JUNIORKI DO LAT 23 | | | | | | | | | | | | | | | | | | | | | |
| -- kat. 69 -- J23 [IPF GL] TSK | | | | | | | | | | | | | | | | | | | | | |
| 1 | Nowak | Aniela | 2005 | Stow. Sportowe Wariacje Skierniewice | 63,36 | 0,21799 | 2 | 80,0 | 85,0 | -87,5 | 85,0 | 35,0 | 40,0 | 42,5 | 42,5 | 95,0 | 100,0 | 107,5 | 107,5 | 235,0 | 51,227 |
| -- kat. 69+ -- J23 [IPF GL] TSK | | | | | | | | | | | | | | | | | | | | | |
| 1 | Rymarczuk | Marta | 2003 | Niestowarzyszona | 75,70 | 0,19753 | 10 | -130,0 | -130,0 | 130,0 | 130,0 | 87,5 | 90,0 | 92,5 | 92,5 | 150,0 | -152,5 | 155,0 | 155,0 | 377,5 | 74,566 |
| SENIORKI | | | | | | | | | | | | | | | | | | | | | |
| -- kat. 52 -- S [IPF GL] TSK | | | | | | | | | | | | | | | | | | | | | |
| 1 | Gawkowska | Kamila | 2000 | KS Team Wrocław | 45,40 | 0,28713 | 13 | 82,5 | 87,5 | 92,5 | 92,5 | 42,5 | 47,5 | 50,0 | 50,0 | 102,5 | -110,0 | 110,0 | 110,0 | 252,5 | 72,500 |
| -- kat. 63 -- S [IPF GL] TSK | | | | | | | | | | | | | | | | | | | | | |
| 1 | Piskorz | Patrycja | 1997 | KS Team Wrocław | 56,10 | 0,23742 | 8 | -90,0 | 90,0 | 95,0 | 95,0 | 55,0 | 60,0 | 62,5 | 62,5 | 110,0 | 117,5 | 122,5 | 122,5 | 280,0 | 66,476 |
| 2 | Kujawa | Monika | 1984 | KS Team Wrocław | 60,10 | 0,22578 | 11 | 87,5 | -95,0 | 100,0 | 100,0 | 45,0 | 47,5 | 50,0 | 50,0 | 100,0 | 110,0 | -120,0 | 110,0 | 260,0 | 58,703 |
| 3 | Rakoczy | Maria | 2009 | Stow. Centrum Formy Dąbrowa Górnica | 59,30 | 0,22791 | 3 | 85,0 | -92,5 | 92,5 | 92,5 | 47,5 | -50,0 | -50,0 | 47,5 | 100,0 | 105,0 | -110,0 | 105,0 | 245,0 | 55,837 |
| -- kat. 76+ -- S [IPF GL] TSK | | | | | | | | | | | | | | | | | | | | | |
| 1 | Saciuk-Wojciechowska | Katarzyna | 1986 | KS Team Wrocław | 95,16 | 0,18089 | 5 | -125,0 | 125,0 | -130,0 | 125,0 | 55,0 | 60,0 | 65,0 | 65,0 | 130,0 | -140,0 | -140,0 | 130,0 | 320,0 | 57,885 |

Sędzia główny zawodów: Włodzimierz Laskowski

Sekretarz: Arkadiusz Znojek

Data wykonania: 2025-10-24

Wersja: 1.00



POLSKI ZWIĄZEK KULTURYSTYKI, FITNESS I TRÓJBOJU SIŁOWEGO

IV Debiuty PZKFITS w Trójbój Siłowym i Trójbój Siłowym Klasycznym

Sierpc, 24 października 2025 r.

KLASYFIKACJA INDYWIDUALNA MĘŻCZYZN

| Miejsce | Nazwisko i imię | Rocznik | Klub | Waga ciała | Wsp. IPF GL | Nr start. | Przysiad | | | P wynik | Wyciskanie leżąc | | | WL wynik | Martwy ciąg | | | MC wynik | WYNIK | Punkty IPF GL | |
|---------------------------------|--------------------|-----------|------|---|-------------|-----------|----------|--------|--------|---------|------------------|-------|--------|----------|-------------|------------------|--------|----------|-------|---------------|--------|
| | | | | | | | 1 | 2 | 3 | | 1 | 2 | 3 | | 1 | 2 | 3 | | | | |
| TRÓJBÓJ SIŁOWY | | | | | | | | | | | | | | | | | | | | | |
| JUNIORZY DO LAT 18 | | | | | | | | | | | | | | | | | | | | | |
| --kat. 83+ -- J18 [IPF GL] TS | | | | | | | | | | | | | | | | | | | | | |
| 1 | Brodziak | Jan | 2010 | KS Kobra Kościan | 92,35 | 0,10885 | 1 | -210,0 | 210,0 | 230,0 | 230,0 | 130,0 | 140,0 | -145,0 | 140,0 | -210,0 | 230,0 | 242,5 | 242,5 | 612,5 | 66,668 |
| TRÓJBÓJ SIŁOWY KLASYCZNY | | | | | | | | | | | | | | | | | | | | | |
| JUNIORZY DO LAT 18 | | | | | | | | | | | | | | | | | | | | | |
| --kat. 83+ -- J18 [IPF GL] TSK | | | | | | | | | | | | | | | | | | | | | |
| 1 | Tymczyszyn | Dawid | 2009 | KS Team Wrocław | 69,15 | 0,15210 | 12 | 170,0 | 180,0 | 187,5 | 187,5 | 130,0 | -135,0 | -135,0 | 130,0 | 200,0 | -210,0 | -210,0 | 200,0 | 517,5 | 78,712 |
| 2 | Kopeć | Patryk | 2007 | Niestowarzyszony | 77,60 | 0,14325 | 15 | 170,0 | 180,0 | 185,0 | 185,0 | 105,0 | 110,0 | 115,0 | 115,0 | 215,0 | 227,5 | 235,0 | 235,0 | 535,0 | 76,640 |
| 3 | Karczmarz | Bartosz | 2007 | Niestowarzyszony | 73,89 | 0,14692 | 2 | 170,0 | -177,5 | -180,0 | 170,0 | 102,5 | 107,5 | 110,0 | 110,0 | 190,0 | 202,5 | 215,0 | 215,0 | 495,0 | 72,727 |
| 4 | Kowalczyk | Kacper | 2007 | Niestowarzyszony | 74,02 | 0,14679 | 20 | 180,0 | 192,5 | 200,0 | 200,0 | 95,0 | 102,5 | -107,5 | 102,5 | 167,5 | 180,0 | 190,0 | 190,0 | 492,5 | 72,294 |
| 5 | Słanek | Filip | 2009 | KS Team Wrocław | 71,94 | 0,14898 | 25 | 145,0 | -155,0 | -155,0 | 145,0 | 100,0 | -105,0 | 110,0 | 110,0 | 190,0 | 200,0 | 205,0 | 205,0 | 460,0 | 68,532 |
| 6 | Dzwonkowski | Igor | 2008 | Stow. Sportowe Wariacje Skierniewice | 70,00 | 0,15113 | 5 | 145,0 | 155,0 | 160,0 | 160,0 | 85,0 | 92,5 | -102,5 | 92,5 | 182,5 | 195,0 | 200,0 | 200,0 | 452,5 | 68,385 |
| 7 | Cupiał | Adam | 2008 | KS Team Wrocław | 78,10 | 0,14278 | 9 | 175,0 | 187,5 | -200,0 | 187,5 | 100,0 | 105,0 | -107,5 | 105,0 | 175,0 | 185,0 | -195,0 | 185,0 | 477,5 | 68,178 |
| 8 | Krygier | Alan | 2008 | Niestowarzyszony | 76,45 | 0,14436 | 22 | 140,0 | 152,5 | 160,0 | 160,0 | 80,0 | 87,5 | 95,0 | 95,0 | 200,0 | 215,0 | -230,0 | 215,0 | 470,0 | 67,848 |
| 9 | Henning | Michał | 2007 | KS Team Wrocław | 65,10 | 0,15702 | 3 | 137,5 | 150,0 | -157,5 | 150,0 | 85,0 | 92,5 | 97,5 | 97,5 | 157,5 | 170,0 | -180,0 | 170,0 | 417,5 | 65,556 |
| 10 | Ekiel | Mieszko | 2009 | GKS Kraska Jasieniec | 79,09 | 0,14186 | 10 | 135,0 | 145,0 | 160,0 | 160,0 | 75,0 | 85,0 | 92,5 | 92,5 | -140,0 | 140,0 | 172,5 | 172,5 | 425,0 | 60,292 |
| 11 | Zdrobylko | Mykola | 2007 | Niestowarzyszony | 81,78 | 0,13947 | 11 | 140,0 | 150,0 | -155,0 | 150,0 | 97,5 | 102,5 | -107,5 | 102,5 | 160,0 | 170,0 | 177,5 | 177,5 | 430,0 | 59,971 |
| 12 | Dołkowski | Adam | 2010 | UKS Mechanik Sierpc | 77,30 | 0,14354 | 18 | 105,0 | 115,0 | 125,0 | 125,0 | 60,0 | 70,0 | 75,0 | 75,0 | 105,0 | 115,0 | 125,0 | 125,0 | 325,0 | 46,650 |
| NK | Tański | Michał | 2009 | Niestowarzyszony | 68,32 | 0,15307 | 19 | 120,0 | -130,0 | -130,0 | 120,0 | -87,5 | -87,5 | -87,5 | 0,0 | 135,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,000 |
| DS. | Kudła | Jakub | 2007 | KS Team Wrocław | 77,53 | 0,14332 | 16 | -220,0 | 235,0 | -250,0 | 235,0 | 120,0 | 127,5 | 135,0 | 135,0 | 220,0 | -230,0 | 230,0 | 230,0 | 600,0 | 85,992 |
| --kat. 83+ -- J18 [IPF GL] TSK | | | | | | | | | | | | | | | | | | | | | |
| 1 | Składoń | Adam | 2009 | Stow. Centrum Formy Dąbrowa Górnicza | 99,95 | 0,12636 | 21 | 245,0 | 255,0 | 265,0 | 265,0 | 135,0 | 140,0 | 145,0 | 145,0 | 260,0 | 272,5 | -290,0 | 272,5 | 682,5 | 86,240 |
| 2 | Wojtas | Krzysztof | 2007 | Niestowarzyszony | 93,75 | 0,13031 | 7 | 180,0 | 190,0 | 200,0 | 200,0 | 125,0 | 132,5 | -137,5 | 132,5 | 200,0 | -210,0 | 212,5 | 212,5 | 545,0 | 71,019 |
| 3 | Płatek | Wiktor | 2007 | KS Impuls Ostrowiec Świętokrzyski | 95,59 | 0,12909 | 8 | 160,0 | 167,5 | 172,5 | 172,5 | 125,0 | 132,5 | 137,5 | 137,5 | 210,0 | 220,0 | 232,5 | 232,5 | 542,5 | 70,030 |
| 4 | Rokicki | Mateusz | 2007 | Niestowarzyszony | 87,92 | 0,13449 | 14 | 190,0 | 200,0 | 205,0 | 205,0 | 102,5 | 107,5 | -112,5 | 107,5 | 190,0 | 202,5 | 207,5 | 207,5 | 520,0 | 69,935 |
| 5 | Wasielewski | Mateusz | 2008 | Stow. Atletyki Ciężkiej Ursus Krotoszyn | 95,51 | 0,12914 | 4 | 150,0 | 160,0 | 170,0 | 170,0 | 95,0 | 102,5 | 110,0 | 110,0 | 175,0 | 195,0 | 210,0 | 210,0 | 490,0 | 63,279 |
| 6 | Majchrzak | Marek | 2008 | KS Team Wrocław | 86,80 | 0,13535 | 17 | -147,5 | 152,5 | 160,0 | 160,0 | 102,5 | 105,0 | -107,5 | 105,0 | 175,0 | 185,0 | 200,0 | 200,0 | 465,0 | 62,938 |

| Miejsce | Nazwisko i imię | Rocznik | Klub | Waga ciała | Wsp. IPF GL | Nr start. | Przysiad | | | P wynik | Wyciskanie leżąc | | | WL wynik | Martwy ciąg | | | MC wynik | WYNIK | Punkty IPF GL | |
|---------------------------------|--------------------|--------------------|------|--------------------------------------|-------------|-----------|----------|--------|--------|---------|------------------|--------|--------|----------|-------------|--------|--------|----------|-------|---------------|--------|
| | | | | | | | 1 | 2 | 3 | | 1 | 2 | 3 | | 1 | 2 | 3 | | | | |
| JUNIORZY DO LAT 23 | | | | | | | | | | | | | | | | | | | | | |
| -- kat. 83 -- J23 [IPF GL] TSK | | | | | | | | | | | | | | | | | | | | | |
| 1 | Michałowski | Maksymilian | 2005 | Niestowarzyszony | 80,42 | 0,14066 | 5 | 190,0 | -200,0 | 200,0 | 200,0 | 117,5 | 125,0 | 132,5 | 132,5 | 185,0 | 195,0 | 207,5 | 207,5 | 540,0 | 75,957 |
| 2 | Kulej | Jakub | 2005 | Niestowarzyszony | 74,08 | 0,14673 | 7 | 165,0 | 175,0 | 182,5 | 182,5 | 100,0 | 105,0 | 110,0 | 110,0 | 165,0 | 175,0 | 190,0 | 190,0 | 482,5 | 70,796 |
| 3 | Halwa | Jakub | 2002 | KS Team Wrocław | 81,90 | 0,13936 | 19 | -185,0 | 185,0 | -192,5 | 185,0 | 107,5 | 115,0 | -117,5 | 115,0 | 190,0 | 200,0 | -215,0 | 200,0 | 500,0 | 69,682 |
| 4 | Paczkowski | Kacper | 2002 | Niestowarzyszony | 71,38 | 0,14959 | 8 | 160,0 | 165,0 | 170,0 | 170,0 | 95,0 | 100,0 | 102,5 | 102,5 | 170,0 | 177,5 | 180,0 | 180,0 | 452,5 | 67,690 |
| 5 | Molenda | Marcel | 2006 | KS Team Wrocław | 82,00 | 0,13928 | 4 | 130,0 | 140,0 | -150,0 | 140,0 | 87,5 | -95,0 | -95,0 | 87,5 | 145,0 | -160,0 | 162,5 | 162,5 | 390,0 | 54,318 |
| -- kat. 83+ -- J23 [IPF GL] TSK | | | | | | | | | | | | | | | | | | | | | |
| 1 | Bogacz | Olaf | 2004 | Niestowarzyszony | 87,78 | 0,13460 | 20 | 195,0 | 210,0 | 225,0 | 225,0 | 140,0 | 152,5 | 160,0 | 160,0 | 225,0 | -240,0 | 240,0 | 240,0 | 625,0 | 84,123 |
| 2 | Szłaga | Adam | 2005 | Powerlifting Grodzisk Mazowiecki | 86,90 | 0,13527 | 14 | -220,0 | 220,0 | -230,0 | 220,0 | 132,5 | 137,5 | 140,0 | 140,0 | -260,0 | 260,0 | -270,0 | 260,0 | 620,0 | 83,869 |
| 3 | Płażyński | Miłosz | 2002 | KS Team Wrocław | 89,82 | 0,13307 | 2 | 230,0 | 240,0 | 250,0 | 250,0 | 120,0 | 127,5 | 132,5 | 132,5 | 227,5 | 240,0 | -250,0 | 240,0 | 622,5 | 82,838 |
| 4 | Skoczylas | Wit | 2005 | AZS Politechnika Warszawska Warszawa | 92,36 | 0,13126 | 1 | 215,0 | -225,0 | 225,0 | 225,0 | 127,5 | 135,0 | -137,5 | 135,0 | 252,5 | 267,5 | -272,5 | 267,5 | 627,5 | 82,368 |
| 5 | Bolek | Łukasz | 2006 | KS Team Wrocław | 117,02 | 0,11754 | 10 | 230,0 | -245,0 | -255,0 | 230,0 | 135,0 | -142,5 | 142,5 | 142,5 | -265,0 | 265,0 | 285,0 | 285,0 | 657,5 | 77,280 |
| 6 | Kmiecik | Jakub | 2004 | Niestowarzyszony | 86,04 | 0,13595 | 17 | -195,0 | 207,5 | -212,5 | 207,5 | -120,0 | 125,0 | 135,0 | 135,0 | 205,0 | 215,0 | -225,0 | 215,0 | 557,5 | 75,790 |
| 7 | Ząbek | Bartłomiej | 2004 | Niestowarzyszony | 104,20 | 0,12391 | 11 | 205,0 | 215,0 | -225,0 | 215,0 | 135,0 | 137,5 | 142,5 | 142,5 | 220,0 | 235,0 | 242,5 | 242,5 | 600,0 | 74,343 |
| 8 | Woraczek | Roland | 2004 | KS Team Wrocław | 89,40 | 0,13338 | 9 | 180,0 | 190,0 | 195,0 | 195,0 | 122,5 | -127,5 | -127,5 | 122,5 | 220,0 | 227,5 | 235,0 | 235,0 | 552,5 | 73,694 |
| 9 | Kowalski | Kacper | 2004 | KS Team Wrocław | 101,10 | 0,12568 | 15 | 210,0 | -215,0 | -215,0 | 210,0 | 130,0 | 135,0 | -137,5 | 135,0 | 240,0 | -250,0 | 0,0 | 240,0 | 585,0 | 73,521 |
| NB | Zgorzelski | Mateusz | 2005 | AZS Politechnika Warszawska Warszawa | 0,00 | 0,00000 | 18 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,000 |
| SENIORZY | | | | | | | | | | | | | | | | | | | | | |
| -- kat. 74 -- S [IPF GL] TSK | | | | | | | | | | | | | | | | | | | | | |
| 1 | Mamiński | Jakub | 2000 | Stow. Sportowe Wariacje Skierniewice | 71,95 | 0,14897 | 6 | 167,5 | 175,0 | 182,5 | 182,5 | 110,0 | 115,0 | 120,0 | 120,0 | 155,0 | 170,0 | 182,5 | 182,5 | 485,0 | 72,251 |
| 2 | Włodarczyk | Igor | 2000 | KS Team Wrocław | 67,55 | 0,15398 | 13 | 125,0 | 130,0 | 135,0 | 135,0 | 110,0 | 115,0 | 117,5 | 117,5 | 150,0 | 157,5 | 167,5 | 167,5 | 420,0 | 64,674 |
| -- kat. 93 -- S [IPF GL] TSK | | | | | | | | | | | | | | | | | | | | | |
| 1 | Bronka | Błażej | 2001 | Stow. Centrum Formy Dąbrowa Górnicza | 91,90 | 0,13158 | 3 | 245,0 | 260,0 | -265,0 | 260,0 | 155,0 | 162,5 | 170,0 | 170,0 | 260,0 | 280,0 | -300,0 | 280,0 | 710,0 | 93,425 |
| 2 | Szłaga | Adam | 2005 | Powerlifting Grodzisk Mazowiecki | 86,90 | 0,13527 | 14 | -220,0 | 220,0 | -230,0 | 220,0 | 132,5 | 137,5 | 140,0 | 140,0 | -260,0 | 260,0 | -270,0 | 260,0 | 620,0 | 83,869 |
| 3 | Drozd | Kacper | 2000 | Niestowarzyszony | 90,73 | 0,13241 | 12 | 200,0 | 210,0 | 215,0 | 215,0 | 140,0 | 145,0 | 147,5 | 147,5 | 210,0 | 222,5 | -232,5 | 222,5 | 585,0 | 77,462 |
| 4 | Durlej | Dawid | 1999 | KS Tęcza-Społem Kielce | 80,05 | 0,14099 | 16 | 185,0 | 195,0 | -205,0 | 195,0 | 100,0 | -105,0 | 105,0 | 105,0 | 195,0 | 210,0 | 220,0 | 220,0 | 520,0 | 73,316 |
| 5 | Runowski | Brajan | 2000 | KS Team Wrocław | 90,80 | 0,13236 | 21 | 180,0 | 190,0 | -195,0 | 190,0 | 100,0 | 105,0 | 107,5 | 107,5 | 215,0 | 225,0 | -230,0 | 225,0 | 522,5 | 69,160 |
| -- kat. 93+ -- S [IPF GL] TSK | | | | | | | | | | | | | | | | | | | | | |
| 1 | Składoń | Adam | 2009 | Stow. Centrum Formy Dąbrowa Górnicza | 99,95 | 0,12636 | 21 | 245,0 | 255,0 | 265,0 | 265,0 | 135,0 | 140,0 | 145,0 | 145,0 | 260,0 | 272,5 | -290,0 | 272,5 | 682,5 | 86,240 |
| 2 | Serafin | Mateusz | 1995 | KS Team Wrocław | 94,93 | 0,12952 | 23 | 210,0 | 225,0 | 235,0 | 235,0 | 140,0 | 147,5 | 155,0 | 155,0 | 235,0 | 252,5 | 270,0 | 270,0 | 660,0 | 85,484 |
| 3 | Girguś | Oliwier | 1998 | KS Team Wrocław | 101,42 | 0,12549 | 13 | 202,5 | 217,5 | 230,0 | 230,0 | 127,5 | 135,0 | 140,0 | 140,0 | -207,5 | 220,0 | 230,0 | 230,0 | 600,0 | 75,293 |
| 4 | Staszewski | Marcin | 1992 | SSS Masters Power Warka | 107,47 | 0,12214 | 24 | 200,0 | 215,0 | 225,0 | 225,0 | 130,0 | -135,0 | -135,0 | 130,0 | 200,0 | 210,0 | 225,0 | 225,0 | 580,0 | 70,842 |
| NB | Matecki | Patryk | 1997 | KS Sztanga Bojanowo | 0,00 | 0,00000 | 6 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,000 |

NB - nieobecny
NK - nieklasyfikowany
DS. - dyskwalifikacja

Sędzia główny zawodów: Włodzimierz Łaskowski
Sekretarz: Arkadiusz Znojek
Data wykonania: 2025-10-24
Wersja: 1.00

**POLSKI ZWIĄZEK KULTURYSTYKI, FITNESS I TRÓJBOJU SIŁOWEGO****IV Debiuty PZKFITS w Wyciskaniu Leżąc i Wyciskaniu Leżąc Klasycznym****Sierpc, 24 października 2025 r.****KLASYFIKACJA INDYWIDUALNA**

| Miejsce | Nazwisko i imię | Rocznik | Klub | Waga ciała | Wsp. IPF GL | Nr start. | Wyciskanie leżąc | | | WYNIK | Punkty IPF GL | |
|-----------------------------------|---------------------|-------------------|------|--------------------------------------|-------------|-----------|------------------|--------------|---------------|---------------|---------------|---------------|
| | | | | | | | 1 | 2 | 3 | | | |
| WYCISKANIE LEŻĄC | | | | | | | | | | | | |
| JUNIORZY DO LAT 23 | | | | | | | | | | | | |
| - -- kat. 83+ -- J23 [IPF GL] WL | | | | | | | | | | | | |
| NB | Łuczak | Adrian | 2004 | KS Team Wrocław | 0,00 | 0,00000 | 8 | 0,0 | 0,0 | 0,0 | 0,0 | 0,000 |
| WYCISKANIE LEŻĄC KLASYCZNE | | | | | | | | | | | | |
| JUNIORKI DO LAT 18 | | | | | | | | | | | | |
| - -- kat. 69 -- J18 [IPF GL] WLK | | | | | | | | | | | | |
| 1 | Wilk | Alicja | 2010 | KS Tęcza-Społem Kielce | 62,30 | 0,83977 | 11 | 47,5 | 50,0 | 52,5 | 52,5 | 44,088 |
| JUNIORKI DO LAT 23 | | | | | | | | | | | | |
| - -- kat. 69+ -- J23 [IPF GL] WLK | | | | | | | | | | | | |
| 1 | Zaluska-Noui | Zofia | 2006 | UKS Eugen Knurów | 99,60 | 0,72255 | 6 | 57,5 | 62,5 | 65,0 | 65,0 | 46,965 |
| JUNIORZY DO LAT 18 | | | | | | | | | | | | |
| - -- kat. 83 -- J18 [IPF GL] WLK | | | | | | | | | | | | |
| 1 | Tymczyszyn | Dawid | 2009 | KS Team Wrocław | 67,85 | 0,55873 | 5 | 110,0 | 120,0 | 125,0 | 125,0 | 69,842 |
| 2 | Paszkiel | Sebastian | 2009 | KS IMPULS Ostrowiec Świętokrzyski | 57,40 | 0,61274 | 9 | 95,0 | -100,0 | -100,0 | 95,0 | 58,210 |
| 3 | Gajdziński | Klaudiusz | 2010 | Klub Bokserski „Zagłębie Konin” | 56,80 | 0,61635 | 7 | 87,5 | 92,5 | -95,0 | 92,5 | 57,013 |
| - -- kat. 83+ -- J18 [IPF GL] WLK | | | | | | | | | | | | |
| 1 | Kokoszka | Wiktor | 2009 | Stow. Centrum Formy Dąbrowa Górnicza | 89,80 | 0,48271 | 1 | 150,0 | 160,0 | 165,0 | 165,0 | 79,648 |
| 2 | Maćkowski | Igor | 2011 | UKS Eugen Knurów | 104,80 | 0,44816 | 13 | 97,5 | 102,5 | 107,5 | 107,5 | 48,177 |
| JUNIORZY DO LAT 23 | | | | | | | | | | | | |
| - -- kat. 83+ -- J23 [IPF GL] WLK | | | | | | | | | | | | |
| 1 | Hanszke | Przemysław | 2005 | Niestowarzyszony | 109,30 | 0,43961 | 10 | 142,5 | 150,0 | 157,5 | 157,5 | 69,239 |
| 2 | Szłaga | Adam | 2005 | Powerlifting Grodzisk Mazowiecki | 88,04 | 0,48751 | 3 | 125,0 | 130,0 | -140,0 | 130,0 | 63,376 |
| SENIORZY | | | | | | | | | | | | |
| - -- kat. 59 -- S [IPF GL] WLK | | | | | | | | | | | | |
| 1 | Gajdziński | Klaudiusz | 2010 | Klub Bokserski „Zagłębie Konin” | 56,80 | 0,61635 | 7 | 87,5 | 92,5 | -95,0 | 92,5 | 57,013 |
| - -- kat. 74 -- S [IPF GL] WLK | | | | | | | | | | | | |
| 1 | Porydzaj | Adrian | 1986 | Klub Bokserski „Zagłębie Konin” | 72,90 | 0,53757 | 4 | 125,0 | 130,0 | 135,0 | 135,0 | 72,571 |
| 2 | Michałowski | Łukasz | 1991 | Klub Bokserski „Zagłębie Konin” | 73,10 | 0,53678 | 2 | 75,0 | 80,0 | 82,5 | 82,5 | 44,284 |
| - -- kat. 93 -- S [IPF GL] WLK | | | | | | | | | | | | |
| 1 | Kata | Paweł | 1998 | KS Team Wrocław | 90,80 | 0,48007 | 12 | 130,0 | 137,5 | 142,5 | 142,5 | 68,410 |
| 2 | Szłaga | Adam | 2005 | Powerlifting Grodzisk Mazowiecki | 88,04 | 0,48751 | 3 | 125,0 | 130,0 | -140,0 | 130,0 | 63,376 |

NB - nieobecny

Sędzia główny zawodów: Włodzimierz Laskowski

Sekretarz: Arkadiusz Znojek

Data wykonania: 2025-10-24

Wersja: 1.00